



# HA-SOFER THE SCRIBE

Tamuz—Av 5784

August 2024

TEMPLE EMANU-EL • 6299 CAPRI DRIVE, SAN DIEGO, CA 92120-4632 • (619) 286-2555 •

## 5785 Adult Education Calendar



### Torah for the Table:

- Wednesday, November 13
- Wednesday, December 11
- Wednesday, January 8
- Wednesday, February 5
- Wednesday, March 12
- Wednesday, April 9
- Wednesday, May 14
- Wednesday, June 11

Jewish learning meets culinary school. We welcome the return of this popular program, taught by Barry Lander and Rabbi Devorah. Classes are scheduled once a month, beginning on Wednesday, November 13, and continuing through June. Cost is \$180 per person. Classes will be held at the Temple.

### Introduction to Judaism

Sundays, starting September 22, through May 4

This 20-session course is open to all interested in exploring Jewish life through a Reform lens. Cost is \$200 for members, \$250 for non-members. Classes are in-person at the Temple.

### Tough Conversations with Jews

- Saturday starting November 2
- Saturday, December 7
- Saturday, January 4
- Saturday, March 15
- Saturday, April 12
- Saturday, June 7

This series will tackle some of the challenging conversations that Jews have been scrabbling with—balancing, supporting and critiquing Israel, questions of power and powerlessness and Zionism, navigating anti-Semitism, and the role of religion in society. Meet after Shabbat morning services for lunch and learning.

### Adult Ed Movies Picturing Prejudice

- The Heritage, September 7
- Kidnapped: The Abduction of Edgardo Mortara, October 5
- Prisoner of Honor, November 23
- The Fixer, December 21

The Adult Education Committee presents “Antisemitism through Film.” Movies are shown one Saturday evening a month, 7 pm, at the Temple starting with “The Heritage” on September 7. Laurie Baron will introduce each film and lead the discussion afterward. There is no charge, and no sign up is needed.

Rabbi Lawson Mini-Course

Dates TBD

**Friday, August 2**  
Shabbat Service 6 pm

**Saturday, August 3**  
Shabbat Morning Service 10:30 am  
Matot—Mas’ei, Numbers 30:2-36:13  
Jeremiah 2:4-28, 3:4

**Friday, August 9**  
Shabbat Service 6 pm

**Saturday, August 10**  
Shabbat Morning Service 10:30 am  
D’varim, Deuteronomy 1:1-3:22  
Isaiah 1:1-27

**Friday, August 16**  
Beach Shabbat Service—Ventura Cove 6 pm  
No Service at Temple this evening

**Saturday, August 17**  
Shabbat Morning Service 10:30 am  
Va-et’chanan, Deuteronomy 3:23-7:11  
Isaiah 40:1-26

**Friday, August 23**  
Shabbat Service 6 pm

**Saturday, August 24**  
Shabbat Morning Service 10:30 am  
Eikev, Deuteronomy 7:12-11:25  
Isaiah 49:14-51:3

**Friday, August 30**  
Shabbat Service 6 pm

**Saturday, August 31**  
Shabbat Morning Service 10:30 am  
**Bar Mitzvah**  
R’eih, Deuteronomy 11:26-16:17  
Isaiah 54:11-55:5



NEVER STOP LEARNING



## Shaun Speaks...



Shaun Copans,  
Executive Director

This year marks the 35<sup>th</sup> anniversary of our Preschool - known as the Price Family Preschool at Temple Emanu-El. In 1989, under the direction of Preschool Director Judy Medoff, the doors opened with three classrooms of children. The school quickly gained a reputation for its warm, nurturing environment and its emphasis on fostering creativity and curiosity. Over the years, thousands of children had their first experience in a classroom and the opportunity for Jewish learning, while parents made lifelong connections to our community. The Preschool now has capacity for 66 children and will be full for the third consecutive year, guided by Preschool Director Janet Arkin.

Dozens of amazing educators have played a critical role in the education of the children in that time, none more exceptional and beloved than Rachell Clavell. Rachell was one of the first teachers hired by Judy and they worked together for 24 memorable years before they retired together in 2014. Sadly, not long after retirement, Rachell battled cancer before passing away in the spring of 2018.

The following year, the Temple Board of Directors voted to rename the Preschool Scholarship Fund in honor of Rachell's service to our Preschool and Temple community. The Rachell Clavell Preschool Scholarship Fund provides support to families in need every year. If you would like to contribute to the fund to support these efforts and honor Rachell, please visit the donation page on our website or call the Temple office.

## Israel Engagement—A Poem of Consolation and Hope

By Rhonda Amber and Jonathan Licht

Rachel Korazim sent our congregation a collection of Hebrew poems to enrich our Tisha B'Av services. The collections named; "Lamentations throughout the Generations" . קינות בראי הדורות

It includes three sections: one of poetic lamentations created in the wake of earlier major catastrophes, the second part includes a choice of the many poems written in Israel since the 7<sup>th</sup> of October or השיבעה באוקטובר. The third part includes poems of consolation נחמה

### You Shall Walk in the Field

Lea Goldberg

Is it true - will there ever come days of forgiveness and mercy? And you'll walk in the field, and it will be an innocent's walk. And your feet on the alfalfa's small leaves will be gently caressing, And sweet will be stings, when you're stung by the rye's broken stalks!

And the drizzle will catch you in pounding raindrops' folly On your shoulders, your breast and your neck, while your mind will be clean, You will walk the wet field, and the silence will fill you - As does light in a dark cloud's rim

And you'll breathe in the furrow in breaths calm and even, And the pond's golden mirror will show you the Sun up above, And once more all the things will be simple, and present, and living, And once more you will love - yes, you will, yes, once more you will love!

You will walk. All alone. Never hurt by the blazing inferno Of the fires on the roads fed by horrors too awful to stand, And in your heart of hearts you'll be able to humbly surrender, In the way of the weeds, in the way of free men.



## WE HAD A WONDERFUL TIME DURING PRIDE WEEK!

On July 14 we hosted our annual Pride Brunch, and on July 19 we celebrated Pride Shabbat with a service at the bay. Even more exciting on July 20, Temple Emanu-El had an impressive contingent marching in the San Diego Pride parade in support of the LGBTQIA+ community.

In 1998, our congregation's Social Action Committee planned and coordinated Emanu-El's participation as the very first of any Jewish organization to ever be involved with the Parade.

We are so proud to support diversity!



**Pride Brunch**



**Pride Shabbat Service  
at the Bay**



**Pride Parade**



**Light Up The Cathedral**



## Mitzvah of the Month – Diaper Collection



Young parents, especially those living in poverty, are often startled to learn how expensive diapers are. A month's supply for one child can cost between \$70 and \$80, and diapers cannot be purchased with CalFresh or WIC benefits.

As a result, the Jacobs and Cushman Food Bank started a Diaper Bank Program to help distribute diapers through their existing food distribution programs. Last year, through their network of more than 500 nonprofit partners, which includes Jewish Family Service and programs that help military families, they distributed over 9 million diapers to families in San Diego County. Although this is a high number, the need is much higher. The much-needed diapers they provide help low-income parents remain employed, provide for their families, and lift themselves out of poverty.

In August, we will collect diapers for newborns to size 6. Sizes 5 and 6 are the most significant needed as children tend to stay in those sizes longer. Please bring your donations to the white barrel in the front office lobby of the Temple, and the Social Action Committee will make sure they are delivered.

If you prefer to order online, you can have your order shipped directly to the Jacobs and Cushman Food Bank, Attn: Diaper Bank, 9850 Distribution Ave, San Diego 92121.

For any questions, please contact coordinator Helen Elias at [socialaction@teesd.org](mailto:socialaction@teesd.org).



## Helping to Repair the World

Your generous donations to Temple Emanu-El's Social Action Fund are used to serve the needs of the community, locally, nationally and internationally.

In July, funds were sent to Dreams for Change ([dreamsforchange.org](http://dreamsforchange.org)) which began in 2009 to serve the needs of families and individuals in San Diego who were struggling as a result of the recession's economic downturn. They work to empower low-income and unsheltered individuals and families to advance toward stability, with a variety of programs, including safe parking and safe sleeping areas, case management, workforce training, free tax preparation service, food distribution and more.

In August, we will allocate money to World Jewish Congress ([worldjewishcongress.org](http://worldjewishcongress.org)), which began in 1936 in response to the growing anti-Semitism across Europe. The organization is now active in 100 countries, representing Jewish communities and organizations. They work to ensure the continuity and development of religious, spiritual, cultural and social heritage of the Jewish people. Our donation will be earmarked for their work on combating anti-Semitism and raising consciousness to the dangers inherent in incitement to religious, racial or ethnic intolerance and persecution.

The Social Action Committee carefully screens all recipients to make sure money you donate to the Social Action Fund to continue the work of tikkun olam is spent wisely. We appreciate your donations, large or small, to help with this work.





## Claire Handler Gift Shop

Our Temple Gift Shop, located in the lobby of the Sanctuary building, is a perfect place to find a wonderful variety of items for all occasions. Whether you are looking for something new to enhance your holiday celebrations or a gift to express appreciation to a host or for someone establishing a new home, you will find a great selection. Right now, we have *Bring Them Home-Now* necklaces remembering the hostages who remain in Gaza. Necklaces are \$18 each. All proceeds go back to Israel to help the families. The Gift Shop is available any time the Temple office is open – just come into the office for assistance. We are looking for a few more volunteers. Training is provided, and the schedule is flexible. Contact Natalie Fritz at [office@teesd.org](mailto:office@teesd.org) for more details.



## Drum Circle

**Tuesday, August 6, 3 pm**

It's summer in San Diego. By request, the Drum Circle moved inside the synagogue. Even in the hot weather, six loyal drummers gathered in July to drum, rumble and kibbitz with friends.

Ira Moskowitz, our devoted and experienced drum leader, surprised us by bringing a floor tom-tom, which was used as a timekeeper. This drum has a deep bass sound and gave us a foundation to build upon. Ira's wife, Jeri Moskowitz, came to the circle for the first time in July and found that the drum is easy to use and fun to try. As with the Moskowitz family, why not come, invite your spouse, partner or a friend?

We meet on the first Tuesday of each month at 3 pm. Everyone is patient with new drummers taking a turn to try out the floor tom-tom, or other drums. There are always plenty of drums available to use, and there is no charge to come. We appreciate the help from Temple staff members Victor Palos and Donna Lopez.

Drummers have commented that drumming acts as a stress reducer, whether beating as one or to using a call and response rhythm. Leave your "to do" lists tucked away at home and join us. No need to sign up ahead.

For any questions or suggestions on how we might enlarge the Drum Circle, please contact Bonnie Baron at [bonniebaron@gmail.com](mailto:bonniebaron@gmail.com).

Hope to see you on August 6!



## Adult Education



Supporting Lifelong Jewish Learning

The Summer Reruns Film Series

### ***The Outside Change of Maximilian Glick***

Saturday, August 10, 7 pm

Temple Sanctuary



In preparation for his Bar Mitzvah, a Jewish boy with an overbearing family tries to navigate their expectations and the bigotry of his rural Manitoba hometown. When the town's rabbi dies, a Hasidic rabbi replaces him who sticks out like a sore thumb in this highly assimilated Jewish community. To make matters more difficult, Max likes a Catholic girl, with whom he is assigned to perform a piano duet in a competition. The quirky, fun-loving rabbi tries to help him, yet he too harbors a secret ambition of his own.

The movie, directed by Alan Goldstein, was made in Canada in 1988.

Laurie Baron will introduce the film and facilitate discussion after it is screened.

There will be a bring your own dinner at 6pm in the courtyard or Social Hall.

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#### **Torah Study**

**Saturday mornings—9:00 am In Person and on Zoom**

An in-depth study of Torah portions and commentary. Come in person or connect from home. Zoom links will be provided in the Temple's weekly emails.

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#### **Coffee with the Rabbi**

**Wednesdays, 11 am In Person and on Zoom**

Drop in when you can for an informal discussion on current events. No sign up, no charge and no preparation is needed – just an interest in Jewish learning.

\*\*\*\*

Please consider a contribution to the Adult Education Fund to help support the Committee's efforts to continue to engage speakers and provide the high quality of life-long learning experiences that have become an integral part of Temple Emanu-El. Program costs are continuing to rise, and we need your support.

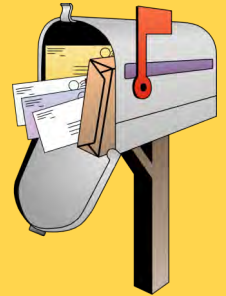


# Mailbox

On behalf of Gently Hugged, I wanted to thank you for your generous support. The Temple Emanu-El Gently Hugged clothing drive was a great success.

Thanks to organizations like yours, we will be able to help nearly 1,000 vulnerable newborns this year.

Janet Lombardi, Collections Coordinator  
Gently Hugged



In April, the Social Action Committee coordinated our Mitzvah of the Month collection of infant items for Gently Hugged. Thank you to all our donors for a wonderful response to this collection.



## **Proposition Seminar for the November Election Wednesday, September 25, 6pm**

By now, you have heard and read opposing ads on television, radio and other media on the many propositions which may be on this year's ballot. Our Social Action Committee is here to help. Jason Bercovitch, Director of Constituent Services for Congressman Scott Peters, will clarify the issues, the reasons behind these propositions, and the effect they will have in order for you to make an informed choice.

This year, the program will be hybrid – both in person at the Temple and via Zoom. For planning purposes, we are asking that participants register in advance to attend, whether in person or on line. Information on registration will be in the September bulletin, weekly emails and on the Temple website beginning on September 1.

All registered voters will receive a mail ballot. Yours may not have arrived by the time of the Seminar, so be ready to take notes. To ensure that we cover as much material as possible, all questions must be submitted in writing or by using the Zoom "chat" feature, and may be combined if appropriate. If you have moved since the last election, make sure that you are currently registered to vote.

There is no charge, but donations to the Social Action Fund are welcome. If you have questions about the event, please email [socialaction@teesd.org](mailto:socialaction@teesd.org).





“Once you set your will against minor complications like nervous symptoms, you relax, and nature has an opportunity to correct the complication.”

*(Manage your Fears, Manage your Anger, by Dr. Abraham Low)*

It's August and summer is half over. This month, I thought I'd use my article to share a personal example of using the Recovery International (RI) method to deal with a potentially stressful situation.

Recently, I was invited to a gathering at a friend's house. My thoughts were racing about being with this group, and wondering who would be there. I was afraid that I would need to deal with symptoms from the past, including stomach discomfort and tightness in my chest. I was considering whether I should even go, or stay home.

I knew that these thoughts were trivial, but the following possible situations came into my mind:

*Will I be embarrassed?*

*Will someone say “What's wrong with you?”*

*Will someone tell me what eat? “Don't eat that roll! You need to lose weight.”*

And when I arrived at my friend's house, she blurted out:

*“What kind of outfit are you wearing?”*

I steadied myself and greeted her with a hug and kiss. I put the lasagna I had made on the stove and quietly walked into the bedroom to put my coat and purse on the bed. Here I started to use my RI tools:

*“Calm begets calm and temper begets temper.”*

*“I can control my speech muscles so I have nothing to regret.”*

*“I can choose peace over power.”*

I immediately endorsed my efforts.

*“I can drop the judgment.”*

*“I can control my speech muscles.”*

*“I can be group minded.”*

On returning home, I realized that I was able to put the past in the past. I was able to use the RI tools to have a peaceful life. I have learned I can't change the past. I can deal with that in therapy. **Now**, is all I have. It's all any of us have.

Please consider coming to a meeting. It's a safe place to be and we'd love for you to try a method that has been around for 87 years, We deal with items considered trivial, and we are not replacing therapists or psychiatrists.

We meet in person each Thursday at 10am in our Temple Library.

For details of other meetings in person or on Zoom, or any other questions, please email us at [SanDiego@recoveryinternational.org](mailto:SanDiego@recoveryinternational.org) or call our office at (619) 383-2084. For more information on RI, see our website: [recoveryinternational.org](http://recoveryinternational.org).



## Community Corner Motivation—Got Some?

by Gail L. Braverman, M.A., LMFT

There are days when it is much harder to be motivated than others. I often wonder why is it people think they have to be motivated at all times in order to move forward with something.

Most of us have times when we feel motivated and times we don't. Feeling motivated is exhilarating, inspiring and energy driven. Lack of motivation can be sluggish, messy and an energy drainer.

From time to time all of us have felt like pulling the covers over our heads and going back to sleep when the alarm goes off. Most of the time, however, we get up. It's not motivation necessarily that gets us going. It's determination and good judgment. We don't want to be late for work or miss an important appointment.

People say they can't do something because they don't feel motivated. I submit to you, you don't have to be motivated. You just have to get the job done. There are deadlines that have to be met, projects needing to be finished, and children that need to be fed, carpooled and cared for.

I can pretty much guarantee that most parents aren't motivated to get up in the middle of the night when they hear their child crying, but we do get up because we love our children and because we have made a commitment to keep them safe. So motivation by any other name can be defined as responsibility, determination, grit, commitment, and willpower.

Here are some ways we can find motivation:

- Know what drives you; your values, desires, and passions and follow them.
- Seek guidance, stimulation and support from friends, family, acquaintances, teachers and mentors.
- Help others.
- Be creative - take a dance, music, art or singing break.
- Avoid negative people, places and things, and much of social media.
- Read an inspirational book or poem, listen to an uplifting speaker on YouTube. Stay curious and explore new ideas, perspectives and information.

These are all ways to get the motivation juices flowing.

When I am writing, I don't always feel motivated and have to push myself because there is a deadline looming ahead of me. Then there are other times I can hardly wait to put my thoughts down on paper because something I have learned is so exciting and may be valuable to someone else.

I often find inspiration from my diminutive friend Yoda from Star Wars. Among his many wise sayings, this is one of my favorites: "Do or do not. There is no try."

**Reflection:** I remind myself that I don't always have to feel motivated to complete a task.

**Today's Practice:** What can I do to motivate myself even when I don't feel like it?

Comments are welcomed: [gbrave3333@aol.com](mailto:gbrave3333@aol.com)



## Contributions

Contributions received after the first of the month will be published in the next month's bulletin.

Commemorate a life cycle event or remember a loved one with a donation to one of the Temple's specially designated funds.

## Torah School



August 25—Back to Torah School Parent Mixer

September 2—Labor Day

September 6—S'more Back to School Family Shabbat

September 8—Torah School First Day 9:00 am to 12 pm

September 11—Hebrew Online 4:30 pm to 5:15 pm

In-Person 5:30 pm to 6:15 pm

**\*\*September 15—Torah School 9:00 am to 12:00 pm  
(LOCK DOWN DRILL)**

September 18—Hebrew Online 4:30 pm to 5:15 pm

In-Person 5:30 pm to 6:15 pm

**\*\*September 22—Torah School 9:00 am to 12:00 pm**

September 25—Hebrew Online 4:30 pm to 5:15 pm

In-Person 5:30 pm to 6:15 pm

**\*\*September 29—Torah School 9:00 am to 12:00 pm**

**\*\* Pizza Lunch at Noon, YG Clubs 12:15 pm to 1:15 pm**



Thank  
you

HAPPY 35<sup>th</sup>  
anniversary to  
our Preschool

  
PRICE FAMILY  
PRESCHOOL  
TEMPLE EMANU-EL



# YAHREIT OBSERVANCE

*Zecher Tzadik Livracha* – The Memory of the Righteous is a Blessing

The following yahrzeits will be commemorated at Shabbat services:

## August 2 & 3

Betty Freedman  
Dorothy Bunin  
\*Sylvia Fritz  
Allan Katz  
Robert Quittner  
Suzanne Krull Sprunt  
\*Goldie Fishman  
Walter Frank Wosicki  
George Amber  
\*David Brezel  
Norman Evidon  
Rose Hirsch Satlof  
Shirley Snipper  
Esther Switkin  
\*Maurie Hamovitch  
Celia Kipperman  
Herbert Krugman  
Muriel Kusnitz  
Ida Shafton  
\*Judy Rosen  
Evonne Schaeffer  
Maxine Schaeffer  
\*Mildred Rubenstein  
\*David Rubenstein  
Louis Shafton  
Bruce Berton  
Braxton Glass  
\*Gersen Grosmark  
Sarah Kaiser  
\*Barry Gruer  
Buddy Lieberman  
Marla Bennett  
Edwin Nackman  
Marilyn Nackman  
Stena Schulman  
\*Dolly Siegel  
Leon Steres  
Letty Martinez  
Michael Barry Arkin  
Al Garford  
Helen Houska  
\*Rae Joseph

## Cont. August 2 & 3

\*Louis Rubenstein  
Hilde Veinbergs  
Rose Weiner  
Bud Beechler  
Carol Israel  
Rita Kahn  
Clara Majtlis  
Raymond Moskowitz  
Rhoda Singer  
Sam Solomon  
Mary Stratton  
Max Bressler  
Jean Eisman  
Jack Fritz  
\*Sam Guzick  
\*Gertrude Pasmanik  
\*Matthew Spero

## August 9 & 10

\*Bernard Ackerman  
\*Morris Chenkin  
\*Jane Lipinsky  
\*Sam Pasmanik  
\*Lena Spero  
\*Max Yesselman  
\*Gene Ramras  
Muriel Zeidell  
Beverly Finkelstein  
Moti Immergut  
J\*oe Mentel  
\*Judy Willows  
Tom McDonald  
Isadore Asher  
Marvin Klaven  
Jon Larson  
\*Harry Sandman  
\*Ruth Sein  
Anne Svet  
Barry Ackerman  
\*Betty Asher  
\*Sonia Glass  
Alicia Laddon  
Florence Lasko  
\*Sydney Resh  
Edith Shelden  
Maurice Spear  
Suzanne Wallach  
Betty Kaiser  
Phyllis Levine  
Jimmy Pupplo

## August 16 & 17

Leslie Fischer  
Minnie Fritz  
John Koppez  
George Metzger  
Philip Sarfan  
Letty Martinez  
Philip Sarfan  
\*Jennie Gold Aliber  
\*Samuel Bloomfield  
Sam Cohen  
\*Sidney Dancoff  
Al Levine  
Gerald Meiselman  
Michael Cummings  
Maxine Elmont  
\*Bernard Godes  
Harriet Freid  
Michael Witte  
Michael Yellin  
Abraham Harold Mosenson  
Loretta Rose  
\*Dustin Shapiro  
Richard Shorr  
Michael Witte  
Victoria Eskenazi Yomtow  
Mel Bartell  
Tilda Himmel  
Ted Shulman  
Sidney Greenwood  
Dora Scribner  
\*Abner Fritz  
Ida Gladstein  
Max Goldzband  
Gitel Reytblat  
Hermie Segal  
Eva Goldman  
Kitty Park  
Larry Scott  
Sam Copans  
Anne Galovich  
Wendy Risley  
Frances Saltzman  
\*Todd Schulman  
Wendy Risley

## August 23 & 24

Joshua Weiss  
Celia Steinberg  
Frances Avirov  
\*Alice Freuder Kesler  
Martha Krugman  
Michael Witte  
Ethel K. Sommer  
Elliott Downs Crummer  
\*Harry Goldstein  
Jay Klein  
Rebecca Siklek  
\*Sydney Resh  
Max S. Turner  
Alfred Berger  
\*Leo Fixler  
\*Ruth Hoisman  
\*Walter Kraslow  
Barbara Pimentel  
Leland Salberg  
Janet Steck  
Dorothy Swann  
\*Charlotte Yesselman  
\*Ben Socher  
David Blumenfeld  
Sergio Marten  
Leo J. Pinkus  
Sonia Shulman  
Andrew Papas  
Michele Elyachar  
Stephen Mark Epstein  
Barbara Given  
\*Daniel Miller  
\*Tres Polet  
Minnie Oshinsky Turner  
John Blalock  
David Fixler  
Harry Epstein  
Mindy Robin Rogal  
Lois Schuckman  
Sarah Wasserman  
Bella Orkin Rosenzweig  
Hyman Schwartz

## August 30 & 31

Geraldine Freed  
Jack Cassidy  
Mark Weisberger  
Phyllis Harriet Maisel  
Jacob Tishkoff  
Leonard Zlotoff  
Darlene Fayerman  
Rose Friedenbergs  
Joseph Sein  
Audrey Meltzer Zubkoff  
Marilyn Satlof  
Jerry Becker  
Louise Burston  
Claudia Libenson  
Louis Gittelman  
Joseph M Shelden  
June Schwartz  
Ida Kipperman  
Henrietta Markowitz  
Sander Rief  
David Soroka  
Amos Shive  
Sylvia Katz  
Irene Weinrieb  
Marty Katz  
Frank Meiner  
Gayle Silverman  
Esther Friedman  
Stanley A. Singer  
Louis Snyder  
Simon Spector  
Joseph Asher  
Betty Gimpelson  
Maryann Duncan  
Marion Rose Oberndorfer  
Elaine Glantz Ostrin  
Gene Parker  
Lena Treger  
Bert Epsten  
George Gallo  
Gilbert Aliber  
Simon Edward Kossman, Jr.  
\*Joseph Leichtag  
Elliott Leonard  
Dawn Powell  
Robert Steinhauer



\* designates a memorial plaque in the Sanctuary lobby



# In Our Temple Emanu-El Family

## AUGUST BIRTHDAYS

8/1 Dave Belasco	8/8 Ellen Stein	8/15 Karen Reibstein	8/24 Nick Bryan
Lesley Cohn	8/9 Aimee Benner	8/17 Robert Berton	8/25 Ethan Crone
Phyllis Davidson	Nancy Kossan	Leo Chaim	David Elster
Jacob Musicant	Joshua McColister	Laura Keenan	8/26 Barrett Holman Leak
8/2 Charlie Pinkus	Kyle Norris	Roxi Link	David Lubin
Salah Tirouda	Sara Turner-Cooper	Jacob Sigismonti	Perri Wittgrove
Vivian Loewenstein	Theo Youngstrom	Solomon Whinston	8/27 Madilyn Blum-Hopgood
8/3 Megan Misrach	Shane Saenz	Kaleb Bryan	Sam Elster
Lev Tseselskiy	8/10 Joyce Camiel	8/19 Melissa Showman	Joe Fox
Ari Henry	8/11 Peggy Cohen	Ezra Teplin	Martin Bloom-Trejo
8/4 Emma Benner	Bobbi Witte	8/20 Sydney Berg	8/28 Mathew Colona
Lauren Foosaner	8/12 Nadine Millstine	Les Niss	Cecile Fleetwood
Lucas Spielman	8/13 David Mendel	Felise Zollman	Arielle Garellek
Rebecca Tedesco	Jennifer Nemeth	8/21 Michael Bloom	Dmitry Ponomarenko
8/5 Emily Green	Joseph Rosenzweig	Steve Saltzman	8/29 Hannah Celano
Peggy Han	Sherry Saltzman	8/22 Rebekah Belasco	Marc Hamovitch
Raelyn Sparhawk	Zoe Heller	Stella Salzmann	Escher Sadja
8/6 Claire Handler	Cynthia Ehrlich	Laura Stratton	Robyn Sarvis
Samuel Handler	8/14 Nick Comer	Jesse Lasov	Jennifer Stone
Dhyana Latta	Jaidyn Corbett	8/23 Kim Belasco	David Whinston
Shelley Dashevsky	Shaia Davis-Duffy	Mathew Kostrinsky	8/30 Jack Feinberg
8/7 Barry Fefferman	Joanne Ellison	Miles Marks	Jose Castillo
Katy Karel	Shulamit Nelson-Spilkin	Harry Zanville	8/31 Bonnie Yoshida-Levine
David Saville	Mike Oolie	Jude Aghassi-Cary	Francis Forth
Victory Tran	Jennifer Peterson	8/24 George Kaplan	
8/8 Sara Byrnes	Amy Spielman	Frederick Marchand	
Jared Goldman	Yvonne Williams	Daniel Heller	
Natalia Herman	8/15 Zara Jacob		

## AUGUST ANNIVERSARIES

8/1 Steven & JoAnn Silkes	8/15 Ben & Karen Snyder	8/26 Eric & Marcia Berneger
8/4 Aran & Julie Sadja	8/16 Phil & Arlene Bresnick	Mathew & Carrie Colona
Aimee & Dan Benner	Jon & Mary Epsten	Dick & Randee Friedman
8/5 Rob & Audrey Patterson	Minh & Aimee Le	Richard & Peggy Ratner
Erich & Melissa Showman	8/18 Tom & Barbara Lincoln	8/29 Richard Thiele & Stacy Orenstein
Shaun Kessler & Jill Blumenthal	Trey Livingston & Daria Linvill	
8/6 Mark & Gail Braverman	8/19 Takis Mitropoulos & Jocelyne Okrent	
8/7 Mick & Lauren Frederick	8/20 Polly Dong & Jaclyn Goldbarg	
Norman & Lynne Lurie	Shai & Ellen Immergut	
8/9 Justin & Shira Alvord	8/21 David Mendel & Vicky Krugman-Mendel	
Randy Socol & Heather Muns-Socol	8/22 Barbara & Sandy Rosenthal	
8/10 Patrick Stalnaker & Marianne Lias	8/24 Bruce & Susy Doole	
8/11 James & Desiree Lange	Nancy Kossan & Debbie Macdonald	
8/12 Morey & Aunrey Bubis	Rabbi Marty & Anita Lawson	
Aaron & Daphne Gaghagen	Saul & Sonia Snyder	
8/14 Micky Witztum & Michele Harris		
8/15 Paul & Suzanne Schulman		



Temple members who are able to go above and beyond the standard Temple dues requirement enable us to continue our high standard of services and programs for all members, regardless of means. Please consider joining at one of the following levels:

## Chai Circle



שומרים Shomrim (Guardians)

All levels of Chai Circle and Life Membership will have their names published at High Holy Days and in HaSofer (The Scribe). For more information about our programs, please call the Temple office at (619) 286-2555.

## Life Membership

Thank you to our lifetime endowment members



## Add Your Strength to Ours!

Below is a list of contacts for committees, projects and other ways to become more involved in the life of Temple EmanuEl. Please reach out to any of these groups to learn more about their work, and how you can become involved.

- **Adult Education**      [adulthood@teesd.org](mailto:adulthood@teesd.org)  
Rabbi Benj Fried      (619) 286-2555
- **Advocacy**      [advocacy@teesd.org](mailto:advocacy@teesd.org)  
Barbara Learner  
Janice Steinberg
- **Budget and Finance**      [financecommittee@teesd.org](mailto:financecommittee@teesd.org)
- **Caring Community**      [caringcom@teesd.org](mailto:caringcom@teesd.org)
- **Endowment**      [endowment@teesd.org](mailto:endowment@teesd.org)  
Bob Rubenstein
- **House & Grounds**      [housegrounds@teesd.org](mailto:housegrounds@teesd.org)  
Steve Naiman
- **Library**      [office@teesd.org](mailto:office@teesd.org)
- **Membership**      [membership@teesd.org](mailto:membership@teesd.org)  
Amy Blum
- **Mental Health**      [mentalhealthcom@teesd.org](mailto:mentalhealthcom@teesd.org)  
Marie Raftery
- **Mi Shebeirach Tapestry**      [tapestry@teesd.org](mailto:tapestry@teesd.org)  
Claire Fritz
- **Preschool**      [preschool@teesd.org](mailto:preschool@teesd.org)
- **Publicity**      [publicity@teesd.org](mailto:publicity@teesd.org)
- **Safety/Security**      [security@teesd.org](mailto:security@teesd.org)  
Greg Houska
- **Social Action**      [socialaction@teesd.org](mailto:socialaction@teesd.org)
- **Torah School**      [thscom@teesd.org](mailto:thscom@teesd.org)  
Jane Muschenetz  
Patricia Cardozo
- **Women of Reform Judaism**      [wrj@teesd.org](mailto:wrj@teesd.org)  
Nancy Marcus  
Barbara Chancy
- **Youth**      [rabbibenj@teesd.org](mailto:rabbibenj@teesd.org)  
Rabbi Benj Fried



# Women of Temple Emanu-El

by Barbara Chancy and Nancy Marcus, Co-Presidents

Join us on Wednesday, August 14 at 12:30pm in the Temple Library for lunch and Bunco. The cost of the day is \$18, which will include lunch and prizes. Never played Bunco? No problem! There is no skill involved – it's all about rolling the dice. We had a lot of fun last summer and we are looking for a repeat!



You have until August 8 to receive free shipping on your gifts of honey to family and friends for Rosh HaShanah. After that date, shipping is \$8 per jar. Order online through the Temple website.

We have been busy planning a wonderful calendar for the upcoming year. Join us to make new friends and renew existing friendships. For questions or information on any of our activities, please contact us at [wrj@teesd.org](mailto:wrj@teesd.org).

Last month, we shared information about the YES Fund, which benefits Youth, Education and Special Projects. I am proud to say that through your participation in the Women of Temple Emanu-El, you helped provide the \$300,000 granted this year. Women of Reform Judaism just announced this year's beneficiaries, allocated in these categories:

## Youth

Leo Baeck Education in Haifa, Reform Jewish Community of Canada, Six Points Sci-Tech Academy, URJ Trans-Generations, URJ Teen Jews of Color, ARZA Canada

## Education

HUC-JIR Scholarship Support, Instituto Iberoamericano de Formacion Rabinica Reformista, HUC-JIR Israel Rabbinic Program, Women of the Wall, ARJE ECE-RJ Summer Program for Jewish Education Professionals, WUPJ Prayer Leadership Program for Women, Abraham Geiger Kolleg in Berlin, Germany, for Rabbinic and Cantorial Scholarships, Ecole Rabbiniqne de Paris Training for Progressive Rabbis, Cantors and Educators, Women's Rabbinic Network – scholarships for their International Conference, HUC-JIR Rabbi Sally J Priesand Award.

## Special Projects

Religious Action Center Legislative Assistant for Women's Issues, IMPJ Pastoral Counseling and Spiritual Solace for Ukrainian and Russian Refugees, Israel RAC – Advancing & Defending the Rights of Women in the Face of Increased Extremism

## Diversity, Equity, Inclusion

Jewtina & Company, JGirls+ Magazine, Jewish Plays Project, The Lunar Collective, Rekindle Black-Jewish Community Collaboration, Jewish Women's Archive – a Race, Gender, & Jewish History Course, Mayyim Hayyim Living Waters Community Mikveh, Spanish Ceremony Translation, Avodah – Jews of Color Programming, Be'chol Lashon -Nowruz Celebration

## Emergency Allocations

IMPJ – Relocate Israeli families living on the Gaza border, HUC-JIR to facilitate mental and spiritual care for students and faculty crisis management training and leadership in times of war and trauma, Jewish Women's Collective Response Fund to support Israeli women in raising their voices in Israeli society

Over the coming months, we will highlight some of these organizations and the work they are doing to repair our world!

This is why we want and need every one of you to be a member of WRJ. Your money really goes out and helps to perform miracles.

Remember: without you, we are one member short!



## **Safety/Security Committee** by Greg Houska, Safety/Security Committee Chair

I am not one who wants to shorten our wonderful summer months, but guess what? The High Holy Days are right around a great big corner, so it is wise to consider some security-related subjects. We will transition to lighter issues in the future.

The Secure Committee Network has excellent High Holy Day safety and security protocols:

### **The Power of Hello**

Who knew just how much information might be gleaned by the simple act of being polite? A casual conversation with someone you just met can provide an opportunity to observe and establish a connection. Initiating a “hello” enables us to observe and evaluate suspicious behaviors. Remember, the “spider sense” we spoke of in past columns? If something or someone just doesn’t feel right, your inner self will tell you. Your outer self’s job is not to ignore it.

### **How to Stop the Bleed**

By now, I hope each of you has set up first-aid kits, complete with tourniquets, both at home and in your car. Remember, when seconds count, law enforcement and other first responders are minutes away. Severe bleeding can cause shock or death within five or ten minutes.

### **Committing to Action**

The FBI has produced an excellent short video on situational awareness and countering an active threat. “Run, Hide Fight” is a must watch for all of us, especially our young family members. It is easily found on line on the fbi.gov website, and you can watch it for no charge. The odds of being in an active shooter or active threat situation are slim, but nothing can take the place of preparation and practice.

We are fortunate that the Secure Committee Network will offer a host of webinar and in person training sessions on these subjects, as well as other security related issues beginning next month. I will make sure the list of courses gets out to our congregation. Stay safe!

## **Condolences**

To Rabbi Marty and Anita Lawson on the death of their Colleague and Friend  
**Rabbi David Wucher**

To Barbara Rosenthal on the death of her brother  
**Barry Kallman**

To Jim Lange on the death of his step-father  
**Ernie Abbit**

To Gregg and Lisa Cantor, Rona and Teri Cantor and Amy and Gary Blume on the death of their father  
**Larry Cantor**



To Norman and Lynne Lurie on the death of their sister-in-law  
**Ann Lurie**



To Marty Weiss on the death of his brother  
**Howard Weiss**







### Give the Gift of Sweetness for the New Year!



This 8-ounce jar of delicious kosher honey arrives just in time for the Rosh Hashanah holiday. The jar includes a personalized card that reads “Shana Tova—Wishing you a healthy and happy New Year” and your personalized greeting.

**Jar Cost: \$14.00 Each**

**FREE SHIPPING: NOW— August 8th, 2024**

**Shipping is \$8.00: 8/9/24—9/12/24**

A portion of every purchase is donated to the TEESD Sisterhood.

*What better way to wish family, friends, and business associates a sweet and healthy New Year than sending a jar of honey?*

To order honey , go to:

[www.orthoney.com/ESD](http://www.orthoney.com/ESD)

Click on the honey link and follow the step-by-step instructions. Please order by 9/12/24 for guaranteed delivery in time for Rosh Hashanah.

For more information, please contact:

**Becca Bierman | [beccabierman@gmail.com](mailto:beccabierman@gmail.com)**

## Mazal Tov

To Jean Seager on receiving the Critics Award at the Jewish Short Play Festival for her work “Survivors”

To Kristen Friedman on the birth of her twins Aviel and Jonah Jaffe

## Todah Rabah

To Barbara Pollack for her work on editing the bulletin



**We'd love to share your  
simcha!**

Do you have an engagement, a wedding or a new baby in your family? Share your happiness with the congregation! Please email the information to [publicity@teesd.org](mailto:publicity@teesd.org) to be included in an upcoming bulletin.

In our Sanctuary there are two special and always visible means of acknowledging those we wish to honor and those we wish to remember: Leaves on the Tree of Life and Plaques on the Memorial Board. In addition, the Temple has cemetery plots for sale in the Mt. Sinai II lawn at El Camino Memorial Park. For more information please call the office at 619-286-2555.



## CARS

Temple Emanu-El has signed on as a partner of CARS, a nonprofit organization that takes donated vehicles and returns 80% of the proceeds to the organization of the donor's choice. CARS was founded in 2003 and has donated millions of dollars to nonprofits across the country.

The process is simple: log on to [careasy.com](http://careasy.com) and follow the three easy steps. You can select Temple Emanu-El as your nonprofit of choice, provide the information about your vehicle and arrange for CARS to pick up at your office or home. They will work around your schedule and take care of all the paperwork. There is no cost to the donor and donations are tax deductible.

If you or someone you know has a vehicle they would like to donate, visit [careasy.org](http://careasy.org) to learn more about the process or contact anyone at the Temple office for assistance.

Thanks for your support.



## 988 SUICIDE PREVENTION HOTLINE

988 is the new three digit code to route callers to the National Suicide Prevention Lifeline for support 24 hours a day, 7 days a week. Please remember this number if you or someone you know is in crisis. There is no charge. Call or text 988, or chat at [988lifeline.org](http://988lifeline.org) from anywhere in

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# August 2024 Tamuz— Av 5784

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				August 1 • 26 Tamuz	August 2 • 27 Tamuz	August 3 • 28 Tamuz
				Bridge with Benj 12:30 pm	Shabbat Service 6 pm	Torah Study 9 am Shabbat Morning Service 10:30 am Havdogah Allied Gardens Dog Park 5 pm 
August 4 • 29 Tamuz	August 5 • 1 Av	August 6 • 2 Av	August 7 • 3 Av	August 8 • 4 Av	August 9 • 5 Av	August 10 • 6 Av
	Mah Jongg 1:30 pm	Drum Circle 3 pm	Coffee with the Rabbi 11 am	Bridge with Benj 12:30 pm	Shabbat Service 6 pm	Torah Study 9 am Shabbat Morning Service 10:30 am Adult Ed Movie 7 pm
August 11 • 7 Av	August 12 • 8 Av	August 13 • 9 Av	August 14 • 10 Av	August 15 • 11 Av	August 16 • 12 Av	August 17 • 13 Av <del>NO Torah Study</del>
	Mah Jongg 1:30 pm		Coffee with the Rabbi 11 am  WRJ Lunch and Bunco 12:30 pm	Bridge with Benj 12:30 pm	Beach Shabbat Service Ventura Cove 6 pm	Torah Study 9 am Shabbat Morning Service 10:30 am
August 18 • 14 Av	August 19 • 15 Av	August 20 • 16 Av	August 21 • 17 Av	August 22 • 18 Av	August 23 • 19 Av	August 24 • 20 Av
	Mah Jongg 1:30 pm		Coffee with the Rabbi 11 am	Bridge with Benj 12:30 pm	Shabbat Service 6 pm	Torah Study 9 am Shabbat Morning Service 10:30 am
August 25 • 21 Av	August 26 • 22 Av	August 27 • 23 Av	August 28 • 24 Av	August 29 • 25 Av	August 30 • 26 Av	August 31 • 27 Av
	Mah Jongg 1:30 pm		Coffee with the Rabbi 11 am		Shabbat Service 6 pm	Torah Study 9 am Shabbat Morning Service Bar Mitzvah 10:30 am

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