HA-SOFER THE SCRIBE Sivan-Tamuz 5784

Friday, July 5

Shabbat Service

Saturday, July 6

Friday, July 12

Shabbat Service

Saturday, July 13

Judges 11:1-33

Friday, July 19

Saturday, July 20

Micah 5:6-6:8

Friday, July 26

Shabbat Service

Saturday, July 27

Jeremiah 1:1-2:3

Shabbat Morning Service

Balak, Numbers 22:2-25:9

Shabbat Morning Service

Pinchas, Numbers 25:10-30:1

Mission Bay

Shabbat Morning Service

Shabbat Morning Service

Chukat, Numbers 19:1-22:1

Pride Shabbat Service-Ventura Cove

No service at the Temple this evening

No Service at the Temple this morning

I Samuel 11:14-12:22

Korach, Numbers 16:1-18:32

6 pm

6 pm

6 pm

10:30 am

6 pm

10:30 am

10:30 am

10:30 am

TEMPLE EMANU-EL • 6299 CAPRI DRIVE, SAN DIEGO, CA 92120-4632 • (619) 286-2555 •

Pride Events 2024

In 1998, ours was the first Jewish organization to participate in the LGBTQIA+ Pride Parade. We have marched every July since then, and it is truly an uplifting, exhilarating and positive experience. Mark your calendar to participate in this year's Pride Parade on Saturday, July 20, and for these other events as well.

Pride Brunch

Sunday July 14, 10 am at Temple Emanu-El

Light Up the Cathedral

Wednesday, July 17, 7 pm

Each year, LGBTQIA faith leaders and allies hold an Interfaith Pride Celebration at St. Paul's Episcopal Cathedral in Hillcrest. After the service, the Cathedral is lit in rainbow colors.

Pride Shabbat

Friday July 19, 6 pm

We will be be held in partnership with Ohr Shalom and Dor Hadash Synagogues at Ventura Cove in Mission Bay for an outdoor Shabbat service. Bring a picnic dinner and share time with others in beautiful San Diego. (Dinner will not be provided).

San Diego Pride Parade

Saturday, July 20, 10 am

Show San Diego that Temple Emanu-El is a supportive and safe community for all Jews. More details will be available on our website, including information on the route and details on parking. We will not know our contingent number until the week prior to the parade.

More details will be in the weekly emails and on the Temple website. For questions, please contact Aimee Benner at socialaction@teesd.org. For Information on all Pride events in San Diego, please see sdpride.org

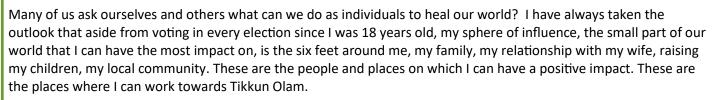






From Our Temple President by Matt Meis

Its hard to believe its been a year since my first president's message. So much has happened. Here at Emanu-El and around the Jewish world. Our world has been rocked by the horrors of October 7th and it is going to take years for us all to heal and fully understand what took place on that day and the impact it has had on all of our lives. And only time will tell us how it ends.





Temple Emanu-El is a place where you and I and all of us can come together, and together we can have a much larger impact on our community. Together, we can exponentially multiply the impact that each one of us has as individuals. When we come together as a community, a community of Jews, we make our larger community a better place.

So, as I begin the second year of my two year term as your synagogue president, I invite you, I ask you, to join us here at Temple Emanu-El as we work toward Tikkun Olam together, toward making our community a better place, not only for ourselves, but for the entire local community. And if we're lucky, we just might have an impact beyond Del Cerro and San Diego. I look forward to seeing you all at Temple.

Shaun Speaks...



Shaun Copans, Executive Director

I'm very excited to announce our newest staff member, Linda Sand. Linda will be starting in a few weeks and is coming onboard as our new Torah School Administrator. Her duties include overseeing the day-to-day operations of the Torah School, communications with the families, supporting Rabbi Benj and the educators and helping support all the programs at the Torah School.

Linda grew up in Orange County and moved to San Diego 15 years ago with her then

boyfriend, Brandon. Since then, she married Brandon, converted to Judaism and had three daughters! They became members of the Temple when their youngest daughter (now 6) started in our Preschool. She has been an active volunteer in the Preschool and Torah School and impressed the staff with her great attitude and dedication to everything we do at the Temple.

Linda loves spending time with her family and friends, and trying new things, especially new restaurants in San Diego. Please join me in welcoming Linda Sand!







Give the Gift of Sweetness for the New Year!

This 8-ounce jar of delicious kosher honey arrives just in time for the Rosh Hashanah holiday. The jar includes a personalized card that reads "Shana Tova—Wishing you a healthy and happy New Year" and your personalized greeting.

Jar Cost: \$14.00 Each

FREE SHIPPING: NOW— August 8th, 2024 Shipping is \$8.00: 8/9/24—9/12/24

A portion of every purchase is donated to the TEESD Sisterhood.

What better way to wish family, friends, and business associates a sweet and healthy New Year than sending a jar of honey?

To order honey , go to:

ה טובה וו

www.orthoney.com/ESD

Click on the honey link and follow the step-by-step instructions. Please order by 9/12/24 for guaranteed delivery in time for Rosh Hashanah.

For more information, please contact:

Becca Bierman | beccabierman@gmail.com

Coffee with the Rabbi is back in session!

On Wednesdays, July 3, 10, 17, 24, and 31 11 am

Drop in when you can for an informal discussion on current events, or join in on Zoom. No sign up, no charge and no preparation is needed – just an interest in Jewish learning.





Safe Parking Dinner Monday, July 22

The Safe Parking Program is designed to provide a safe place for people experiencing homelessness who have cars but no place to safely park at night to sleep. The program provides a welcoming environment, meaningful resources and tools as well as dignified support to help individuals and families stabilize and transition back into permanent housing. While in the program, individuals have access to restrooms, handwashing stations, and case management services. The program is operated by Jewish Family Service of San Diego, seven nights per week.

Our Social Action Committee has been active by supplying dinners for these individuals at the Balboa Ave. location several times a year. We coordinate a healthy meal, purchase the food items, serve our guests and often dine together indoors in a multipurpose room.

Our next planned event is Monday, July 22, from 5:30-8pm.

If you are interested in learning more about this mitzvah and helping serve at one of the dinners we sponsor, contact coordinator Suzanne Schulman at socialaction@teesd.org for more information.





Mitzvah of the Month – Backpacks and School Supplies



In July and August, many students are returning to school. Whether you are in the stores or shopping online to prepare your own children or grandchildren to be ready for classes, please consider this mitzvah and pick up a few extra items to help other kids.

Most needed items this month are:

Backpacks Paper and Notebooks Colored Pencils, Crayons, Pens, Pencils and Sharpeners Glue Sticks and White Glue Rulers, Safety Scissors



We will partner this month with "Buddy's Backpacks," a group from Santee which distributes backpacks and school supplies annually in a special drive-through event. All children from anywhere in San Diego are eligible to receive school supplies, no qualifications necessary. Last year, they distributed over 900 backpacks!

Please bring your donations to the white barrel in the front office lobby of the Temple, and the Social Action Committee will make sure they are delivered. For any questions, please contact coordinator Elana Levens-Craig at socialaction@teesd.org.



Helping to Repair the World

Your generous donations to Temple Emanu-El's Social Action Fund are used to serve the needs of the community, locally, nationally and internationally.

In June, funds were sent to Direct Relief (directrelief.org), which is active in all 50 states and more than 80 countries, with a mission to improve the health and lives of people affected by poverty or emergencies. Its assistance programs focus on emergency preparedness and disaster response, and the prevention and treatment of disease. They work with local partners to provide medical aid following hurricanes, earthquakes and wildfires.

In July, we will allocate money to Dreams for Change (dreamsforchange.org) which began in 2009 to serve the needs of families and individuals who were struggling as a result of the recession's economic downturn. They work to empower low-income and unsheltered individuals and families to advance toward stability, with a variety of programs, including safe parking and safe sleeping areas, case management, workforce training, free tax preparation service, food distribution and more.

The Social Action Committee carefully screens all recipients to make sure money you donate to the Social Action Fund to continue the work of tikkun olam is spent wisely. We appreciate your donations, large or small, to help with this work.



Mental Health Committee

by Marie Raftery, Committee Chair

Those of you who know me, including my children and grandchildren, know I have a "love- hate" relationship with texting. I love that it is convenient: "I am running late." "I'm on my way." or "Please add eggs to the shopping list." BUT not ever: "Sorry your dad passed." or "How did your surgery go?"

And yet some people (including the above-mentioned family) use that form of communication almost exclusively. "No one emails anymore," they tell me, and note writing is something from the Stone Age. It is instinctive. I have been firmly against that way of thinking until recently. Texting has a place.

A friend of mine was in Indiana attending a seminar for adults on "The Aging Brain." We were discussing some of the content of that seminar. Not surprisingly, relationships play a big part, not just with family but with friendship with peers, which is sometimes more important than family. At times, a quick text from an old friend, neighbor, or former co-worker has great value and may be just what that day needed. Sending one could be the kindness that made you feel good that day. If texting is a fast, simple way to tell someone, "I'm thinking of you," "Hope you are OK", or just, "Call me when you have time," then I'm adding it to my list of approved communicating. If it helps us maintain a relationship, then why not? If it is help for the Aging Brain, let's do it. BUT not in place of a thank you note or a condolence card. Even if I'm still in the Stone Age, I will never give up that relationship connector.

How do you connect, how do you maintain relationships? Join us for a Mental Health committee meeting. You may reach me at mentalhealthcom@teesd.org. I look forward to hearing from you.



Mazal Tov

To Patrick Henry High School graduate Andrew Berton Handler, son of Jennifer and Robert Handler, and grandson of Robert Berton. Andrew will pursue a degree in Aerospace Engineering at the University of Miami, Coral Gables.

To the Kabbalat Torah graduates: Rachel Biegenzahan, Astrid Crone, Aly Glovinsky, Hank Kostrinsky, Andrew Handler, and Joci Martin

<mark>Yashar Koach</mark>

To Stefani Lenett and Susan Biegenzahn on receiving Kavod Awards at the Temple Annual Meeting

Todah Rabah

To Barbara Pollack for her work on editing the bulletin



Claire Handler Gift Shop

Our Temple Gift Shop, located in the lobby of the Sanctuary building, is a perfect place to find a wonderful variety of items for all occasions. Whether you are looking for something new to enhance your holiday celebrations or a gift to express appreciation to a host or for someone establishing a new home, you will find a great selection. Right now, we have *Bring Them Home-Now* necklaces remembering the hostages who remain in Gaza. Necklaces are \$18 each. All proceeds go back to Israel to help the families. The Gift Shop is available any time the Temple office is open – just come into the office for assistance. We are looking for a few more volunteers. Training is provided, and the schedule is flexible. Contact Natalie Fritz at office@teesd.org for more details.



Drum Circle Tuesday, July 2, 3 pm

After a brief pause in May, we had a wonderful reunion of drummers on June 4, enjoying shade, breezes and blue sky while drumming outside in the Temple Courtyard.

Ira Moskowitz, our devoted drum leader, surprised us by bringing a floor tom-tom which was used as a timekeeper. Kathy Beitscher, a loyal drummer, enjoyed using it. This drum gave us a deep bass sound and a foundation to build upon. Anyone is welcome to use it any time we meet, since it is easy and lots of fun to try.

Ira got us started by focusing on relaxing our wrists, arms and shoulders, and centered us by breathing and pulsating deeply. This was definitely a transition time between parking our cars and turning to drumming. Participants enjoyed a relaxed afternoon where we drummed, kibbitized, rumbled and supported the rhythms of each other. We stayed on for a little while after drumming to share in the mellow afternoon and to forget our "to do" lists.

We invite you to join us on Tuesday, July 2, at 3pm to gather in the company of friends, beating as one or using a "call and response" rhythm.

Drumming can definitely be engaged in as a stress reducer, a way to engage in learning new rhythms and a time to meet new and old friends.

If you have any questions, please contact Bonnie Baron at bonnieebaron@gmail.com.





Stolen Summer

Saturday, July 13, 7 pm Temple Sanctuary



Stolen Summer takes place on the North Side of Chicago in the summer of 1976. An earnest second grader named Pete O'Malley (Adi Stein) listens in Catholic school and believes every word about how to get to heaven. Pete learns that Jews are not seeking salvation and sets up a free lemonade stand in front of the local synagogue to convert Jews and earn his way to heaven. There he meets Rabbi Jacobson (Kevin Pollak) who knows Pete's dad Joe (Aidan Quinn), the fireman who rescued the Jacobson's son Danny (Mike Weinberg). Pete becomes best friends with the rabbi's son.

Danny has leukemia and his mother (Lisa Dodson) doesn't want him spending time with Pete, but the rabbi observes it is good for Danny to act like a normal kid. Danny's family sets up a scholarship for the O'Malley's older son, but Joe suspects the Jacobsons are doing this just for publicity. His wife (Bonnie Hunt) disagrees. The movie also features Brian Dennehy as the parish priest. When so many summer blockbusters are heartless, *Stolen Summer* proves that they should hold a screenplay contest and film the winner like HBO's Project Greenlight which selected *Stolen Summer* as its first winner.

The movie, directed by Peter Jones, was made in the U.S. in 2002.

Laurie Baron will introduce the film and lead the discussion after it is screened.

There will be a bring your own dinner at 6 pm in the courtyard.

Torah Study Saturday mornings—9:00 am In Person and on Zoom

An in-depth study of Torah portions and commentary. Come in person or connect from home. Zoom links will be provided in the Temple's weekly emails.

Coffee with the Rabbi

Wednesdays, July 3, 10, 17, 24, and 31 • 11 am

Drop in when you can for an informal discussion on current events. No sign up, no charge and no preparation is needed – just an interest in Jewish learning.

Please consider a contribution to the Adult Education Fund to help support the Committee's efforts to continue to engage speakers and provide the high quality of life-long learning experiences that have become an integral part of Temple Emanu-El. Program costs are continuing to rise, and we need your support.



Mailbox



We are grateful for your financial support and for your confidence in the work of Yad Sarah and its volunteers.

Your gift to Yad Sarah will go directly to purchase new wheelchairs, patient hoists, breast milk pumps and other equipment through our volunteer-staffed Lending Service, to bring outreach services to isolated and frail older people, to enable victims of terror and trauma to revitalize their lives through life-enriching programs and therapeutic activities, and to open the world to the physically challenged through accessible transportation. Our new Soldier Rehabilitation Program has helped 2,500 soldiers, facilitating recuperation with medical equipment lending, a dedicated urgent care hotline and extended home hospitalization arrangements.

Your gift arrived at a critical time, helping to ensure that we have the medical and home health supports needed to help people heal and cope. Your generosity enables our network to respond, embodying the promise that all Israel is responsible for one another.

Adele Goldberg, Executive Director Friends of Yad Sarah

Your generous contributions to the Social Action Fund make it possible to respond to needs in our community and around the world.

Write Voter Engagement Postcards with Us by Janice Steinberg, Advocacy Committee Co-Chair

It's election season. Before the fall 2022 election, more than 25 Temple members took part in our postcard campaign. We hope you'll join us this year! Our partner, Center for Common Ground, is a non-partisan organization whose goal is to encourage voter engagement and strengthen democracy. We'll be writing postcards to people who may have been dropped from the voter registration rolls (and don't know it!) or are infrequent voters.

Center for Common Ground has found that postcards are a powerful voter engagement tool. In 2019, postcarding was the only form of outreach in a county in North Carolina. The county had averaged three new voter registrations a month. In the 45 days after the postcard campaign, they got 79 new registrations.

How can you help?

Join us for a postcard writing party.

Pick up postcards, a voter list and a script and do this on your own time.



If you'd like to participate, please contact me at janicesteinberg@cox.net.

Attention: Parents of High School and College Seniors

We'd love to share your simcha! Please email publicity@teesd.org if your son or daughter will graduate from high school or college this year - we'd like to include plans for future study as well. We will publish the information in an upcoming bulletin.



RI RECOVERY INTERNATIONAL BETTER. MENTAL. HEALTH."

Recovery International By Lisa Garcia

It takes two people to fight, and one person to lay down their arms. (Dr. Abraham Low)

July is San Diego's month to celebrate diversity. It's the time to be aware that we treat each person with dignity and respect. As Jews, we are taught to include everyone. Temple Emanu-El was the first Jewish group in San Diego to walk in the Pride Parade. Our support for transgender inclusion is deeply rooted in our Jewish texts and tradition. The Torah teaches that all people are created *b'tzelem Elohim* (in the Divine image) and are worthy of dignity and respect. (Genesis 1:27).



In Recovery International (RI), we welcome people from all walks of life to our meetings, with no judgment. We don't go for symbolic victories. We believe that *Peace Over Power* is one of our most important spots/ tools. We learn to control our speech muscles even when we disagree. The method we practice has been around for 87 years, before there were Pride Parades, and people were still "in the closet." It was a time of intolerance, a time when there was stigma against people with mental illness. That stigma is still there today and RI has worked tirelessly with many agencies to wipe that out.

We meet in person each Thursday at 10am in our Temple Library. RI meetings are available for the LGBTQ+ community on Monday evenings at 5pm on Zoom. All are welcome.

Our meetings provide a time to work on ourselves. Please invite your friends. It's a time for inclusion everywhere.

For questions or assistance in registering for a meeting, please email us at SanDiego@recoveryinternational.org or call our office at (619) 383-2084. For more information on RI, see our website: recoveryinternational.org.

Condolences



To Claire Fritz on the death of her cousin Myra Kasew

To Susan and Randy Biegenzahn on the death of Susan's father **Stephen Drew Anderson**





Community Corner The Walker by Gail L. Braverman, M.A., LMFT

I've come to recognize a particular sound. The sound of a walker as it thumps, drags and scrapes across the floor.

My husband, Mark, is now using a walker. I'm not sure if he is pushing the walker or the walker is pulling him. Whichever it is, I am grateful it is keeping my husband mobile, upright and able to walk.

I am not yet used to the words "my husband is using a walker." It is not likely he will ever be without it in the future, something I couldn't have imagined saying a few years ago. Nor could I have understood the concept of "caregiver." You can't think your way into an experience.

Caregiving, at its best, is stressful, painful and brings on untoward anxiety. Caregiving has unleashed several of my character defects, one of them being impatience. I struggle between impatience and understanding, grief and gratitude, guilt and acceptance, joy and sorrow.

I have always been a fast walker and walked ahead of my husband most of our married life. We have different walking rhythms, just as we have other differences. I probably never got anywhere much faster than my husband, but I have prided myself on my strong gait, moving with gusto and purpose.

Through all the years when he and I would walk, I would turn my head around and look back to see if he was coming along. I must admit, it was not always an altruistic glance. Sometimes it was filled with irritation and impatience.

I'd like to tell you that all my impatience has morphed into compassion as he has become more compromised. Not so. What I can tell you is I have learned to keep my mouth shut and my thoughts to myself most of the time. Thoughts like "can't you walk a little faster," or "hurry up we're going to be late." Things I know would only make him feel bad.

Elizabeth Gilbert in *Big Magic* says: "It's a simple and generous rule of life that whatever you practice, you will improve." I am practicing keeping negative comments to myself.

Outwardly nothing much has changed. I still walk ahead of my husband. I still get impatient from time to time and once in a while I still remind him to please walk a little faster even though I know he can't. My backward glances now are to be sure he is safe.

There is, however, one major thought that helps me pull myself up to be a better self. It is this. Depending on life circumstances, one day I may turn around to see if my husband is following me, and he'll be gone.

I welcome your comments: gbrave3333@aol.com





Contributions Contributions received after the first of the month will be published in the next month's bulletin.

Commemorate a life cycle event or remember a loved one with a donation to one of the Temple's specially designated funds.





YAHRZEIT OBSERVANCE

Zecher Tzadik Livracha – The Memory of the Righteous is a Blessing The following yahrzeits will be commemorated at Shabbat services:

July 19 & 20

July 5 & 6 *Bruce Handwerker Henry Kagan Jack Beitstock William Kipperman Milton Konover Dorothy Krugman Gert Pollak *Mildred Nathan Levy Gertrude Braufman Stein *Martin Wagner *Lanny Lawson Jack Adelman Reuben Golub Joseph Rostholder Michael Duffy Robert M Evans Esther Cohen *Lena Iglow Joseph Jacobson *Don Kipperman Tracy Spiegler Judy Tunnell Herman Barrow *Sophia Gordon William Zitsman Liesel Gilbert Dwain Kantor Rolf Lange Marian Baumgarten Sharon Klieman Marilyn Levine

*Edna Gardner *Suzette Kipnis Aaron Scharfman Oscar Dreizin Albert Solomon Leo Svet Manya Veitzman Joseph Kitaen Phyllis Van Huizen Froim Veitzman Estelle Bennett Alan Davis Terri Elias *Julius Scheinholz Bertha Siegel *Harry Adelman Albert Bresnick Charles Furman Jacob Brown Gerald Klieman Murray Lampert Coleman Abraham Reisman Lenore Bernstein Martin L. Morris Sidney Shuman John Craddock Harry Gelb Israel Grossman Leanore Lampert Charles Sacks Muriel Yusen *Claire Handler Daniel Korn

July 12 & 13

*Bertha Fishman *Rosella Byrnes Isaac Sherman **Douglas Feld** Kathleen Greenwood *Dave Satlof Hanna Marx Joy Colen *Dorothy Denholtz Sandra Schoenkopf *Natalie Smith Charles Stein *Jack I. Stein Rosalind Erth Rabbi Richard Freund Lester Himmel *Henry Horowitz *Beatrice Miller **Theophilus Putt** Shirley Brecher Caroline Kloss *Pauline Ontell **Rubin Pollack** Max Press Melvin Spiegler Pedro Abreu *Freda Ackerman Frederic Brose Philip Goldman Evonne Schaeffer *Viola Braverman Michael Bush Helen Epstein Arthur Ariessohn Virginia Dix Ken Kissin Barbara Rustad Mark Bornstein Edy Lange J. Alexander Kossan Chaplain William Mahedy *Judy Rosen Kevin Slucker

July 26 & 27 **Ruth Shapiro** Lene Lawson **Beatrice Karp Ruth Fayerman** Judy Satlof *Andy Friedman Fleurette Halpern Barry Parker Sara Zolott **Diane Shrager** Abraham Simkin Albert Behrend **Robert Bresnick** M. J. Brown Laura Cohen Ada Glazer Natalie Libby *Mildred Rubenstein Dr. William Fritz Gerry Karp Bernard Kirman Jan Olcott Gertrude Rubin Elsa Borman David Glassman *Sheldon Deutsch Herb Diamond *Jules Gordon Mary Klein Mary Schatz Shirley Snipper Lillian Liebbe Warren Irene Alexander *Louis Gardner *Kaitlin Elizabeth Siperstein *Stacey Kasendorf Bryan Wolf *Frieda Braun *David Rubenstein Bea Schulman Ida Shafton





In Our Temple Emanu-El Family

JULY BIRTHDAYS

7/1	Rowan Epstein	7/8	Rick Goldberg	7/16	Amanda Cohen	7/25	Emma Clifford
	Anna Siperstein		Harrison Lange	7/17	Isaac Sadja		Peter Huot
	Rob Zitsman		David Sciammas		Hayley Salazar		Donna Lander
7/2	Marla Carver		Bobbie Weitzen		Gabriel Spielman	7/26	Mark Braverman 📃 🙆
7/2	Shereen Charlick	7/9	David Canin		Michael de la Torre		Nathan Gross 🛛 🚩
	Emersyn Young	7/10	Marilyn Berger	7/18	Cyprus Berg	7/26	Judy Siegel
7/3	Rowan Falcone		Leah Copans		Lillian Faderman		Eli Aghassi
	Audrey Sablove		Shai Mashal		Marc Glazer	7/27	Maxx Cohn
	Moriah Schindler		Andrea Fiore		Pat Libby		Brooke Resh 🛛 🔨
	Ari Henry	7/11	Marianne Lias		Avi Martin		Zev Bray
7/4	Douglas Coe	7/12	Heidi Blotner	7/19	Theodore Butler	7/28	Dory Epstein
7/4	Cathi Marx		Jacob Golden-Needha	am	Dominic Goldbarg		Michael Graham
	Lauren Sommer		Monica Greenwood	7/20	Evan Klase		Marcia Kossman
	Kim Freed	7/13	Kelila Schonhoff		Patrick Stalnaker		Isaiah Lyon
7/5	Lisa Cohen	7/15	Justin Alvord	7/21	Pat Behrend		Debbie Macdonald
	Trish Freund		Callie Corbett		Howard Kushner		Erin Madsen
	Richard Ratner		Dick Eger	7/22	Elana Levens-Craig	7/29	Andrew Handler
	Lois Rosenzweig		Mick Frederick		Jessica Lewis		Tom Lincoln
7/6	Olga Mandel		Joel Lehrer		Warren Treisman		Dasia Manley
	Brandon Sand		Aidan Luchans	7/23	Mark Berger		Cheryl Shepard
	Howard Somers		Bill Resh		Erica Whinston	7/30	Anthony Frassa
7/7	Ellen Gruer		Jessica Teplin	7/24	Betsy Arnold		Dara Guss
	Emilia Heckinger		Asher Yellen		Melissa James		Alexander Mestman
	Soren Manley	7/16	Eliana Barnik				Steven Verschoor
						7/31	Kenneth Glube

JULY ANNIVERSARIES

- 7/1 Frank & Sunny Borkat
- 7/2 Ben & Vanessa Barnik Jared & Samantha Luchans Jeffrey & Emilie Mason Andrew Siegel & Kristin O'Connor
- 7/3 Joe & Kerrie Aiello Jeffrey & Fern Hall Scott & Carrie Musicant David & Moriah Nissan Mark & Jennifer Peterson
- 7/4 Joe Schinasi & Danielle Goldberg Larry & Emily Goldenberg
- 7/5 Scott & Elise Brown Marc & Marlene Hamovitch
- 7/7 Aaron & Jessica Levine Jeff & Sheila Lipinsky
- 7/8 Marty & Ruth Weiss
- 7/9 Matthew Glovinsky & Jennifer Nemeth
- 7/11 Eric & Paula Rosenzweig



- 7/11 Jeff & Rachel Schindler
- 7/14 Fred & Lisa Goldberg
- 7/15 Joshua Bloom & Catalina Trejo-Bloom Benjamin & Jessica Laddon
- 7/16 Rebecca & Donna Tedesco Barry & Donna Lander
- 7/17 Sanford & Cynthia Ehrlich
- 7/18 Keri & Laura Davis-Duffy Michael Falcone & Sarah Kahn
- 7/22 Mike & Myrna Cohen
- 7/24 Robert & Jennifer Handler
- 7/25 Matthew Lasov & Arielle Garellek Michael & Star Laddon Adam & Carey Devor
- 7/26 Richard Greyson & Ellen Goren
- 7/29 Charles & Michelle Jirkovsky
 - Bruce Levine & Bonnie Yoshida-Levine
- 7/30 Alan & Judy Medoff
- 7/31 Jason & Marla Carver Eric Poliak & Peggy Han Arnold & Marlene Korey

Chai Circle	Below is a projects a involved i Please rea learn mor	Your Strength to Ours! I list of contacts for committees, nd other ways to become more n the life of Temple EmanuEI. ach out to any of these groups to e about their work, and how you ne involved.		
	Adult Education Data Data Data Data Data Data Data	adulted@teesd.org		
06130	Rabbi Benj Fried • Advocacy Barbara Learner Janice Steinberg	(619) 286-2555 advocacy@teesd.org		
	 Budget and Finance 	financecommittee@teesd.org		
	Caring Community	caringcom@teesd.org		
000	 Endowment Bob Rubenstein 	endowment@teesd.org		
	 House & Grounds Steve Naiman 	housegrounds@teesd.org		
	• Library	office@teesd.org		
	 Membership Amy Blum 	membership@teesd.org		
	 Mental Health Marie Raftery 	mentalhealthcom@teesd.org		
	Mi Shebeirach Tapest Claire Fritz	ry tapestry@teesd.org		
	Preschool	preschool@teesd.org		
	• Publicity	publicity@teesd.org		
	 Safety/Security Greg Houska 	security@teesd.org		
All levels of Chai Circle and Life Membership will have their	 Social Action 	socialaction@teesd.org		
names published at High Holy Days and in HaSofer (The Scribe). For more information about our programs, please call the Temple office at (619) 286-2555.	 Torah School Jane Muschenetz Patricia Cardozo 	thscom@teesd.org		
	 Women of Reform Judaism wrj@teesd.org Nancy Marcus Barbara Chancy 			
	• Youth Rabbi Benj Fried	rabbibenj@teesd.org		
Life Membership				



Women of Temple Emanu-El

by Barbara Chancy and Nancy Marcus, Co-Presidents

Welcome to Sisterhood Summer! We hope you will join us for:

Mah Jongg on Mondays in the Sanctuary from 1:30-4pm. We have a table for beginners with our fabulous teacher, Marcia Berneger, and generally 3 or 4 more tables for more experienced players. The cost is \$10 per month and includes snacks.

Planning Day is scheduled for Thursday, July 18 from 10am – 2pm. We would love your input on the activities to include on the coming year's calendar. Join us and be our guest for lunch!

Daytime Bunco is back. Join us on Wednesday, August 14 for lunch and Bunco. It will be fun!

You will be receiving your Membership Renewal form soon. We invite you to join us as a member of Women of Reform Judaism (WRJ). We are part of an international organization. Since its creation in 1913, WRJ (then NFTS) has championed the causes that affect primarily women and children. In 112 years, the issues have changed, but the mission has not. We use a laser focus to improve the status of women and children around the world as well as here at home. But more that, we speak on behalf of all marginalized people and advocate for them. We work with the Union for Reform Judaism, the Religious Action Center, Women of the Wall and many more. How do we do that?

Women's Philanthropy has been a focus for WRJ for over 50 years. As women entered the work force and had their own incomes, they looked for ways to contribute to better society. Women who were donating on their own to causes important to them have provided opportunities to improve the world. WRJ has the YES Fund, which supports many different organizations, as its major Philanthropy. We can all be very proud of our donations and how we are positively affecting the world.

It is time to order your **"Honey From the Heart"** gifts now. Do you have family and friends you would like to greet with a very special Rosh HaShanah gift? Each jar of honey is mailed to your recipients with a personalized card from you. The honey arrives just before Rosh HaShanah. If you order by August 8, shipping is free. Becca Bierman is the Chair of this awesome program. Order online through the Temple website.

And remember, without you, we are one member short!

Introduction to Judaism is an engaging multi-session course for anyone interested in exploring Jewish life through a Reform lens.

Open to all, this course is perfect for interfaith couples, those raising Jewish children, spiritual seekers, individuals considering conversion, and Jews who want a meaningful adult Jewish learning experience.

Topics include holidays, life cycle celebrations, theology and core beliefs, Hebrew, prayer,

the Bible and other sacred texts, history, anti-Semitism and the Holocaust, Zionism and Israel, the American Jewish experience, and the tapestry of the Jewish people today.

Tuition for the 19-session course is \$250. The tuition fee allows for either one or two people to attend, and couples are encouraged to attend together. If you are a member of a URJ-affiliated Reform congregation, the tuition is \$200. Classes meet once a week on Sunday afternoons, 2 pm - 3:30 pm, beginning on September 22, 2024. Visit our website at teesd.org to register.







The FBI Files: Part 3 by Greg Houska, Safety/Security Committee Chair

When I began writing a monthly column for the Temple bulletin, my goal was to keep it light and informative, with the object to always keep safety and security in mind, no matter where we are or whom we are with at the moment. I hope I have met that goal in most of my columns, whether a bit on the lighter side (think summer grilling or applying sunscreen) or suggestions on how to keep us safe in today's wacky world. I certainly will return to more serious columns in the future, but this month, I return to my series about my time in the FBI.



In this column, I'll shine a little more light on the majority of my FBI career, working mostly on gang and Violent crime investigations. My desire to work on gang investigations began with the 1988 murder of San Diego Police Officer Jerry Hartless, well before my time in this city. The subsequent trial and acquittal of the defendants left a sour taste in my mouth. The defendants were not acquitted because they were innocent, but due to prosecutorial and other errors which resulted in dismissal of the case. In 1998, I started to focus my law enforcement attention on the gang members responsible for this murder. Gangs began to be a huge problem in San Diego in the late 1980's and 1990's, luckily not at the levels in Los Angeles, Detroit or Chicago, but a big problem, nonetheless.

The FBI targets these groups by using the Criminal Enterprise Theory of Investigation, which focuses on going after the leaders or "shot callers" of the gangs, and their money and other assets. Local law enforcement is often impeded by limited resources and by having to react to crime after it occurs, but the FBI is able to be more proactive in targeting criminals. If a gang or other criminal group has 300 members, generally only 20-25 of these are "shot callers" and directing or causing the majority of problems. Many of the other gang members are affiliated due to their age or neighborhood in which they live. By focusing on the main participants, we can have a significant impact on crime.

Utilizing wire taps, search warrants, informants, gun and drug buys we began to disassemble the structure of the gang. It is not quite like a television show. There is a lot of down time preparing affidavits, meeting with prosecutors, surveillance and other mundane tasks, including listening to hundreds of telephone or text intercepts. But eventually an understanding of the gang's operation is developed, often in concert with other investigative tools such as ripping off their drug product, arresting members and conducting interviews of subjects and witnesses. Gang members often talk a lot after law enforcement rips off their stuff or talks to members regarding serious crime. Ultimately, a multi-agency takedown of dozens of subjects and their associates occurs, hopefully resulting in a lull of crime in the area. I can't say we solved Officer Hartless' murder, but we did arrest many of the subjects either involved in his murder or their close associates and had a significant impact in making our city a safer place.



Israel Engagement—Learning and Helping By Rhonda Amber and Jonathan Licht

We took advantage of and were wowed by the teachings of Dr. Rachel Korazim when she was in San Diego in May. Congregation Beth Israel, Congregation Dor Hadash and Temple Emanu-El, came together to commemorate Israel's Memorial and Independence Days. Dr. Korazim, a renowned educator in Israel, presented "From Grief to Gratitude: Voices from Israel." She used Israeli songs, some classic and known to all of us, modern and even some from post October 7^{th to} teach. She was able to demonstrate the difficult transition that occurs in Israel as Yom HaZikaron is memorialized for one day and then, without pause, Yom Ha'Azmaut is celebrated. This year the transition as expected was as hard as anyone could remember.

At Temple Emanu-El later that week, she taught another class, "The Silver Platter from 1947-2024." Under Korazim's expert guidance, we studied Natan Alterman's poem "The Silver Platter," using a calendar timeline of the events surrounding the War of Independence that transformed Israel and her people. It was an incredible method to learn about the people, and the history of the founding of the state.

In his poem, Alterman foretells the imminent sacrifice of the young soldiers:

Then a nation in tears and amazed at this matter, Will ask: who are you? And the two will then say with soft voice: We are the sliver platter on which the Jews' State was presented today.



We would like to share this learning experience again, engaging even more members of our Temple and our community.

Dr. Korazim has offered to use her teaching talent to raise money for unmet yet critically needed war-related services. She will provide additional learning sessions to congregations and the congregations would pay a fee for these Zoom classes. She is determined to give back and said that she will Zoom with us at any time of day, even to the detriment of her sleep. We would like to take her up on this offer.

Resuming this fall, Israel Engagement is searching for a time and mechanism to better hold regular meetings and programming. If you are interested in this group and our events, please email Rhonda at rjamber2011@gmail.com with preferred dates and times for meetings, in-person and Zoom events.

We invite you to join our Chai Circle Program...

Chai Circle

Temple members who are able to go above and beyond the standard Temple dues requirement enable us to continue our high standard of services and programs for all members, regardless of means. In addition to your own membership, Chai Circle provides dues help for a family in need and a Jewish education for their children. Participation strengthens the bonds of our Temple family.

Please consider joining at one of the following levels:

Chai (Circle of Life) \$4550 annually

Bonim (Builders) \$5675 annually

N'deevim (Benefactors) **\$6800** annually Shomrim (Guardians) **\$7925** annually

For more information about our Chai Circle program, please contact Executive Director Shaun Copans.



We'd love to share your simcha!

Do you have an engagement, a wedding or a new baby in your family? Share your happiness with the congregation! Please email the information to publicity@teesd.org to be included in an upcoming bulletin.

In our Sanctuary there are two special and always visible means of acknowledging those we wish to honor and those we wish to remember: Leaves on the Tree of Life and Plaques on the Memorial Board. In addition, the Temple has cemetery plots for sale in the Mt. Sinai II lawn at El Camino Memorial Park. For more information please call the office at 619-286-2555.





988 is the new three digit code to route callers to the National Suicide Prevention Lifeline for support 24 hours a day, 7 days a week. Please remember this number if you or someone you know is in crisis. There is no charge. Call or text 988, or chat at 988lifeline.org from anywhere in the country.

CARS

Temple Emanu-El has signed on as a partner of CARS, a nonprofit organization that takes donated vehicles and returns 80% of the proceeds to the organization of the donor's choice. CARS was founded in 2003 and has donated millions of dollars to nonprofits across the country.

The process is simple: log on to careasy.com and follow the three easy steps. You can select Temple Emanu-El as your nonprofit of choice, provide the information about your vehicle and arrange for CARS to pick up at your office or home. They will work around your schedule and take care of all the paperwork. There is no cost to the donor and donations are tax deductible.

If you or someone you know has a vehicle they would like to donate, visit **careasy.org** to learn more about the process or contact anyone at the Temple office for assistance.

Thanks for your support.



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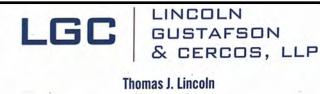


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BULLETIN DEADLINES

July 5 for the August issue August 5 for the September issue





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	July	y 2024	Sivan—	Tamuz 5	784	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	July 1 • 25 Sivan	July 2 • 26 Sivan	July 3 • 27 Sivan	July 4 • 28 Sivan	July 5 • 29 Sivan	July 6 • 30 Sivan
	Preschool Summer Camp Session 2 Thru July 5 Mah Jongg 1:30 pm	Drum Circle 3 pm	Coffee with the Rabbi 11 am	Independence Day Preschool and Office Closed	Shabbat Service 6 pm	Torah Study 9 am Shabbat Morning Service 10:30 am
July 7 • 1 Tamuz	July 8 • 2 Tamuz	July 9 • 3 Tamuz	July 10 • 4 Tamuz	July 11 • 5 Tamuz	July 12 • 6 Tamuz	July 13 • 7 Tamuz
	Mah Jongg 1:30 pm		Coffee with the Rabbi 11 am	Bridge with Benj 12:30 pm No Youth Choir Rehearsal No Adult Choir Rehearsal	Shabbat Service 6 pm	Torah Study 9 am Shabbat Morning Service 10:30 am Adult Ed Movie 7 pm
July 14 • 8 Tamuz	July 15 • 9 Tamuz	July 16 • 10 Tamuz	July 17 • 11 Tamuz	July 18 • 12 Tamuz	July 19 • 13 Tamuz	July 20 • 14 Tamuz
Pride Brunch 10 am	Mah Jongg 1:30 pm		Coffee with the Rabbi 11 am	Sisterhood Planning Meeting 10 am Bridge with Benj 12:30 pm No Adult Theatre Rehearsal	Pride Shabbat Service Ventura Cove 6 pm	NO Torah Study Pride Parade 10 am No Shabbat Morning Service
July 21 • 15 Tamuz	July 22 • 16 Tamuz	July 23 • 17 Tamuz	July 24 • 18 Tamuz	July 25 • 19 Tamuz	July 26 • 20 Tamuz	July 27 • 21 Tamuz
	Mah Jongg 1:30 pm Safe Parking Dinner 5:30 pm		Coffee with the Rabbi 11 am	Bridge with Benj 12:30 pm No Youth Choir Rehearsal No Adult Choir Rehearsal	Shabbat Service 6 pm	Torah Study 9 am Shabbat Morning Service 10:30 am
July 28 • 22 Tamuz	July 29 • 23 Tamuz	July 30 • 24 Tamuz	July 31 • 25 Tamuz			
	Mah Jongg 1:30 pm		Coffee with the Rabbi 11 am	2		
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