



HA-SOFER THE SCRIBE

Iyar—Sivan 5784

June 2024

TEMPLE EMANU-EL • 6299 CAPRI DRIVE, SAN DIEGO, CA 92120-4632 • (619) 286-2555 •

Annual Congregational Meeting

Wednesday, June 5

6 pm

The annual meeting's agenda will include approval of the budget for fiscal year 2024-2025. Access to the meeting will be both in person and on Zoom.

All members in good standing are entitled to vote. Please contact Executive Director Shaun Copans if you would like to check your status.

SLATE OF OFFICERS & BOARD OF DIRECTORS

PresidentMatt Meis
 1st Vice President.....Stefani Lenett
 Financial Secretary/2nd Vice President.....Barbara Braasch
 TreasurerJeff Schindler
 Recording Secretary Alec Irwin
 Executive Past -President. Eric Rosenzweig
 Immediate Past Presidents..... Marc Glazer, Cathi Marx

DIRECTORS

(Beginning first year of first two-year term)

Josh Clavell, David Mendel, Erika Rosen

DIRECTORS

(Beginning second year of first two-year term)

Daniel Cohen, Joe Cohen, Andrea Musicant, Debbie Tirouda

DIRECTORS

(Beginning first year of second two-year term)

Marcia Berneger, Aimee Le, Jane Muschenetz

DIRECTORS

(Beginning second year of second two-year term)

Felise Zollman

WRJ Representative

Becca Bierman

Youth Representative

To be determined

LEAVING THE BOARD OF DIRECTORS WITH OUR SINCERE THANKS

Amy Blum, Gail Braverman, Richard Erth, Barbara Learner

Your Vote counts!

Saturday, June 1
 Shabbat Morning Service 10:30 am
Bat Mitzvah
 B'chukotai, Leviticus 26:3-27:34
 Jeremiah 16:19-17:14

Friday, June 7
 Shabbat Service 6 pm

Saturday, June 8
 Shabbat Morning Service 10:30 am
Bar Mitzvah
 B'midbar, Numbers 1:1-4:20
 Hosea 2:1-22

Friday, June 14
 Shabbat Service 6 pm

Saturday, June 15
 Shabbat Morning Service 10:30 am
 Naso, Numbers 4:21-7:89
 Judges 13:2-25

Friday, June 21
 Shabbat Service 6 pm

Saturday, June 22
 Shabbat Morning Service 10:30 am
 B'haalot'cha, Numbers 8:1-12:16
 Zechariah 2:14-4:7

Friday, June 28
 Shabbat Service 6 pm

Saturday, June 29
 Shabbat Morning Service 10:30 am
 Sh'lach L'cha, Numbers 13:1-15:41
 Jeremiah 32:6-27



From Our Temple President

by Matt Meis



As my first year as president comes to a close this month, I thought I would share with you some of our accomplishments in 2023-2024.

- Our membership is up to 495 households, more than ever before in our history, during a time when the trend is declining membership at synagogues across the country.
- Financially, we remain strong. Your Board will present a balanced budget for the 2024-2025 fiscal year at our annual meeting on June 5. We are in a very fortunate position relative to many congregations around the country.
- Thanks to the generosity of many in our congregation, our endowments are growing, ensuring the long-term future financial security of our Temple family.
- This year, we installed a new state-of-the-art security system, which includes new cameras, alarms, a new key card system and more. All help to keep us safer when we are on campus.
- We hired a full-time Music Director, Michelle Jirkovsky, who inspires our youth while joyfully engaging our congregation and creatively broadens our touch within the greater community.
- We have completed work on our new Code of Ethics and Conduct. This project, which has been one of my goals as president, was encouraged by the URJ for all member congregations. It is a statement of our commitment to the ethical behavior we have always fostered and expected from one another at Temple Emanu-El.
- By the time you read this, we hope that our brand new Temple website will be online. This project, headed by our Executive Director, Shaun Copans, with a team of committed volunteers.

It is my goal for my second year as president, and my promise to you, to continue to reach for new milestones, and together with your entire Board of Directors, to ensure that Temple Emanu-El is, and continues to be, a home, a family, a warmth to tradition.

Shaun Speaks...



Shaun Copans,
Executive Director

On Saturday, March 23, the Temple held its annual fundraiser, Shushan Nights. More than 130 Temple members enjoyed a wonderful night, complete with delicious Persian food, unique drinks, Havdalah, music, a raffle, a video highlighting the Torah School, an auction, and a special performance by two belly dancers.

This year, the Temple's Board of Directors selected the Torah School Endowment Fund as the beneficiary of the event - once all expenses were paid. I am excited to share that \$80,000 will be added to the Endowment Fund from the fundraiser, which brings the total amount of this fund to over \$400,000! Building the endowment provides financial health and long-term stability for future generations of Jewish students.

There are so many people to thank for their role in the fundraiser. The volunteers, especially the event committee, chaired by Andrea Musicant, and members Shiri Haines, Stefani Lenett, Debbie Tirouda and Julie Sadja for all their efforts to ensure the event ran smoothly. Special recognition goes to Julie for the amazing décor.

We appreciate all the underwriters, sponsors, live auction supporters, raffle ticket buyers and auction prize donors. Thank you for your continued support of Temple Emanu-El and our Torah School.



Mazal Tov



To Rabbi Devorah Marcus and Sebastian Eickholt on the birth of their son, Rafael Natan, grandson of Nancy Marcus



To Torah School Administrator Star Laddon on her retirement after 20 years of service to Temple Emanu-El



To Michelle and Charlie Jirkovsky on the birth of their daughter, Melody Charlotte, and granddaughter of Natalie and Claire Fritz



To Front Office Administrator Brandy Thomas and Joseph Alegria on their marriage

Pride Events 2024

In 1998, ours was the first Jewish organization to participate in the LGBTQIA+ Pride Parade. We have marched every July since then, and it is truly an uplifting, exhilarating and positive experience. Mark your calendar to participate in this year's Pride Parade on Saturday, July 20, and for these other events as well.

Pride Brunch

Sunday July 14, at Temple Emanu-El

Light Up the Cathedral

Wednesday, July 17, 7 pm

Each year, LGBTQIA faith leaders and allies hold an Interfaith Pride Celebration at St. Paul's Episcopal Cathedral in Hillcrest. After the service, the Cathedral is lit in rainbow colors.

Pride Shabbat

Friday July 19, 6 pm

We will join with other congregations for an outdoor Shabbat service. Bring a picnic dinner and share time with others in beautiful San Diego.

San Diego Pride Parade

Saturday, July 20, 10 am

Show San Diego that Temple Emanu-El is a supportive and safe community for all Jews. More details will be available in July, including information on the route and details on parking. Free T-Shirts available for those that walk the route. We will not know our contingent number until the week prior to the parade.



More details will be in the July bulletin and on the Temple website. For questions, please contact Aimee Benner at socialaction@teesd.org. For information on all Pride events in San Diego, please see sdpride.org



Mitzvah of the Month – Clothes for Mesa College Students



Students at Mesa Community College are studying, graduating and preparing to enter or re-enter the workplace. They need appropriate business clothing for interviews and professional ventures.

The Stand Basic Needs Resource Center on campus provides a free clothing closet for students, stocked with gently used professional clothing, including pants and slacks, blouses and dress shirts, skirts, dresses, suits, jackets and all kinds of shoes, dressy and casual. In addition, they offer accessories, such as handbags and belts, new socks and underwear, and unopened toiletries, both travel size and full size.

Please bring your donations to the white Social Action barrel in the lobby of the Temple office and Social Action members will make sure they are delivered.

For questions or more information, contact coordinator Helen Elias at socialaction@teesd.org.



Helping to Repair the World

Your generous donations to Temple Emanu-El's Social Action Fund are used to serve the needs of the community, locally, nationally and internationally.

In May, funds were sent to Friends of Yad Sarah (friendsofyadsarah.org). Yad Sarah provides a range of services, including loan of durable medical equipment such as wheelchairs, hospital beds, and more in Israel for free or at nominal cost for sick, disabled and elderly people and their families. They provide day rehabilitation services, family violence intervention, transportation for those with special needs, emergency alarm response and much more. Founded in 1976 as a local initiative, they have grown to over 120 branches throughout the country and more than 7,000 volunteers. They are the largest volunteer organization in Israel, run by volunteers and supported by donations.

In June, we will allocate money to Direct Relief (directrelief.org), which is active in all 50 states and more than 80 countries, with a mission to improve the health and lives of people affected by poverty or emergencies. Its assistance programs focus on emergency preparedness and disaster response, and the prevention and treatment of disease. They work with local partners to provide medical aid following hurricanes, earthquakes and wildfires.

The Social Action Committee carefully screens all recipients to make sure money you donate to the Social Action Fund to continue the work of tikkun olam is spent wisely. We appreciate your donations, large or small, to help with this work.



JFest 2024

The Lipinsky Family Jewish Arts Festival is celebrating 31 years of performances showcasing Jewish history, people and ideas in virtuoso music, theater, dance and fine arts. Tony Award winner Mandy Patinkin will perform in concert at the Balboa Theater on June 4. Rabbi Devorah and five other local women will be honored at the 15th Annual Women of Valor, on June 18 at the Jewish Community Center, and on June 23 at Leichtig Commons. *Refuah* is a community wide concert that captures the many aspects of healing. The 23rd Klezmer Summit: From the *Shetl* to the *Shuk* draws from Middle Eastern folk melodies and rhythms. Italian Jews through the generations incorporates performance, reading, lecture and poetry with an Italian dinner.



15th Annual Woman of Valor

June 18 @ 7:30pm | [Lawrence Family JCC](#)

Honoring Sara Brown, Debbie Kornberg, Vered Libstein, Rabbi Devorah Marcus, Bev Pamensky, and Dr. Barbara Parker.

In this festival mainstay we honor the lives of six San Diego area Jewish women through words, music and images. Come hear their stories and leave uplifted and inspired.

“A woman of valor, who shall find?” asks the famous psalm. These 6 inspiring women have made unique contributions to our community. JFest celebrates their lives and accomplishments.

“A full list of events and ticket information is available at [sdjfest.org](#).”

Yashar Koach

To Ron Cohn and Family on being presented with Father Joe’s Village Award at the annual Children’s Charity Gala:
Tales of Hope

To Rabbi Martin Lawson on celebrating the 50th anniversary of his ordination as a rabbi

Todah Rabah

To Barbara Pollack for her work on editing the bulletin





Torah for the Table: "The Finale" Wednesday, June 12, 6 pm

Like any great Broadway show, Rabbi Devorah and Barry Lander wrap up this season of Torah for the Table with a spectacular **Finale** circling back to the great Jewish composers who make the music "sing"!
The cost is \$36 for an individual class.

Please check your email messages for additional information and other upcoming Adult Ed programs. For questions, contact Rabbi Benj Fried at benjfried@teesd.org

Claire Handler Gift Shop

Our Temple Gift Shop, located in the lobby of the Sanctuary building, is a perfect place to find a wonderful variety of items for all occasions. Whether you are looking for something new to enhance your holiday celebrations or a gift to express appreciation to a host or for someone establishing a new home, you will find a great selection. Right now, we have *Bring Them Home-Now* necklaces remembering the 132 hostages who remain in Gaza for \$18, all proceeds go back to Israel to help the families. The Gift Shop is available any time the Temple office is open – just come into the office for assistance. It is also now open on Sundays when Torah School is in session. We are looking for a few more volunteers. Training is provided, and the schedule is flexible. Contact Natalie Fritz at office@teesd.org for more details.



Drum Circle Tuesday, June 4, 3 pm

Hello drummers!

After a brief pause in May, the Drum Circle will resume its "rumbling" on the first Tuesday in June in the Temple Courtyard, weather permitting. Your rhythm will resound along with the chirping of birds under blue skies.

Ira Moskowitz, our skilled, trusted leader and active congregant will guide our drumming. Bring your own drum or use one that is provided. Feel free to bring a friend or relative – there is no requirement to be a Temple member, and there is no charge to attend. We will bid a fond farewell to Leanne Pearl, who has led our drum circle for the past five years.

We are fortunate to have Michelle Jirkovsky, the Temple Music Director, as a drum member. She makes a vital connection to our synagogue with her presence, and arranges to supply and store our drums.

Bring your own rhythm, which you might not realize you even had, and learn rhythms from others! You can leave your "to do" list at home. We have a lot of fun, and drumming helps to reduce stress.

We appreciate that Victor Palos sets up our chairs, and that Donna Lopez promotes the Drum Circle in Temple publicity.

If you have any questions or concerns, please contact Bonnie Baron at bonneiebaron@gmail.com. She can also send a reminder to you the week before each drum circle. Hope to see you in June!



Adult Education



Supporting Lifelong Jewish Learning

The Summer Reruns Film Series

Then She Found Me

Saturday, June 15, 7 pm

Temple Sanctuary



Based on Elinor Lipman's novel, this movie addresses topics like religious faith, motherhood and adoption. April Epner (Helen Hunt) is a practicing Jew. Adopted as a baby, she felt her parents loved their biological son more than her. She's 39 and wants a child of her own, but her husband (Mathew Broderick) decides to leave her. Meanwhile, April's birth mother (Bette Midler) tries to reconnect with her. April starts dating Frank (Colin Firth), the father of one of her students. There are complications in her attempt to have a child that challenge her faith. The film straddles the line between comedy and drama but never gets too bogged down in pathos.

The movie, directed by Helen Hunt, was made in 2007.

Laurie Baron will introduce the film and lead the discussion after it is screened.

There will be a bring your own dinner at 6 pm in the courtyard.

Torah Study

Saturday mornings—9:00 am In Person and on Zoom

An in-depth study of Torah portions and commentary. Come in person or connect from home.

Zoom links will be provided in the Temple's weekly emails.

NO Coffee with the Rabbi during the month of June

Please consider a contribution to the Adult Education Fund to help support the Committee's efforts to continue to engage speakers and provide the high quality of life-long learning experiences that have become an integral part of Temple Emanu-El. Program costs are continuing to rise, and we need your support.



Mailbox

Thank you for your donation in the aftermath of the October 7 Hamas attacks in Israel. Your generosity helped us to provide crucial medical equipment and supplies when it was needed most. These funds were channeled to build an even more resilient Israel.

In the immediate aftermath of the attacks, 25 ambulances were airlifted to Israel to replace the 16 which were destroyed by Hamas. We obtained sponsorship for even more to increase our fleet. Funds for more than 98 first-responder motorcycles were also secured. We provided ballistic vests and helmets to protect EMT's and paramedics, as well as trauma kits and medical supplies to treat critically injured patients. Magen David Adom (MDA) will train at least two residents as EMT's in nearly every kibbutz in the south, in towns along the border and in settlements in Judea and Samaria. MDA will equip these communities with trauma kits and equipment to make them self-sufficient in the short term should they ever again find themselves under siege.

On behalf of our organization and all the people of Israel, thank you for your role in saving lives.

Mark D. Lebow, National Chairman
Catherine L. Reed, Chief Executive Officer
American Friends of Magen David Adom

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Your generous contributions to the Social Action Fund make it possible to respond to needs in our community and around the world. Thank you for providing dinner to 60 people at the Safe Parking Program at Jewish Family Service. JFS partners with people of all backgrounds to build stable and dignified lives. You made a profound difference when you joined us in our commitment to meet people where they are in their journey, with critical services and support that uplifts and empowers. Together, we create a stronger and healthier community where everyone can thrive.

Michael Hopkins, Chief Executive Officer
Jewish Family Service of San Diego

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The Social Action Committee coordinates dinners every few months at the Safe Parking Program at Jewish Family Service.

Thank you for your generous gift to Jewish Federation's Israel Emergency Fund. This compassionate support provides light and hope during times of crisis. As we continue to monitor the evolving situation and connect with local communities about their needs, your gift will provide essential supplies for those who have been displaced, most immediately from our sister region of Sha'ar HaNegev, and more to those affected by this crisis.

* * * *

We have already sent significant funds to victims of the attacks and their families and will continue to respond swiftly in the days ahead. In living out our value of tikkun olam, we stand with the people of Israel and believe our collective efforts can make a meaningful impact on their recovery.

As a donor, you help ensure vibrant, connected and enduring Jewish communities in San Diego, Israel and around the world. Together, we strengthen Jewish life by caring for Jews in need, cultivating and nurturing future Jewish leaders, building lasting people-to-people relationships, and creating a resilient, secure community for our Jewish partners, people and allies.

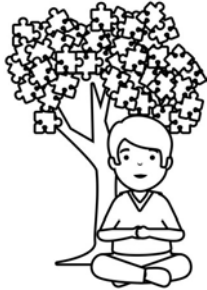
Heidi Gantwerk, President and CEO
Jewish Federation of San Diego

Attention: Parents of High School and College Seniors

We'd love to share your simcha! Please email publicity@teesd.org if your son or daughter will graduate from high school or college this year - we'd like to include plans for future study as well. We will publish the information in an upcoming bulletin.



Summer Break



It's that time of year. "I'm bored," said the young boy.

Do you hear that from your kids? It's summertime! Young people suffer from depression and anxiety just as parents and caregivers do. Recovery International (RI) has a program for young people called Power Your Mind. Feel free to contact me about it.

What can you do to get rid of those symptoms? During the summer, we will continue have RI meetings each Thursday at 10 am in the Temple Library. There is no beginning and no end. The key is to just show up. You will get relief. It is a muscle memory method that has stood the test of time for 87 years. Dr. Abraham Low, our founder, believed that there were

no hopeless cases.

Here are some spots that can get you through summer upsets:

- *You might feel helpless but there are no hopeless cases.*
- *When we control our speech muscles, we have nothing to regret.*
- *We can move our muscles despite how we feel.*
- *It's distressing but not dangerous.*
- *We endorse for all of our efforts.*
- *We don't take the place of the professionals. We complement them.*
- *We don't give advice; we don't talk about medication the past, or the future.*



We use a four-step RI method that works down our symptoms. I have said many times that RI helped me regain my mental health.

Thank you to all the RI members and all those in the Temple community for supporting the NAMI Walk and Resource Fair in April. There were over 100 tables of mental health resources and over 3,000 people who came to make a difference.

If you have any questions on RI, please email us at SanDiego@recoveryinternational.org or call our office at (619) 383-2084. For more information on RI, see our website recoveryinternational.org.

Torah School

Star Laddon and I want to thank all of the parents and volunteers for the hard work they have put in this year. We had an incredible year at the Torah School with many successes and joys. We look forward to a restful summer break and returning with enthusiasm in the fall!

First day of School September 8th!

Rabbi Benj



Community Corner
Regrets: How to Live with “If Only”

by Gail L. Braverman, M.A., LMFT, and Temple Board Member

Have you ever said to yourself “if only?”

It is a rare person who can say they have no regrets. Every choice we make requires us to leave other choices behind. No matter how good a decision is, there may be those moments when you wonder what it would have been like if you had made a different one. Decisions are about trade offs.

Like most things in life, regret has an up side and a down side. It can be a humiliating and debilitating process, but it can also be a tool for learning. You can learn from your mistakes to move forward, maybe in a different direction.

One of the things that fuels regret is perfectionism that is based on the myth of the ideal life. We live in a culture that tells us we are entitled to be happy and fulfilled all the time, that we shouldn't be frustrated and should have most everything we want. More of everything is being flaunted in commercials, advertisements and magazines. Products become outdated almost as fast they come off the assembly line for something bigger and better. Your expectations and demands about what your life should be can magnify your regrets because regrets are always comparing what you have with what you think you need.

Dos and Don'ts of Regrets:

DOs:

- Do normalize that we all make mistakes.
- Do focus on what you can learn, not on what you did wrong.
- Do ask yourself what you were thinking when you made the mistake.
- Do ask yourself what you were ignoring when you made the mistake.
- Do ask yourself how you can use the information you have gathered.
- Do ask yourself how you can avoid this mistake in the future.

DON'Ts:

- Don't look back on your life and think of how much better off you would have been if you had done something else.
- Don't dwell on all the negatives that you experienced and discount all the positives.
- Don't idealize the choices that you did not make.
- Don't insist that you should have known better.
- Don't criticize yourself for not having known better.
- Don't measure your choices by the best outcome that you can imagine.
- Don't insist that you need to know everything before making a decision.
- Don't expect a free lunch. Every decision involves some uncertainty and compromise.

Reflection: You don't have to make decisions based on avoiding regret or by pursuing the perfect answer. Living in the real world requires compromise and settling for less than perfect.

Today's Practice: Recall a decision you made in your life where you had regret, but after a while you found the good that came from it.

Comments are welcomed: gbrave3333@aol.com

Contributions

Contributions received after the first of the month will be published in the next month's bulletin.



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Commemorate a life cycle event or remember a loved one with a donation to one of the Temple's specially designated funds.



YAHREZEIT OBSERVANCE

Zecher Tzadik Livrach – The Memory of the Righteous is a Blessing

The following yahrzeits will be commemorated at Shabbat services:

<p>May 31 & June 1 Amy Singer Donald Bennett *Major Rick Crocker *Stanley Rosen *Rita Hamovitch *Leslie Smith *Oscar Spilkin Betty Barkin Martha Dix Ruth Pollack Bertha Strauss Rabbi Haim Asa Dorothy DeSure Joseph Fagenbaum *David Flesner Sylvia Korey Marv Donner Mollie Prenner Sam Bennett Ida Seiden Barbara Shive Louise Winicki Sylvia Clorfeine Florence Guss Mae Jordan Bill Musbach Harold Sherman Anne Cohen Paul Tendick *Manley Kaufman Darlene Barkley Eve Smith Lee Cooke Gerald Levin Peggy Dashevsky Anne Cohen Andre Dubuque *Sarah Billie Smith Ron Baranov Edward Feldman Corinne Fraser Chip Garry Joseph Hirsch Irwin Jack (Sonny) Sonsky Isaac Lias *Shimon Camiel Milton Lubin</p>	<p>June 7 & 8 Charles Satlof Rebecca Dreizen Alissa Mae Taliesin Sandy Bolotin Juliet Jacobs Kossman Maurice Krasnow Gladys Lavender *Archie Schoenkopf Jack Lyons Morris Schneider Koushik Seetharaman Esther Maccabee *Bonnie Ruth Brown Joseph Morris Erela Puritsky *Rose Spector *Lillian Spilkin Herman Wittenberg Shelly Balloon Henry Segal Sandra Blankfeld Miriam Falik Harriet Franks *Raye Lenett Mary Ann Youngren Jean Shapiro Sarah King Leonard Lurie Jean Shapiro Deborah Tarlowe Jayalakshmi Rao Flora Kirman Jerry Rosenthal David Sandler *Esther Weissberg Wagner Andrew Keys Gloria Bohrer Seymour Farber *Edward Kitaen Rose Sklute Joe Weitzen</p>	<p>June 14 & 15 Gloria Albert Sandra Golden Charles Kagan Paul Rosen Jake Minsky Joel Barron Zel Camiel Celia Seid *Beatrice Smith *Daniel Somers Bernard Zeavin Florence Brown Reba Green Irwin Kantor *Joseph Tonopolsky Cheryl Baron Deanne Bloom Mina Feldman Jack Fisdell Fred Sciammas *Anne Goldy *Milton Kass *Louis Kessler *Morris Naiman Sidele Rostholder *Tillie Sarnoff Lillian Schaeffer Ronald S. Smith Mary Cherniss David Michael Flesner Dora Danneman Brill William Goldstein Elizabeth Kantor Rose Lander Mary Katner Holzberg Paula Wilbert Ethel Elinson Sydelle Lewis Israel *Adele Lederer Levy Mack Freedman Barbara Mason Anna Palasnick *Marvin Paymer Sadie Mervis Hal Olcott</p>	<p>Cont. June 14 & 15 Herbert Brecher Edward Gerwin Elaine Furman Irving Klase *Phyllis Kornfeld *Sarah Leichtag</p> <p>June 21 & 22 Norman Baumgarten Barbara Orner Rob Walters Melvin Karzen Muriel Gootkin *Leo Siegel Susan DeSure Don Devor *William Einbinder Alexander Amber Eugene Furman Harry Feder Erwin Schwarz Geoff Bjork Maurice Friedman Pearl Garfinkel Morris Hirsh Robert H. Lurie *Ethel Togut Ruth Tukeman Sidney Applbaum Helene Fried Terry Fuller Helen Pollak Seymour Goldman Adrien Gomes Steven Marcus Evelyn Steres Aron Arenson Gerald Davis *Charles Derezin Dora Goldman *Mildred Eger Joan Green *David Handler Myer Mervis</p>	<p>June 28 & 29 Samuel Raboy Murray Lee Frant Fred Lyons Sue Chaiton Steve Foerder *Jean Iglow Rabbi Monroe Levens Hilda Spritz Joyce Weitzen Sylvia Kay Helen Kipp Rita Gilda Okrent Aaron Shulman Tamara Strauss Judith Krakauer Margaret Nordstrom *David Louis Rubenstein Mae Berlow *Edith Katz Myla Musicant Herbert Tishkoff Stephen E. Kikta Isaac Epstein Gert Pollak *Gary Martin Cohn Louis Medoff</p>
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* designates a memorial plaque in the Sanctuary lobby



In Our Temple Emanu-El Family

JUNE BIRTHDAYS

6/1	Fern Hall Sasha Jonestein Suzanne Moss-High Elliot Spagat Sophia Williams		6/9	Linda Timlin		6/18	Solomon Nudd
6/2	Sarah Benner Naomi Crone Richard Lampke Gregory Martin Jessica Meyer Sonya Ponomarenko Barbara Saltzman		6/10	Dan Benner Elizabeth Brown Helen Levin Kavi Sateesh		6/19	Marcia Berneger Camellia Mortezaadeh
6/3	Emma Sand Brice Westphall		6/11	Scott Brown Fran Daly Arlene Glube		6/20	Tristen Foosaner-Beal Elizabeth Mandel Matt Meis
6/4	Annie Hall Megan Blum Hopgood Aria Sateesh Cheryl Zitsman		6/12	Hersch Kagan Solomon Sciammas		6/21	Noa Chaim Joanne Einhorn Michele Greenberg-McClung Doug Grosmark Max Hegler Erin Karp
6/5	Lydia Krasner		6/13	Bonnie Baron Avrille Copans Raegan Fefferman Clayton Lange Burke Summers		6/22	Isaac Hirschbein Dena Kaplan Mickey Zeichick Rishona French
6/6	Greg Houska Jane Muschenetz Miriam Rosen Nicholas Jiau		6/14	Kathy Beitscher Summer Silver Edward Falk		6/23	Judy Applbaum
6/7	Dianna Gittelman Evan Keenan Jack Luchans		6/15	Fiona Cohen Kimberly Corbett Harry Ellison Lynne Glazer Betty Lyon Joel Segal Eva de la Torre		6/24	Pat Clorfeine Fred Link
6/8	Amara Berg Steve Davis Zackary Siperstein Charlie Cohen		6/16	Zachary Gellens Jackie Tolley Hudson Cobak Laura Satterlee		6/25	Jennifer Mestman
6/9	Ben Barnik Gavin Cohen Rabbi Marty Lawson Elia Nagel Zachary Patterson		6/17	Linda Sand Jacob Showman Logan Mark Madeline Sheppard-Marvin Jeffrey Deitel		6/27	Emily Arkin Shiri Haines
			6/18	Matthew Mandel Sarit Segal		6/28	Aaron Gonchoroff Cora Nissan Terri Roseman Ophelia French Zadok Tran
						6/29	Benjamin Saltman Hana Schacht
						6/30	Phil Dyson Skylar Socol Sanford Ehrlich Hannah Weinstein



Temple members who are able to go above and beyond the standard Temple dues requirement enable us to continue our high standard of services and programs for all members, regardless of means. Please consider joining at one of the following levels:

Chai Circle



שומרים Shomrim (Guardians)

All levels of Chai Circle and Life Membership will have their names published at High Holy Days and in HaSofer (The Scribe). For more information about our programs, please call the Temple office at (619) 286-2555.

Life Membership

Thank you to our lifetime endowment members



Add Your Strength to Ours!

Below is a list of contacts for committees, projects and other ways to become more involved in the life of Temple EmanuEl. Please reach out to any of these groups to learn more about their work, and how you can become involved.

- **Adult Education** adulthood@teesd.org
Rabbi Benj Fried (619) 286-2555
- **Advocacy** advocacy@teesd.org
Barbara Learner
Janice Steinberg
- **Budget and Finance** financecommittee@teesd.org
- **Caring Community** caringcom@teesd.org
- **Endowment** endowment@teesd.org
Bob Rubenstein
- **House & Grounds** housegrounds@teesd.org
Steve Naiman
- **Library** office@teesd.org
- **Membership** membership@teesd.org
Amy Blum
- **Mental Health** mentalhealthcom@teesd.org
Marie Raftery
- **Mi Shebeirach Tapestry** tapestry@teesd.org
Claire Fritz
- **Preschool** preschool@teesd.org
- **Publicity** publicity@teesd.org
- **Safety/Security** security@teesd.org
Greg Houska
- **Social Action** socialaction@teesd.org
- **Torah School** thscom@teesd.org
Jane Muschenetz
Patricia Cardozo
- **Women of Reform Judaism** wrj@teesd.org
Nancy Marcus
Barbara Chancy
- **Youth** rabbibenj@teesd.org
Rabbi Benj Fried



Women of Temple Emanu-El

by Barbara Chancy and Nancy Marcus, Co-Presidents

It is hard to believe that this fiscal year is drawing to a close. WTEESD has had a very good year. We began with a planning meeting last summer and that has guided us this year. Thank you to **Flo Bornstein** for suggesting it.

We started with Mah Jongg lessons and continue to enjoy weekly games at Temple. We have all levels of players, so feel free to join us on Mondays from 1:30-4:00 in the Sanctuary. And a huge shout out and thank you to **Marcia Berneger**, who has been our very patient teacher.

We have had three Bunco events. They have been such fun. We will continue them next year.

Look for a summer daytime Bunco Day. Information will be sent out. Thank you to **Robbie Turner** who had been our teacher and leader for this and welcome aboard to **Beth Mann** who will be leading Bunco next year.

Supper in the Sukkah was such a fun evening. Thank you to our amazing Master Gardener, **Frank Borkat** and his wife **Sunny** for giving us such a wonderful program that night.

Thank you to **Rabbi Benj**, who so ably led the Tu B'Shevat Seder. We were so happy to have students from the Into to Judaism class join us. Everyone who attended got a JNF metal box to collect tzedakah at home.

Our Artisan Festival Committee, so ably chaired by **Pat Libby**, **Barbara Braasch** and **Beth Mann** did an amazing job. We had a wonderful day and are looking forward to the AF next fall on Sunday, November 3. The Committee is already hard at work. If you are interested in being involved, just let us know at wri@teesd.org.

Sisterhood Shabbat was beautiful. The service was compiled by **Flo Bornstein** and the music was led by **Michelle Jirkovsky**. It was a beautiful service, and we cannot thank them enough for all their effort.

Our Women's Seder was wonderful. **Michelle Jirkovsky** worked with us to adapt a service written by another sisterhood and it was so amazingly beautiful! We had a wonderful evening.

Thank you's also go to **Rhonda Schwartz** for organizing our theater events, **Cecile Fleetwood** and **Becca Bierman** for Craft Night and more. And thank you to **Elana Levens Craig** for being our Social Media Chair and sending out our Birthday cards and Condolence cards.

Most of all, we thank **Alana Chancy** for creating our flyers all year. She does a fantastic job. Her work is beautiful, and we are so appreciative! Todah Rabah to you all!



Mazal Tov on Becoming Bat Mitzvah!



Erin Zollman

Bat Mitzvah • June 1, 2024

Daughter of Fran Daly and Felise Zollman

Mazal Tov on Becoming Bar Mitzvah!



Jack Luchans

Bar Mitzvah • June 8, 2024

Son of Jared and Samantha Luchans



Safety Reminders by Greg Houska, Safety/Security Committee Chair

This month, we return to awareness of safety and preparation for crisis, which is a concern for most of us. Unfortunately, our world continues to be a very troubled place. Hopefully things will return to some semblance of normality soon and people may focus on seeking employment or concentrating on combating injustice. But until then, I offer some friendly reminders to help keep you safe.

- “See something, say something” is not just some catchy phrase. If something doesn’t seem right, bring it to the attention of the authorities. It’s better to say something and be wrong, than say nothing and have something bad happen.
- Be a good witness. Take photos; write down license plates and descriptions of subjects. Being able to provide details on vehicles, details on a person’s features, including race, height, age, type and color of clothing, and anything else you note are very helpful in identifying subjects.
- Watch or re-watch the FBI video “Run, Hide, Fight.” Always be aware of your surroundings and identify the locations of the exit doors. Plan what you will do if something bad happens.
- For heaven’s sake, put your cell phone down! Nothing you are reading or watching is that important. Also, I know listening to music via earbuds is a convenient and entertaining part of your day but consider only utilizing only one of them so you can be attuned to what is going on around you. If you run or hike in secluded areas, wearing earbuds makes you very vulnerable to an attack.
- Keep up on your first aid skills. Everyone should have a kit in their vehicle or home with at least the basics: bandages, gauze pads, a one-way valve mask, and a tourniquet. Know how to use everything. It is your obligation to know how to do CPR. Take a CPR class.
- Remember the saying, “When seconds matter, law enforcement is minutes away.” We must all be prepared for the worst to happen. The FBI has put out repeated warnings that an attack on our homeland is imminent. I would never talk someone into purchasing a firearm, but if you are considering it, please do so with the understanding that owning a firearm is a huge responsibility and a huge liability. This is mitigated with proper training and common sense. There are many organizations that provide firearms training, including “Guns and Moses,” which, as the name says, helps the Jewish community with gun safety and familiarity.

Stay safe!

Condolences

To Susan Schwarz on the death of her husband. Father of Liana Schwarz and Rachel Schwarz
Michael Schwarz



To Shlomit Shimrat on the death of her mother
Aviva Brin



To Fern Siegel on the death of her husband
Lee Siegel



JUNE ANNIVERSARIES

- 6/1 Frank and Sunny Borkat
- 6/2 Joseph McClung and Michele Greenberg-McClung
Gary and Beverly Steres
Irwin and Sue Goldstein
- 6/3 Jerry and Barbara Chancy
- 6/7 Paul and Penny Arenson
Laurie and Bonnie Baron
- 6/8 David and Irene Lubin
- 6/10 Stan and Benita Mayer
- 6/11 Jerry and Karen Eisman
David and Barbie Graham
- 6/12 Richard and Norma Erth
- 6/13 Scott Craig and Elana Levens-Craig
Bill and Sherry Resh
- 6/14 Dennis and Lois Shive
Danny and Emily Green
- 6/16 Bradley Saran and Desiree Benet-Saran
- 6/17 Thomas and Joyce Fell
- 6/18 Chuck and Marcia Kossman
Mark and Laurie Spiegler



- 6/19 Juan Pablo and Lyndy Cuevas
Evan and Lori Klase
Rob and Cheryl Zitsman
- 6/20 Dick and Byrne Eger
- 6/21 James and Kimberly Corbett
- 6/22 Steve and Dina Naiman
Joel and Sarit Segal
- 6/23 Mark Berger and Jackie Tolley
- 6/24 Lee and Amnon Ben-Yehuda
- 6/25 James Storer and Sarah Clavell Storer
- 6/26 Marc and Dena Kaplan
Roberto and Stella Salzmann
- 6/27 Daniel and Lori Palasnick
- 6/28 Gary and Pat Clorfeine
Ira and Jeri Moskowitz
- 6/30 Benjamin Saltman and Rebecca Bellingham
Isaac Hirschbein and Kathy Beitscher
Kenneth and Arlene Glube
Eric and Jodi Gross
Bruce and Harriet Prenner
James and Cathy Sigismonti



**Preschool
Summer Camp
Registration is
open!**



**JUNE 10-
AUGUST 2**



**CALL THE
PRESCHOOL
FOR MORE
INFORMATION.**

**Core Program from 8:30am-1pm
Extended Care available until 4:30pm
Preschool@teesd.org
619-286-2999**



We'd love to share your simcha!

Do you have an engagement, a wedding or a new baby in your family? Share your happiness with the congregation! Please email the information to publicity@teesd.org to be included in an upcoming bulletin.

In our Sanctuary there are two special and always visible means of acknowledging those we wish to honor and those we wish to remember: Leaves on the Tree of Life and Plaques on the Memorial Board. In addition, the Temple has cemetery plots for sale in the Mt. Sinai II lawn at El Camino Memorial Park. For more information please call the office at 619-286-2555.



CARS

Temple Emanu-El has signed on as a partner of CARS, a nonprofit organization that takes donated vehicles and returns 80% of the proceeds to the organization of the donor's choice. CARS was founded in 2003 and has donated millions of dollars to nonprofits across the country.

The process is simple: log on to careasy.com and follow the three easy steps. You can select Temple Emanu-El as your nonprofit of choice, provide the information about your vehicle and arrange for CARS to pick up at your office or home. They will work around your schedule and take care of all the paperwork. There is no cost to the donor and donations are tax deductible.

If you or someone you know has a vehicle they would like to donate, visit careasy.org to learn more about the process or contact anyone at the Temple office for assistance.

Thanks for your support.



988 SUICIDE PREVENTION HOTLINE

988 is the new three digit code to route callers to the National Suicide Prevention Lifeline for support 24 hours a day, 7 days a week. Please remember this number if you or someone you know is in crisis. There is no charge. Call or text 988, or chat at 988lifeline.org from anywhere in the country.

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June 5 for the July issue
July 5 for the August issue



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June 2024 Iyar— Sivan 5784

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						June 1 • 24 Iyar
						Torah Study 9 am Shabbat Morning Service Bat Mitzvah 10:30 am
June 2 • 25 Iyar	June 3 • 26 Iyar	June 4 • 27 Iyar	June 5 • 28 Iyar	June 6 • 29 Iyar	June 7 • 1 Sivan	June 8 • 2 Sivan
	Mah Jongg 1:30 pm	Drum Circle 3 pm Community Jewish High 6 pm	NO Coffee with the Rabbi Annual Congregational Meeting 6 pm	Bridge with Benj 12:30 pm Rabbi Lawson's Class Tikkun Ha'Am 12:30 pm No Youth Choir Rehearsal No Adult Choir Rehearsal	Shabbat Service 6 pm	Torah Study 9 am Shabbat Morning Service Bar Mitzvah 10:30 am
June 9 • 3 Sivan	June 10 • 4 Sivan	June 11 • 5 Sivan	June 12 • 6 Sivan	June 13 • 7 Sivan	June 14 • 8 Sivan	June 15 • 9 Sivan
	Mah Jongg 1:30 pm	Erev Shavuot Service 6 pm	Shavuot Office and Preschool Closed NO Coffee with the Rabbi Shavuot Service 10 am Torah for the Table 6 pm	Bridge with Benj 12:30 pm No Adult Theatre Rehearsal	Shabbat Service 6 pm	Torah Study 9 am Shabbat Morning Service 10:30 am Adult Ed Movie "Then She Found Me" 7 pm
June 16 • 10 Sivan	June 17 • 11 Sivan	June 18 • 12 Sivan	June 19 • 13 Sivan	June 20 • 14 Sivan	June 21 • 15 Sivan	June 22 • 16 Sivan
	Mah Jongg 1:30 pm Preschool Summer Camp (thru the 21st)		Office and Preschool Closed NO Coffee with the Rabbi	Bridge with Benj 12:30 pm No Youth Choir Rehearsal No Adult Choir Rehearsal	Shabbat Service 6 pm	Torah Study 9 am Shabbat Morning Service 10:30 am
June 23 • 17 Sivan	June 24 • 18 Sivan	June 25 • 19 Sivan	June 26 • 20 Sivan	June 27 • 21 Sivan	June 28 • 22 Sivan	June 29 • 23 Sivan
	Preschool Summer Camp (through 28th) Mah Jongg 1:30 pm		NO Coffee with the Rabbi	Bridge with Benj 12:30 pm NO Band Rehearsal	Shabbat Service 6 pm	Torah Study 9 am Shabbat Morning Service 10:30 am
June 30 • 24 Sivan						

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