



HA-SOFER THE SCRIBE

Cheshvan—Kislev 5785

December 2024

TEMPLE EMANU-EL • 6299 CAPRI DRIVE, SAN DIEGO, CA 92120-4632 • (619) 286-2555 •

SATURDAY, DECEMBER 14
4:30-7:30 PM

Hanukkah Happening

Join us for games, crafts,
music, SNOW, and a
Hanukkah Spectacular Musical Revue.
Food and drinks available
for purchase.



Friday, December 6
Ugly Sweater Family Shabbat Service 6pm

Saturday, December 7
Shabbat Morning Service 10:30 am
Vayeitzei, Genesis 28:10-32:3
Hosea 12:13-14:10

Friday, December 13
Hanukkah Shabbat Service and
Kwanzaa Dinner Program 6 pm

Saturday, December 14
Shabbat Service 10:30 am
Vayishlach, Genesis 32:4-36:43
Hosea 11:7-12:12

Friday, December 20
Shabbat Service 6 pm

Saturday, December 21
Shabbat Morning Service 10:30 am
Vayeishev, Genesis 37:1-40:23
Amos 2:6-3:8

Friday, December 27
Shabbat Service 6 pm

Saturday, December 28
Shabbat Morning Service 10:30 am
Mikeitz, Genesis 41:1-44:17
Zechariah 4:1-7



From Our Temple President

by Matt Meis



I hope everyone had a wonderful Thanksgiving holiday and was fortunate to have spent it with family and friends. Hanukkah will be here before we know, and in the blink of an eye, 2024 will be a memory.

As we head into the final days of the year, take a moment to think about what we accomplished in the past year. How did we use the few extra hours we have each day? Did we spend them staring at our phones or mindlessly channel surfing? Or did we use at least some of our free time giving back to our community?

Did we coach our kids' sports teams or volunteer at a food bank? Did we spend at least some time focused on something and someone other than ourselves? What kind of legacy do we want to leave behind when our time here is over?

Make your New Year Resolutions about something larger than yourself. Your Temple is a great place to start. As I've said many times, there is no shortage of volunteer opportunities here at your Temple. If you aren't sure what's needed and what you can offer, just ask. Call the office or contact a Board member. Let's sit down and have a conversation about volunteer opportunities available to you here.

Have a wonderful Hanukkah and a very happy and safe New Year. And I look forward to hearing from you soon.

Shaun Speaks...



Shaun Copans,
Executive Director

For almost two years, the Temple has been using Shul Cloud to manage all our membership information, Yahrzeit reminders, donations and payments, event scheduling and more.

Did you know that you can set up a login so that you can access all your information through the member portal? Go to teesd.shulcloud.com and click the 'Login' button on the top right of the page. The trick is to say 'Forgot my password.' Follow the prompts and you will be able to set up the account with an email address. Once you have access, you will be able to see your account in real time, review payments and more!

Next year, we are hoping to roll out some new features to our community directly through Shul Cloud, such as text communication regarding upcoming programs and yahrzeits. We are always looking to improve!

If you have any questions about your account or Shul Cloud please contact me or any of our fabulous Admin team members in the office at 619-286-2555.



Janet Arkin Preschool Director

December is a month filled with heartwarming experiences and joyful celebrations at Price Family Preschool. The children are busy creating their own menorahs, savoring delicious latkes, and spinning dreidels as they learn about the traditions of Hanukkah. This time of year is always magical, especially when we come together as a community.

We are excited to invite everyone to our Winter Wonderland and Hanukkah Festival on Saturday, December 14, a highlight of the season! This event is a special occasion for families and friends to celebrate together. There will be real snow sledding for the children (and the young at heart!), fun-filled games, creative art projects, and a wide selection of delicious food to enjoy. It is the perfect opportunity to spend time with loved ones while embracing the warmth and joy of the holiday season.

The Preschool will be closed on December 23 - 27 to allow our dedicated staff to spend time with their families. We are pleased to offer a Winter Break Camp from December 30 to January 3, providing a fun and engaging option for our working families. This camp is designed to keep the children active and engaged with a variety of winter-themed activities.

We have a few spaces available in the school. Referrals are always welcome and appreciated!

For any additional information, please reach out to us at preschool@teesd.org or call us at (619) 286-2999. We're always here to assist with any questions or needs.

On behalf of the entire Preschool staff, we wish you a joyous holiday season and a happy and healthy start of 2025!



Ugly Sweater Family Shabbat

**Friday, December 6th
6pm**

**Join us for a Family Shabbat
Service followed by dinner.
Advance registration is
appreciated.**



Mitzvah of the Month – Blanket Drive Cold and Wet Weather is Coming



Even in sunny San Diego, people suffer from exposure from winter's cold and rain. If you have seen weather predictions for the next few months, you know that this year's need is expected to be greater than usual. In addition to blankets, we welcome sleeping bags, rain ponchos, jackets, sweatshirts, umbrellas, gloves, hats and other items to help those in our San Diego community stay warm and dry.

Blankets and other items may be used, but clean and in good condition. They will be given to the Alpha Project and other groups who help those who are unsheltered in the San Diego area. For questions or more information, please email socialaction@teesd.org.

This year, we will be collecting and distributing blankets in December and in January.

Bring your donations to the white barrel in the lobby of the Temple office building, and members of the Committee will deliver them.



Helping to Repair the World

Your generous donations to Temple Emanu-El's Social Action Fund are used to serve the needs of the community, locally, nationally and internationally.

In November, funds were sent to the San Diego Volunteer Lawyer Project (sdvlp.org). This is the county's oldest and most comprehensive pro bono legal services program for low-income individuals, non-profit community organizations and others. They handle civil legal cases, including legal guardianship of children, restraining orders, family law, elder law, services to those with HIV/AIDS, landlord disputes, special immigrant juvenile status, domestic violence and more. More than 75% of their clients are women.

In December, we will allocate money to World Central Kitchen (wck.org), which provides fresh, nutritious meals in the wake of natural disasters in America and around the world. Whenever possible, they source and hire locally, to jump start economic recovery. They provide training in food safety, sanitation and set up community kitchens and training for chefs. Their Climate Disaster Fund is working to support communities impacted by the climate crisis.

The Social Action Committee carefully screens all recipients to make sure money you donate to the Social Action Fund to continue the work of tikkun olam is spent wisely. We appreciate your donations, large or small, to help with this work.





SAVE THE DATE

The Advocacy Committee will be hosting a panel discussion on the topic of our Border.

Sunday, January 19, 2025

10:30 am

Brunch will be served from 10 am to 10:30 am

Join Us for a Special Shabbat Celebration!



Mark your calendar for **Friday, December 13th**, as we come together to welcome Shabbat with joy, music, and the spirit of Chanukah!

This festive evening will feature **special musical performances by our choirs and musical theater class**, showcasing songs and melodies that celebrate the warmth and light of the holiday season.

Come enjoy an uplifting evening of community and song as we honor the traditions of Shabbat and the Festival of Lights.

Don't miss this musical celebration of Shabbat and Chanukah!



DECEMBER ANNIVERSARIES



12/1 Benjamin and Jennifer Stone

12/5 Harry and Janet Zanville

12/6 Eric and Rishona French

12/13 Jim and Linda Timlin

12/14 Andrew and Beth Friedenberg

12/17 George and Susan Kaplan

Benjamin and Olga Mandel

Itzik and Sandy Rief

David and Elaine Saville

12/19 Steve and Sherry Saltzman

12/20 Stan and Adie Mestman

12/21 Zachary Baron and Estera Meissner Baron

12/24 Paul Hartwell and Malissa Winicki

12/25 Stewart and Terri Roseman

Alan and Nancy Spector

12/26 Hennie and Larry Krasnow

Lisa and Nate Stein

12/27 Oren and Amy Patashnik

12/28 Nick Comer and Patricia Cardozo

Barbara and Matt Meis

12/31 Adrian and Nicole Lizano

Bernie and Heidi Blotner



Adult Education



Have you always wanted to learn Hebrew? Now you can with our Adult Hebrew Course!

In this course, you will:

- Learn to read Hebrew lettering
- Learn to write in Hebrew
- Learn basic Hebrew vocabulary
- Learn more about the prayers spoken during Shabbat and other holidays
- Prepare for our Adult B'nei Mitzvah class (Hebrew is a pre-requisite!)

Class sessions will take place on Tuesdays at 5 pm and will be taught by our Hebrew tutor extraordinariare, Dorsa Samouha, The first session was in October but it's not too late. To register please visit our Temple website at teesd.org. Cost is \$250.

Torah for the Table—Saucy Women of the Torah

Torah for the Table is an 8-session series that combines Jewish learning and food! At each session, Rabbi Devorah will lead a discussion about a different woman, while chef Barry Lander prepares a four-course meal related to their story. What better way to celebrate a historic year for women than an examination of the Women of the Torah along with menus that are as saucy as many of our heroines' stories. Classes will be held once a month at the Temple on Wednesday evenings which began in November. The cost is \$36 for an individual class. To see the full list of dates and to register please visit our Temple website at teesd.org.

Tough Conversations with Jews

This series will tackle some of the challenging conversations that Jews have been struggling with—balancing, supporting and critiquing Israel, questions of power and powerlessness and Zionism, navigating anti-Semitism, and the role of religion in society, taught by Rabbi Benj. Meet after Shabbat morning services for lunch and learning. Cost is \$5 per class. To see the full list of dates and to register please visit our Temple website at teesd.org.



Adult Education



Supporting Lifelong Jewish Learning

Picturing Prejudice: The History of Antisemitism Through Film

The Conspiracy

Saturday, December 21, 7 pm

Temple Sanctuary



It's an insidious, centuries-old conspiracy theory that continues to rear its ugly head today: Jews have a secret international plot to control the world. How do such preposterous ideas get started, and why do they flourish? Filmmaker Maxim Pozdorovkin orchestrates bold, striking animation and exceptionally talented voice artists to walk us through almost 250 years of anti-Semitic ideology, focusing on how times of uncertainty give rise to anxieties in marginalized populations, and how three Jewish family dynasties came to bear the brunt of irrational scapegoating. The film, made in the US in 2022, is narrated by Mayim Bialik and voiced by movie stars like Liev Schreiber and Jason Alexander.

Laurie Baron will introduce the film and facilitate a discussion after it is screened.

There will be a bring your own dinner at 6pm in the Social Hall.

Torah Study

Saturday mornings—9:00 am In Person and on Zoom

An in-depth study of Torah portions and commentary. Come in person or connect from home. Zoom links will be provided in the Temple's weekly emails.

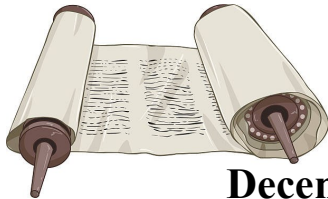
Coffee with the Rabbi

Wednesdays, 11 am In Person and on Zoom

Drop in when you can for an informal discussion on current events. No sign up, no charge and no preparation is needed – just an interest in Jewish learning.

Please consider a contribution to the Adult Education Fund to help support the Committee's efforts to continue to engage speakers and provide the high quality of life-long learning experiences that have become an integral part of Temple Emanu-El. Program costs are continuing to rise, and we need your support.





Torah School December Schedule

- December 1 - No Torah School—Thanksgiving Break**
December 4 - Hebrew Classes Online 4:30 pm, In Person 5:30 pm
December 8 - Torah School 9 am to 12 pm Pizza Lunch 12 pm
December 11 - Hebrew Classes Online 4:30 pm, In Person 5:30 pm
December 15- Torah School 9 am to 12 pm Pizza Lunch 12 pm
December 18- Hebrew Classes Online 4:30 pm, In Person 5:30 pm
December 22— No Torah School—Winter Break
December 25— No Hebrew Classes—Winter Break
December 29-No Torah School—Winter Break

Drum Circle—Tuesday, December 3, 3 pm



Our group of drummers welcomes you to leave your “to do” list at home and join us on Tuesday, December 3, at 3pm in the synagogues outside courtyard. Drum circles are meant to unite people. Drummers experience positive benefits such as stress relief, community building, improved rhythm skills and a boost in creativity. One of our participants commented that "Drumming is one of the things I've been doing on my journey to relearn how to have fun!"

Our leader each month is Ira Moskowitz, a drummer with tremendous experience. He has a knack for preparing different rhythms and shares a variety of drums he has enjoyed over the years. Ira leads us in some meditative moments before we begin to get us grounded and centered.

Michelle Jirkovsky, Temple Emanu-El's Music Director, supports us and supplies us with our drums, including djembe, dumbec style or buffalo drums.

Word is spreading about our Drum Circle and new participants have been joining us each month.

No experience is required, it's free of charge and you need not be an Emanu-El member to come. There is a sense of connection and joy among participants. You don't have to know how to read music, just a willingness to have fun and explore different rhythms.

When you participate, you will see smiles, feel positive energy and hear harmonious rhythms. You will know you are on the right track.



For any questions or to get on the list for reminder emails, please contact Bonnie Baron at bonniebaron@gmail.com. Thank you for considering your participation.



Happy Hanukkah to you and your family!

Join us each Thursday morning at 10 am in the Temple Library for a meeting of Recovery International (RI), a self-help method that can improve your life. Recovery International offers a cognitive behavioral training program developed by the late neuropsychiatrist Dr. Abraham Low. For more than 88 years, this method has helped people learn to identify and manage their negative thoughts, feelings, beliefs, and behaviors that can lead to emotional distress and related physical symptoms. Millions of people worldwide have used this program to live more peaceful lives. In RI, we are all apprentices; there are no masters. Just show up!

Recovery International uses many tools. We read from one of Dr. Low’s published books. We give examples of how we practice to stay well, and we use the tool of “spotting.” This method is cognitive based. We don’t give advice or talk about treatment plans. We are not psychiatrists or clinicians.

Our gift to you is a tool for each day of Hanukkah:

First night: *Treat your mental health as a business.*

Second night: *Decide, Plan, Act*

Third night: *Bear the discomfort and comfort will come*

Fourth night: *It’s distressing but not dangerous*

Fifth night: *Have the courage to make a mistake*

Sixth night: *Fear is a belief and beliefs can be changed*

Seventh night: *I can use peace over power*

Eighth night: *Feelings are not facts*

Shamash: *Endorse for all of your efforts*



Please join us. Newcomers are always welcome. You don’t need to sign up, just show up.

If you have any questions or need help to register for a meeting, please call me at the San Diego Office at (619)-383-2084 or email us at SanDiego@RecoveryInternational.org.

Todah Rabah

To Barbara Pollack for her work on editing the bulletin.

Mazal Tov

Special Happy Birthday goes out to Amnon Ben-Yehuda who will be celebrating his 95th birthday this month!

HAPPY BIRTHDAY Amnon!

Community Corner

What do I Say to Someone who is Grieving?

by Gail L. Braverman, M.A., LMFT

Losing a loved one can be devastating, and finding the right words to say to someone who has recently lost a loved one can be complicated.

It's incredibly hard to watch someone you care about in pain. We want to offer suggestions for how to make it better, fix it, and make the pain go away.

You cannot remove the pain for someone who has had a loss but as strange as it may seem, trying not to make it better actually makes it better.

Supporting someone during the grieving process is simpler than it seems. Here are some ways to do that:

Acknowledge their sorrow. The words "I'm so sorry" are the best words you can say. Acknowledge someone's grief and give them a safe space to talk if they want to, in their own way.

Be present. Sometimes someone in the grieving process needs to know they are not alone. Sit together in silence if that is what they require. You can provide comfort by simply being with them and listening to what they say- or don't need to say.

Show your support through gestures or actions. Offer to help with a task. Pick up groceries, do the laundry, take the dog for a walk.

Be accepting and understanding. Processing through grief is a complicated process that could last for weeks, months or years. There is no time limit on grieving and no set way that one should deal with grief.

Continue to provide your support. Sometimes the grieving process lasts the rest of their life. However, most people offer sympathies and support soon after someone's passing and eventually move on with their lives. It can be comforting to reach out to someone after the first few weeks or months.

What to say when someone dies:

You can tell them how much you will miss the person who has passed or share some of your memories of them. You don't need to wait for the person to bring up the subject of the deceased person. Instead, ask them about one of their favorite memories or what they liked best about the person.

Treat the grieving person like a person. Speak directly, and don't sugarcoat things.

What Not to say when someone dies:

- It's for the best.
- They're in a better place now.
- You can always have another child/find another partner.
- This will make you stronger.
- At least you had them for as long as you did.
- Everything happens for a reason.

Being sensitive and authentic will allow you to connect more deeply with the mourner. Your love, acceptance and understanding will be the things that last.

Reflection: Try to remember a time in your life when you had a loss and one thing someone said that remained with you.

Today's Practice: Remember that you don't have to be clever or wise or say the "right" thing to a mourner. You just have to be real.

I welcome your comments: gbrave3333@aol.com



Contributions

Contributions received after the first of the month will be published in the next month's bulletin.

Commemorate a life cycle event or remember a loved one with a donation to one of the Temple's specially designated funds.



YAHREZIT OBSERVANCE

Zecher Tzadik Livracha – The Memory of the Righteous is a Blessing
The following yahrzeits will be commemorated at Shabbat services:

December 6 & 7

Louis Fleetwood, III
Regina Fried
Martin Greenman
Marcia Holtzman
Leonard Pinter
Dorothy Ruse
Isadore Shapiro
Batia Simchon
Edmond Frank
Sylvia Konover
Roberta (Bobbi) Bratman
Jeff Hicks
Esther Shapiro
Leah Capps
Betty Gallagher
Celia Linares
Timi Lubin
Sam Easton
Sylvia Karzen
Mollie Schickler
Hersh Weitzman
Hyman Cherns
Jean Evidon
Beryl Della Schneider
Theresa Esarco
Roxanne Willey
Fran Sandler
Claralee Scheinin
Frank Burney
Nina Fox
Harry Kirschbaum
Rabbi David Ellenson
Linda Scher
Marian Scharfman
Gordon Van Huizen
Samuel Wagner

December 13 & 14

Janice Aron
Richard Berman
Paul Hartman
Johnny Satlof
Harold Iglow
Joseph Silverman
Tsippy Feinstein
Muriel Finkelstein
Marlene Herzig
Deborah Gail Lewitt
Max Switkin
Sarah Rosenberg
Ronald Silverman
Neil Howard Cohen
Florence Lucille Tokar
Doris Waldman
Sidney Berneger
Cindy Dodge
Harry Dresnin
Israel Goren
Morris Niss
Max Patashnik
Ricky Handler
David Siegel
Sam Tepper
Alice Cohn
Effie Kapsalis
Toni Glasner
Sylvia Gold
Rose Altman
Julius Brown
Adele Greene Gordon
Lillian Maltzman
Miron Tseselskiy
Harold Oolie
Catherine Esarco Aiello
Ilene Rosenberg
Morris Kipp
Naomi Stiller
Jerry Blank
Thomas G. Bockes
Jack Lawson
Charlotte Cling
Mark Raboy
Pearl Dries
Willie Katz
Betty Salberg Nathanson
Paul Dean
Rose Tepper

December 20 & 21

Joseph Brewster
Bertha Newman
Emily Dashevsky
Jeanette Jacobson
Ida Pearl
Catherine Kagan
Allan Cohen
Jean Scott
Sydney Gevertz
Jean Naiman
Max Adelman
Marcia Cohen
Sarah Desser
Ruth Kantor
Chester Kossman
Karen Tolley
Shirley Tolley
Leon Unger
Rose Cherns
Cynthia Goldsmith Stanton
David Feinman
Sarah Meyer
Elayne Moskowitz
Rabbi Harold Schulweis
Patricia Brose
Helen Ferer
Sandra Finkelstein
Alan Geist
Frieda Kreiger
Nancy McIntyre
George Mendel
Benjamin Rief
Emily Steres
Linda Cherrick
Marty Lyon
Philip Schwartz
Bob Kipnis
Izzie Chanin
Richard DiCov
Jack Evidon
Rabbi Rafael Goldstein
Bessie Rosenberg
Ruth Pinter
Grace Schwarz

December 27 & 28

Mildred Firestone
Hyman Kornfeld
Richard Morse
Clara Richman
Gwen Schoenfeld
Donald Snipper
Stanley Cooper
William Fayerman
Marion Goldman
Mitchell Lesko
Ester Sachs
Abraham Shapiro
Tessie Ast
Harry Berman
Diane Sayne
Pearl Gelb
Regina Katz
Ben Saltz
Joseph Frank Aiello
Isaac Feingold
Helen Held
Bernard Lipinsky
Allen Seidman
Ida Adler
Manny Gold
Lorraine Levine
Sylvia Lurie
Mildred Reff
Richard Alvarez
Claire Satlof
Barney Pearl
Sally Sacks



In Our Temple Emanu-El Family

DECEMBER BIRTHDAYS

12/1	Paula Papas Bruce Aldrich	12/11	Malcolm Lange Stan Mestman	12/21	Samantha Tichonchuk
12/2	Gail Braverman Daniel Fefferman Norman Lurie Ruby Devor	12/12	Melisa Heller Amy Spintman Michelle Fischthal Levi Ghitman Lane Mashal Ryan Ogle Elijah Rosen Jared Sarvis	12/22	Audrey Brenis Daphne Gaghagen
12/3	Leah Feinberg Jessica Kort Lynne Sloane	12/13	Scott Hopgood	12/23	Molly Cooper Jeffrey Herman Gabrielle Huot Aleisha Burton
12/4	Lucas Ambrose Noa Shavit	12/14	Michael Huot Moriah Nissan	12/24	Kathleen Colbert Carl Watz Paulina Topf
12/5	Charlie Canin Daniel Levens Marc Regjer Jacob Zubkoff	12/15	Vanessa Barnik Dov Fox	12/25	Bernie Blotner Mark Spiegler
12/6	Lesley Coe Aleah Cohen Gregory Cohen Sarah Handler Bob Sablove Adam Mark Rayn Washington	12/16	Thomas Fell Skot Golden-Needham Barbie Graham Adeline Jacob Sean Shemirani	12/26	Randy Silverstein Anne Stein
12/7	Rachel Rosenzweig Robert Smith Sonia Snyder Isaac Barahman	12/17	Ron Berg Nina Brenis Barbara Learner Zachary Lenett Felix Ponomarenko	12/27	Jerry Chancy Neal Cowen David Graham Adie Mestman
12/8	Polly Dong River Perino	12/18	Rebecca Bierman Rica Cherrick Leah Cooper Marti Glovinsky Charles Handler Eleanor Kipperman Mikayla Hazell	12/28	Rachael Cherrick Cathy Goldberg Charles Mayers Jarrah Newman Erika Rosen JoAnn Silkes
12/9	Rosalyn Hegler Aimee Le Jocelyne Okrent	12/19	Mackenzie Blum-Hopgood	12/29	Sebastian Eickholt
12/10	Jonah Breslow Angela Canin Lisa Stein Corey Marco	12/20	Rhonda Amber Netta Clavell Carolyn Morris	12/30	Cody Brown Elise Brown Sue Goldstein Evan Hettena Heather Muns-Socol Ilene Silvers Daria Linvill Jill Blumenthal
12/11	Amnon Ben-Yehuda Juan Pablo Cuevas Carol Korfin	12/21	Gordon Hoople Richard Thiele	12/31	Cassandra Beal Jason Carver Maxwell Farber Ira Moskowitz Cathy Sigismonti



Temple members who are able to go above and beyond the standard Temple dues requirement enable us to continue our high standard of services and programs for all members, regardless of means. Please consider joining at one of the following levels:

Chai Circle

ohrnua Shomrim (Guardians)



All levels of Chai Circle and Life Membership will have their names published at High Holy Days and in HaSofer (The Scribe). For more information about our programs, please call the Temple office at (619) 286-2555.

Life Membership

Thank you to our lifetime endowment members



Add Your Strength to Ours!

Below is a list of contacts for committees, projects and other ways to become more involved in the life of Temple EmanuEl. Please reach out to any of these groups to learn more about their work, and how you can become involved.

- **Adult Education** adulthood@teesd.org
Rabbi Benj Fried (619) 286-2555
- **Advocacy** advocacy@teesd.org
Barbara Learner
Janice Steinberg
- **Budget and Finance** financecommittee@teesd.org
- **Caring Community** caringcom@teesd.org
- **Endowment** endowment@teesd.org
Bob Rubenstein
- **Facilities** facilities@teesd.org
Marc Glazer
- **Library** office@teesd.org
- **Membership** membership@teesd.org
Erica Whinston
- **Mental Health** mentalhealthcom@teesd.org
Marie Raftery
- **Mi Shebeirach Tapestry** tapestry@teesd.org
Claire Fritz
- **Preschool** preschool@teesd.org
- **Publicity** publicity@teesd.org
- **Safety/Security** security@teesd.org
Greg Houska
- **Social Action** socialaction@teesd.org
- **Torah School** thscom@teesd.org
Jane Muschenetz
Patricia Cardozo
- **Women of Reform Judaism** wrij@teesd.org
Nancy Marcus
Barbara Chancy
- **Youth** rabbibenj@teesd.org
Rabbi Benj Fried



Women of Temple Emanu-El

by Barbara Chancy and Nancy Marcus, Co-Presidents



We begin this month's article with a huge shout out and thank you to the fabulous Artisan Festival Committee. This great team, ably chaired by Pat Libby, Beth Mann and Barbara Braasch, included Janice Einhorn, Barbara Chancy, Joanne Ellison, Nancy Marcus, Jeri Moskowitz, Bonnie Baron and Amy Spintman. A very special thank you goes to our underwriters, who made this our most successful year ever. The money we raised will be used for scholarships we award to our graduating high school seniors. Thanks also to all of our volunteers who worked shifts during the festival and all who attended and shopped. We had some fabulous artists this year. We will be back next year on November 2, 2025!

Don't miss our Hanukkah Celebration on Wednesday, December 18, 6:30pm. We will enjoy a latke tasting, play Hanukkah Bingo and enjoy our Left-Right Gift Exchange. It's always a fun night - mark your calendar now!

We are reserving blocks of tickets for two special theater events. Rhonda Schwartz is our chair for both events. Contact her through our Sisterhood email, wrj@teesd.org, to reserve your spot or ask about details:

- On Sunday, December 8, we have seats for the 2 pm matinee of "Tiny Beautiful Things" at the Scripps Ranch Theater. Tickets are \$40 per person; regular price is \$49.
- Looking ahead, we are planning for seats for "Three Summers of Mr. Lincoln" at the La Jolla Playhouse. We will go for a Sunday matinee, 1 pm, either March 16 or March 23.

Sisterhood Shabbat will be Friday evening, January 31. Chair for the service is Flo Bornstein. Please contact her through our WRJ email if you are interested in participating in this special service.

In April, the WRJ Social Justice Conference will be held in Washington D.C., just before the URJ's Consultation on Conscience. If you are a Social Justice champion, please consider attending one or both of these events. Amazing speakers will inspire you, and you will learn how to better implement a Social Justice program here at home. This pair of conferences takes place every three years. There will be partial scholarships available for the WRJ part of the program through our Pacific District. You can find more information on both events at wrj.org, urj.org, and the-rac.org.

Did you know we are an open Sisterhood? That means you can join whether or not you are a Temple member.

Remember, without you, we are one member short!

Condolences



To Natalie and Claire Fritz on the death of their friend
Mike Kelly



To Rabbi Marty and Anita Lawson on the death of their friend
Susie Cook



Safety/Security Committee

by Greg Houska, Safety/Security Committee Chair

Hanukkah Safety Tips

Here are a few holiday reminders as we ease into the holiday season and out of 2024! Happy Hanukkah and wishes for a safe and wonderful New Year for everyone!

1. Candle Safety

Place menorahs on a stable, heat-resistant surface away from flammable materials and out of the path of high-traffic areas.

Keep menorahs out of reach of children and pets.

Never leave burning candles unattended; extinguish them before leaving the room.

2. Use Battery-Operated Lights

If you're concerned about fire hazards, consider using LED or battery-operated candles for your menorah.

3. Properly Dispose of Wicks

After lighting candles, be sure to let them cool down before disposing of them. Avoid tossing them in the trash while still hot.

4. Check Electrical Decorations

If you use lights or decorations, inspect them for frayed wires or damaged plugs to prevent electrical fires.

5. Kitchen Safety

When frying latkes or other foods, keep a close eye on the stove and never leave hot oil unattended.

Use a splatter guard and keep a fire extinguisher handy in case of emergencies.

6. Child Supervision

Always supervise children while they are near candles or hot surfaces. Teach your children about fire safety.

7. Keep Fire Extinguishers Accessible

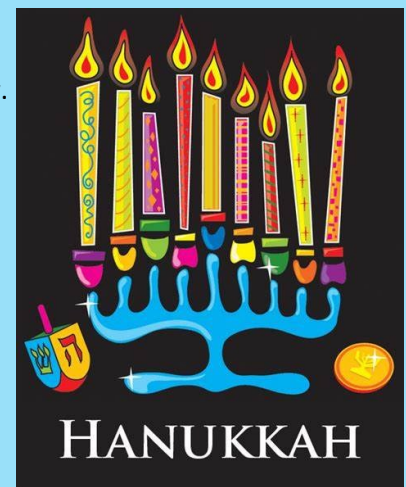
Ensure that you have working fire extinguishers in the kitchen and around your home and know how to use them.

8. Smoke Alarms

Test your smoke alarms before the holiday and replace batteries if necessary.

9. Plan for Emergencies

Make sure everyone knows what to do in case of fire or another emergency.



HANUKKAH SHABBAT & KWANZAA DINNER

Friday, December 13, 2024 at 6 pm

Join us as we celebrate Hanukkah with a Spectacular Musical Revue within the Shabbat Service. Immediately following the service there will be a Kwanzaa themed dinner and program.

Dinner cost is \$20 per adult (ages 13 and up), \$10 per child (ages 3-12), and children under 3 are free.

To sign up go to teesd.org



Each year on Martin Luther King Jr. Day, people of different faiths and different cultural backgrounds work for the good of the community.

This year, the project returns to Balboa Park, to work safely outside to clean and beautify an area of the park. We plan to work together that morning and then stay for lunch and entertainment. Final details are still being made. More information will be in the January bulletin, the Temple website and weekly emails closer to the event. For questions, contact the Social Action Committee at socialaction@teesd.org.

Make this a “day on” rather than a “day off” to honor Dr. King’s work.



We'd love to share your simcha!

Do you have an engagement, a wedding or a new baby in your family? Share your happiness with the congregation! Please email the information to publicity@teesd.org to be included in an upcoming bulletin.

In our Sanctuary there are two special and always visible means of acknowledging those we wish to honor and those we wish to remember: Leaves on the Tree of Life and Plaques on the Memorial Board. In addition, the Temple has cemetery plots for sale in the Mt. Sinai II lawn at El Camino Memorial Park. For more information please call the office at 619-286-2555.



**988
SUICIDE PREVENTION
HOTLINE**

988 is the new three digit code to route callers to the National Suicide Prevention Lifeline for support 24 hours a day, 7 days a week. Please remember this number if you or someone you know is in crisis. There is no charge. Call or text 988, or chat at 988lifeline.org from anywhere in

CARS

Temple Emanu-El has signed on as a partner of CARS, a nonprofit organization that takes donated vehicles and returns 80% of the proceeds to the organization of the donor's choice. CARS was founded in 2003 and has donated millions of dollars to nonprofits across the country.

The process is simple: log on to careasy.com and follow the three easy steps. You can select Temple Emanu-El as your nonprofit of choice, provide the information about your vehicle and arrange for CARS to pick up at your office or home. They will work around your schedule and take care of all the paperwork. There is no cost to the donor and donations are tax deductible.

If you or someone you know has a vehicle they would like to donate, visit careasy.org to learn more about the process or contact anyone at the Temple office for assistance.

Thanks for your support.



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BULLETIN DEADLINES

December 5 for the January issue
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December 2024 Cheshvan—Kislev 5785

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Dec. 1 • 30 Cheshvan 3	Dec. 2 • 1 Kislev	Dec. 3 • 2 Kislev	Dec. 4 • 3 Kislev	Dec. 5 • 4 Kislev	Dec. 6 • 5 Kislev	Dec. 7 • 6 Kislev
NO Torah School NO Introduction to Judaism NO Adult B'Nai Mitzvah	Mah Jongg 1:30 pm	Drum Circle 3 pm Adult Hebrew Classes 5 pm Adult Ed Meeting 4 pm Community Jewish High 6 pm	Coffee with the Rabbi 11 am Adult Ed Meeting 4 pm Torah School Hebrew classes 4:30, 5:30 pm	Bridge with Benj 12:30 pm	Ugly Sweater Family Shabbat Service 6 pm	Torah Study 9 am Shabbat Morning Service 10:30 am Tough Conversations with Jews 12 pm
Dec. 8 • 7 Kislev	Dec. 9 • 8 Kislev	Dec. 10 • 9 Kislev	Dec. 11 • 10 Kislev	Dec. 12 • 11 Kislev	Dec. 13 • 12 Kislev	Dec. 14 • 13 Kislev
Torah School 9 am Introduction to Judaism 1 pm Adult B'Nai Mitzvah 2:30 pm	Mah Jongg 1:30 pm	Adult Hebrew Classes 5 pm Community Jewish High 6 pm	Coffee with the Rabbi 11 am Torah School Hebrew classes 4:30, 5:30 pm Torah for the Table 6 pm	Bridge with Benj 12:30 pm	Hanukkah Shabbat Service 6 pm Immediately following service Kwanzaa Dinner	Torah Study 9 am Shabbat Morning Service 10:30 am Hanukkah Happening 4:30 pm
Dec. 15 • 14 Kislev	Dec. 16 • 15 Kislev	Dec. 17 • 16 Kislev	Dec. 18 • 17 Kislev	Dec. 19 • 18 Kislev	Dec. 20 • 19 Kislev	Dec. 21 • 20 Kislev
Torah School 9 am Introduction to Judaism 1 pm Adult B'Nai Mitzvah 2:30 pm	Mah Jongg 1:30 pm	NO Adult Hebrew Classes Community Jewish High 6 pm	Coffee with the Rabbi 11 am Torah School Hebrew classes 4:30, 5:30 pm WRJ Hanukkah Celebration 6:30 pm	Bridge with Benj 12:30 pm	Shabbat Service 6 pm	Torah Study 9 am Shabbat Morning Service 10:30 am Adult Ed Movie 7 pm
Dec. 22 • 21 Kislev	Dec. 23 • 22 Kislev	Dec. 24 • 23 Kislev	Dec. 25 • 24 Kislev	Dec. 26 • 25 Kislev	Dec. 27 • 26 Kislev	Dec. 28 • 27 Kislev
NO Torah School NO Introduction to Judaism NO Adult B'Nai Mitzvah	Mah Jongg 1:30 pm	Office Closes at 1 pm NO Adult Hebrew Classes NO Community Jewish High	Office Closed Hanukkah begins at sundown NO Coffee with the Rabbi NO Torah School Hebrew Classes	Bridge with Benj 12:30 pm Hanukkah Lighting 4:15 pm	Hanukkah Lighting 5:45 pm Shabbat Service 6 pm	Torah Study 9 am Shabbat Morning Service 10:30 am
Dec. 29 • 28 Kislev	Dec. 30 • 29 Kislev	Dec. 31 • 30 Kislev				
NO Torah School NO Introduction to Judaism NO Adult B'Nai Mitzvah	Mah Jongg 1:30 pm Hanukkah Lighting 4:15 pm	Office Closes at 1 pm NO Adult Hebrew Classes NO Community Jewish High Hanukkah Lighting 4:15 pm				

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