



HA-SOFER THE SCRIBE

Adar—Nissan 5783

אדר ב - ניסן

March 2023

TEMPLE EMANU-EL • 6299 CAPRI DRIVE, SAN DIEGO, CA 92120-4632 • (619) 286-2555 •

Temple Emanu-El's annual PURIM CARNIVAL Sunday, March 5 11am - 2pm

- Costume Contest
- Petting Zoo
- Pony Rides
- Bounce Houses
- Cake Lottery
- Jewelry Making
- Arts & Crafts
- Food & Drinks
- Tot Lot
- Game Truck **11am-1pm**
- and Much More!

For more information, contact
(619) 286-2555 or star@teesd.org

Hamantashen

Traditional Flavors \$20 per dozen
Apricot • Plum • Poppy • Raspberry •
Chocolate • Lemon
Assorted Mix \$22 per dozen
3 Apricot, 3 Raspberry, 3 Chocolate,
3 Lemon

Gourmet Flavors \$18 per 1/2 dozen
(6 cookies)
Salted Caramel • Raspberry
Cheesecake • Fig & Brie

*****order online while supply lasts*****



Service Schedule

Friday, March 3
Shabbat Service 6 pm

Saturday, March 4
Shabbat Service 10:30 am
T'zaveh, Exodus 27:20-30:10
Esther 7:10; 8:15-17
(historic: I Samuel 15:2-34)

Monday, March 6
Erev Purim Service, Megillah Reading
and Purim Shpiel 6 pm

Friday, March 10
Shabbat Service 6 pm

Saturday, March 11
Shabbat Service 10:30 am
Ki Tisa, Exodus 30:11-34:35
Ezekiel 36:22-36
(historic: Ezekiel 36:16-38)

Friday, March 17
Family Shabbat Service 6 pm

Saturday, March 18
Shabbat Service 10:30 am
Vayak'heil-P'kudei, Exodus 35:1-40:38
Ezekiel 45:16-25
(historic: Ezekiel 45:16-46:18)

Friday, March 24
Shabbat Service 6 pm

Saturday, March 25
Shabbat Service 10:30 am
Vayikra, Leviticus 1:1-5:26
Isaiah 43:21-44:23

Friday, March 31
Shabbat Service 6 pm

Saturday, April 1
Shabbat Service 10:30 am
Tzav, Leviticus 6:1-8:36
Malachi 3:4-24



TICKET INFORMATION

Tickets are good for Games, Activities and Food.
Wristband are good for Games and Activities.

Presale:

\$25 = 30 Tickets
\$8 = 1 Combo Meal Ticket
\$25 = 1 Wristband
\$40 = 2 Wristbands for siblings
\$55 = 3 Wristbands for siblings

Day of Event:

\$1 = 1 Ticket
\$30 = 1 Wristband

Game / Activity Price

if no wristband is purchased

Games = 1 Ticket
Cake Lottery = 2 Ticket
Arts & Crafts = 3 Tickets
Bounce House = 3 Tickets
Jewelry Making = 5 Tickets
Photo Booth = 4 Tickets
Game Truck = 7 Tickets*
Petting Zoo = 7 Tickets
Pony Rides = 7 Tickets

Food:

Popcorn = 4 Tickets
Cotton Candy = 4 Tickets
Chips = 3 Tickets
Nachos = 5 Tickets
Water or Soda = 2 Ticket
Hamburger / Veggie Burger = 7 Tickets
Hot Dog = 7 Tickets
Hamburger Combo = 10 Tickets
Hot Dog Combo = 10 Tickets

COMMUNITY AND
NON-MEMBERS
WELCOME!

*available 11am to 1pm only

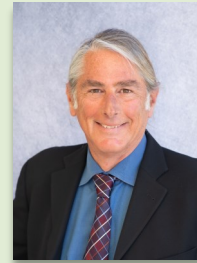
*available 11am to 1pm only



From Our Temple Co-Presidents

by Marc Glazer & Cathi Marx

Chag Purim Sameach! Happy Purim! Jewish tradition teaches that no matter what is going on in the world, when the month of Adar is here, it is our job to choose to be joyful. That's because this month we celebrate Purim – a holiday in which we remember that we were nearly destroyed but managed to survive thanks to the determination and cunning of our fearless leaders, Esther and Mordechai.



As we continue to fight back against the scourge of antisemitism and all the masks it wears, we are so proud of the work that we do every day to raise up a strong generation of future Jewish leaders. Our love for our community; for the young and the “sagely”, ensures we have a safe space in which to gather, learn, live, celebrate, hang-out, and just be together in our joys, sharing our sorrow, being a comfort to each other, and living in peace.

We are so proud, that we fight the voice of anti-Semitism that continues to rage our world, through our undeterred commitment to care for our neighbors, to care for each other, to commit acts of loving kindness and to fill our donation bins to overflowing. We fight anti-Semitism by educating ourselves and each other, by being a part of council culture rather than cancel culture, and by creating a community that believes in diversity of thought and where we welcome everyone, by engaging in respectful and caring dialogue with people of different perspectives and ideas.

Just as Esther and Mordechai worked to save their people; we continue on that same path today. We have learned from history the dangers of allowing ourselves to be a house divided by intolerance or indifference. This Purim, we hope you'll join us as we delight in our homemade (world's best) Hamantaschen and then enthusiastically blot out the names of those who wanted to eliminate us. In doing so, we remind ourselves and teach our children that so long as we find our pathways to stay connected and love one another, we will always be stronger than those who seek to destroy us. Love will always triumph.

Shaun Speaks...



Shaun Copans,
Executive Director

We are very pleased to welcome back the popular Jewish Family Service (JFS) College Avenue Center to Temple Emanu-El! We hosted this daily program for many years before the pandemic, and just last month welcomed adults over the age of 60 back for daily activities, lunch and community.

Developed in partnership with Jewish Family Service and the San Diego Community College District, a variety of programs are offered throughout the week, including trivia, tai chi, music appreciation, yoga and more. Future programs may include exercise classes, art, nutrition, and technology support. Best of all, the program (including lunch) is completely free, and transportation can also be arranged through On The Go, another JFS program.

Doors open at 10am, Monday-Friday, for coffee and social connections. Programs begin at either 10:15am or 10:30am, followed by a hot lunch at 11:45am.

If you are interested in learning more, or if you have a friend or family member who would enjoy this excellent program, please visit JFS online at jfssd.org or call them at 858-637-3230.



Temple members who are able to go above and beyond the standard Temple dues requirement enable us to continue our high standard of services and programs for all members, regardless of means. Please consider joining at one of the following levels:

Chai Circle

**Denotes five years of participation in the Chai Circle program.*



All levels of Chai Circle and Life Membership will have their names published at High Holy Days and in HaSofer (The Scribe). For more information about our programs, please call the Temple office at (619) 286-2555.

Life Membership



Add Your Strength to Ours!

Below is a list of contacts for committees, projects and other ways to become more involved in the life of Temple EmanuEl. Please reach out to any of these groups to learn more about their work, and how you can become involved.

- **Adult Education** adulted@teesd.org
Madelynn Micon (619) 200-3237
Laurie Baron
- **Advocacy** advocacy@teesd.org
Barbara Learner
Janice Steinberg
- **Budget and Finance** financecommittee@teesd.org
- **Caring Community** caringcom@teesd.org
Ira Moskowitz (619) 449-2762
- **Endowment** endowment@teesd.org
Bob Rubenstein
- **House & Grounds** housegrounds@teesd.org
Steve Naiman (619) 449-2349
- **Library** office@teesd.org
- **Membership** membership@teesd.org
Amy Blum
- **Mental Health** mentalhealthcom@teesd.org
Marie Raftery
- **Mi Shebeirach Tapestry** tapestry@teesd.org
Claire Fritz
- **Personnel** personnelcom@teesd.org
Debbie Macdonald (858) 731-1354
- **Preschool** preschool_com@teesd.org
- **Publicity** publicity@teesd.org
- **Safety/Security** security@teesd.org
Greg Houska
- **Social Action** socialaction@teesd.org
- **Torah School** thscom@teesd.org
Jane Muschenetz
Patricia Cardozo
- **Women of Reform Judaism** wrj@teesd.org
Nancy Marcus
Barbara Chancy
- **Worship** teesdworship@gmail.com
Shelli Stein
- **Youth** rabbibenj@teesd.org
Rabbi Benj Fried



Mitzvah of the Month – Infant Clothes for Gently Hugged

In today's economy, it can be difficult to provide the necessities that keep a new baby warm and thriving during the crucial first year of his/her life. Two nurses working in the field of public health noticed this and decided to do something about it. They founded Gently Hugged (gentlyhugged.org), an organization that distributes appropriate items to those in need. The idea is that those families who have the good fortune to enjoy excess clothing for their infants (some items perhaps worn once or twice before the baby outgrows them) can share them with others. Gently Hugged serves families with children ages preemie to 12 months.

Please join Temple Emanu-El's Mitzvah of the Month, which will collect clothing and other items listed below for Gently Hugged. Please put them in the white Social Action barrel in the lobby of the Temple office building. For more information, contact Jean Seager at (619) 435-8130 or email her at jhseager@gmail.com. Thank you.

**Preemie to 12 months sizes only
Gently used or new**

Especially needed this month:

Pajamas: 12 month or newborn, 0-3 months and 3-month sizes

Pants: Newborn, 0-3 months and 3-month sizes

Onesies: long sleeved, 12-month size

Always needed:

Clothing, including hats, jackets, pajamas, hats, etc.

Bibs

Blankets

Towels, washcloths

Board or cloth books



Monarch School Toiletries Collection

In addition to the Mitzvah of the Month collecting infant items, the Social Action Committee continues to collect toiletries for the Monarch School, which is dedicated to providing a quality K-12 education for homeless and at-risk children. Monarch also provides many needed non-educational services for students and their families. Each month, they distribute a large number of toiletry "care packages" to their students. We are collecting full size (not sample or jumbo sizes) toiletries:

Shampoo
Conditioner
Body Wash (not bar soap)
Hair Gel
Toothpaste
Deodorant
Body Lotion



Please make sure that all caps are on tight!

For any questions on this collection, please contact Bill Seager at wseager@hotmail.com. Bring your toiletries to the white Social Action barrel in the front office lobby of the Temple, and Bill will package and deliver them.



Community Corner

Why Community Matters

by Gail Braverman, M.A., LMFT, and Temple Board Member

There's a special kind of joy that happens in groups. We find our greatest times of happiness in moments of *collective effervescence*. It's a concept coined by the sociologist Emile Durkheim to describe the sense of energy and harmony people feel when they come together in a group around a shared purpose.

Human beings aren't meant to be alone. Community is critical to our health and wellbeing.

The happiest times of our lives are not usually spent in isolation but among friends, family and loved ones. We treasure life's most precious moments together at special ceremonies like weddings, Bar and Bat Mitzvahs, holidays, festivals and birthdays.

Equally, when times are hard, so too do we find encouragement, hope and optimism in the support of others. That is why support groups are so important.

As lockdowns and social distancing became the norm, there were fewer and fewer of these moments. Now that things have improved, many people are having a hard time reconnecting.

In cultures where they pursue happiness socially, through connecting, caring and contributing, people appear to be more likely to gain well-being.

It's normal to be nervous or even feel guilty about reconnecting especially when we are bombarded with new subvariants that are highly contagious.

So how do we relearn how to be together? Here are some ideas:

- Give yourself permission to set small, achievable goals.
- Balance your need to be around people with your need to protect your health.
- Accept that certain activities may be tough for a while: flying, sporting events, traveling.
- Reach out to someone you've lost touch with.
- Participate at the level you are comfortable with.

Communities are meaningful and beneficial to our wellbeing. They provide support, safety, connection belonging, shared activities and ideas, and strong bonds.

We are craving community and cannot live our best lives without it. Our mental and physical health literally depend on being part of strong and capable communities.

Reflection: Remind yourself how much you matter and consider the ways you can strengthen and sustain yourself in community.

Today's Practice: Recall the times community has sustained you and you have sustained them.

Comments are welcomed at gbrave3333@aol.com





Torah School & Hebrew Classes

March 1—Hebrew Classes Online 4 pm (in-person 5 pm)

March 5—Torah School 9am-11am (Dismiss early for **PURIM CARNIVAL**)

March 6—Erev Purim Megillah Reading Service and Purim Shpiel (6 pm)

March 8—Hebrew Classes Online 4 pm (in-person 5 pm)

March 12—Torah School 9am-12pm

March 15—Hebrew Classes Online 4 pm (in-person 5 pm)

March 17—Family Shabbat & Dinner

March 19—Torah School 9am-12pm (Student Sederim)

March 22—Hebrew Classes Online 4 pm (in-person 5 pm)

March 26—**NO** Torah School

March 29—**NO** Hebrew Classes

The TEESD YELL-ADIM musical theatre club is pleased to invite you to their production of

Cara Freedman's "**Esther**"!

You can catch the show at the **Purim Carnival on March 5 at 9 AM** and on **March 6 during the Purim Service at 6 PM.**



Cinematic Jewish Calendar Movie Series

The Tenth Man (a/k/a The King of the Once)

**Saturday, March 4, 7 pm
In Person, Temple Library**



The Tenth Man follows Ariel over the days of a week, announced in chapter headings, leading to the festival of Purim.

A middle-aged economist living in New York, Ariel heads back to Buenos Aires to visit his father Usher, but he is nowhere to be seen. Instead, Ariel discovers the benevolent foundation that Usher runs in the Jewish district known as 'el Once'. The foundation hands out food, clothing and medicine to needy residents, among whom Usher enjoys an almost God-like status – and like God (or Godot), he's mysteriously invisible, not least to Ariel, who's never forgiven his father for being available to everyone except him. The film traces how Ariel reestablishes his connection with his community, father, and Judaism.

The movie, made in 2016 in Argentina, was directed by Daniel Burman.

Laurie Baron will introduce the film and lead the discussion after its screening.

Join us before the movie for a bring-your-own dinner in the Library beginning at 6 pm.

Torah Study

Saturday mornings—9:00 am In Person and on Zoom

An in-depth study of Torah portions and commentary. Come in person or connect from home.

Zoom links will be provided in the Temple's weekly emails.

Please consider a contribution to the Adult Education Fund to help support the Committee's efforts to continue to engage speakers and provide the high quality of life-long learning experiences that have become an integral part of Temple Emanu-El. Program costs are continuing to rise, and we need your support.

Please check your email messages for additional information and other upcoming Adult Ed programs. For questions, contact Madelynn at adulted@teesd.org, or call her at (619)200-3237.



Moving Forward Together

The custom of *Maot Hittin*, providing for Pesach for those less fortunate for seder and the week of Passover, is alive and well at Temple Emanu-El.

The Food Pantry at Jewish Family Service is requesting donations of grape juice, gefilte fish, matzo ball and soup mix, chicken broth, matzo meal, matzo, horseradish, macaroons and jelly candy. They can also use haggadot.

Bring your donations to the blue barrel in the office lobby.

Pesach begins Wednesday evening, April 5, but JFS needs these items early to have time to sort and distribute them.



Are you interested in beginning your journey in Temple leadership?

As was mentioned in the Presidents' message last month, if you are considering deepening your involvement with our synagogue family, including joining our Board of Directors, please let us know.

We are looking for members in good standing who have been with the Temple at least 3 to 4 years and preferably have been an active participant, past or present in Temple Emanu-El committees. If you are interested, please contact Cathi Marx at cathimarx@cox.net.

**988
SUICIDE PREVENTION
HOTLINE**

988 is the new three digit code to route callers to the National Suicide Prevention Lifeline for support 24 hours a day, 7 days a week. Please remember this number if you or someone you know is in crisis. There is no charge. Call or text 988, or chat at 988lifeline.org from anywhere in the country.

Drum Circle March 28, 3 pm

Come join the next Drum Circle on Tuesday, March 28 from 3 –4 pm in the Temple courtyard. It is refreshing to see one another in person, with or without masks, as you prefer.

New members are joining us monthly so how about being one of them? People say that the Drum Circle is a lot of fun and being there keeps one's mind off of their "to do" list. Each month, Leanne Pearl, our drum circle leader extraordinaire introduces us to new rhythms. Drumming is very forgiving. It is not like learning a musical instrument. You don't have to know how to read notes, just be willing to bring forth the rhythms inside of you.



We have our regular drummers but enjoy having new people join us. There are instruments to share and a \$10 gratuity for Leanne.

For any questions, please contact Bonnie Baron at bonnieebaron@gmail.com



What is important is not the event, but the attitude that you take to the event.
The attitude is yours, and can be controlled or changed, the event usually cannot.

Spring is Here

Good things happen in Spring.

- Flowers start to bloom.
- Days start to get longer and warmer.
- People go outside and start to do fun things.



Many people who practice Recovery International have had to stay in their houses before they learned that “moving your muscles” can change your thoughts, and as a result so many people experienced a *spring in their step*.

When we are in symptoms, we take everything seriously. We have a great deal of judgement about “who is right” and “who is wrong.”

By coming to Recovery International meetings, you learn to be a flower of culture. We treat our mental health as a business, not a game. We do things to get well. We don't wait to get well to do things. We move our muscles and change our thoughts. When we feel our worst and try our hardest, we make our greatest gains; we learn to be self-led, and not symptom led. We endorse for all of our efforts.

Please give us a try.

We have a meeting led by Nick Silverstein each Thursday in the Temple Library at 10am.

The Welcome to Recovery International Zoom meeting is held on Tuesdays at 6pm. Just go to www.recoveryinternational.org and register.

If you have any questions about other meetings, please call the San Diego office at (619) 383-2084 or contact me at Lisa@recoveryinternational.org



Temple Emanu-El Book Group

by Janice Steinberg, Book Group Coordinator



Our March book is “The History of Love” by Nicole Krauss.

A long-lost book reappears, mysteriously connecting an old man searching for his son and a girl seeking a cure for her widowed mother's loneliness.

“Leo Gursky taps his radiator each evening to let his upstairs neighbor know he’s still alive. But it wasn’t always like this: in the Polish village of his youth, he fell in love and wrote a book. Sixty years later and half a world away, fourteen-year-old Alma, who was named after a character in that book, undertakes an adventure to find her namesake and save her family. With virtuosic skill and soaring imaginative power, Nicole Krauss gradually draws these stories together toward a climax of ‘extraordinary depth and beauty.’” (*Newsday*).

The Book Group is open to all Temple members. Please email me at janicesteinberg@cox.net if you'd like to get on our mailing list.

Climate Tzedek Campaign

By Barbara Learner and Janice Steinberg, Advocacy Committee Co-Chairs



Do you lie awake in the middle of the night wondering what kind of earth we're leaving for our children and grandchildren? Or maybe you're a young person, for whom living in California has always meant catastrophic wildfires and now bomb cyclones ... and you worry what's coming next.

We have the opportunity to address these issues as a California Jewish community through the Climate Tzedek Campaign. This multiyear project will involve Reform congregations throughout the state, under the leadership of Religious Action Center of Reform Judaism (RAC). Our regional gathering to kick off the campaign is happening:

Sunday, March 12, 10:30 am – 2:30 pm

Congregation Beth Israel

Here is what Rabbi Julie Saxe-Taller, the director of RAC-California, said about this meeting:

"At our regional gatherings, you will learn how California, as the fifth largest economy in the world, can make a significant impact to both ameliorate and cope with our changing climate. Meet others from congregations across our area, hear from speakers, learn how to energize our congregations, eat lunch and have fun!"

There is no charge for the meeting, but you do need to register: https://urj.tfaforms.net/901?id=7014u000001RRXa&utm_medium=email&utm_content=2022_12_22

Please contact us if you have any questions or just to let us know you registered at advocacy@teesd.org.

Condolences

To Suzanne Moss-High and Ronald High on the death of Suzanne's mother

Marjorie Moss

To Linda and Michael Bennett and Judi and Mark Schechter on the death their sister-in-law
and to Lisa Nies on the death of her aunt

Cynthia (Cindy) Bennett

To Susan Schwarz on the death of her sister

Janet (Golokow) Scefonas

To Jeff and Rachel Schindler on the death of Jeff's mother, and to Joey, Moriah and Jonny
Schindler on the death of their grandmother

Rose (Schwartz) Schindler



Contributions

Contributions received after the first of the month will be published in the next month's bulletin.

Commemorate a life cycle event or remember a loved one with a donation to one of the Temple's specially designated funds.

This month, we gratefully acknowledge the receipt of the following contributions:



YAHREZEIT OBSERVANCE

Ze'echer Tzadik Livrachah – The Memory of the Righteous is a Blessing
The following yearzeits will be commemorated at Shabbat services:

March 3 & 4	March 10 & 11	March 17 & 18	March 24 & 25	March 31 & April 1
Helen Ariessohn	Agathe Ehrenfried	Sylvia Asher	Larry Atherton	Yehuda Ben-Yehuda
Edward Grossberger	Nathan Ratner	Judith Berkowitz	Eugene Smith	Faye Penn
Roberta Naiman	Margot Rubin	John Lupi	Wilna Twomey	Joseph Silverman
Lula Nevil	Donald Sacks	*Henry Meyer	*Barry Epstein	Hella Steinberg
Samuel Segal	Marilyn Agranove	Amy Pollack	*Ben Fishman	*Sidney Smith
Esther Smith	*Harry Baker	Anna Rubin	Lou Lipson	John Work
Mildred Bratman	Lynn Luria Sukenick	Wayne Wilson	*Ed Spilkin	Grace Pollak
Sally Lurer	Leslie Renee Carter	George Zeidell	Charles Alexander	Harriet Steinberg
Peter Reytblat	Seymour Rogal	Eric Beissinger	Philip Borkat	*Connie Adelman
Fanny Ast	*Kenneth Siegel	Lillian Dworkin	Edith Gventer	Ron Berman
Paul Barron	*Louis Silverstein	*Stella Faitek	Gladys Marco	*Philip Fischer
Jerry Blum	Paul Winokur	Milton Freedman	Murray Goldblatt	Seymour Reichbart
James Corbett, Sr.	*Debra Berton	Max Medoff	Frank Korfin	Harold Copans
Martin Friedenberg	*Toby Brewster	Irving Norman Rubin	Martha Darling	Phyllis Spiegler
Stanley Breite	Yrene Bueno	Leonard Schreiber	Frank Marco	Jane Stein
Hilda Mervis	Jennie Feingold	Jack Shumacher	Mattie Mosenson	*Lottie Birnbaum
*Irma Seltzer	Arnold Forster	Betty Stein	*Jeff Silvers	Gerald Licht
Morris Slep	Annette Niss	Abraham Bresn	Rudolph Brill	Egal Baskind
*Frank Stein	Bernard Snyder	Henriette Goodwin	*Evelyn Herzfeld	Ilse Grunewald
*Carl William Weil	Reba Dresnin Epstein	Helen Schwab	Wayne Wilson	Helen Rosner
Alvin Korfin	*Sidney Forman	Caterina Scherbaum	Rose Kirche	Frederick W. Stratton
Harriet Newmark	Phyllis Goodman	Sam Schwartz	Gertrude Lieberman	*Irving Blitz
Carole Sachs	Margie Ventura	Arnold Singer	Lillian Persky	*Julius Cohen
Rueven Dan Ben Shlomo	Isabel Ast	*Sam Ackerman	Julia Segal	Milton Inbody
Ruth Ackerman	*Bess Fixler	Sidney Kaiser	George Segal	Isaac Mayer Wise
Martin DeSure	Howard Weisman	Sheila Korn	Blanche Green	Gerald Hoffman
Mark Faitek	Seymour Hoffman	Lou Sander	Rebecca Kerdie Levine	Louis Shapiro
*Sidney Laverson	Malcolm Finkelstein	Craig Schlotthauer	Martin Weiner	Cyril Saul Tukeman
Joan Levi	Phyllis Hochfeld	Susan Brecher	Fredrick Cauer	Stanley Willner
Albert Levin	Jack Abrams	Irwin Globerson	Michael Cooper	Gerald Agranove
Jeffrey Boss	*Joseph J. Gallen	Hyman Joseph Kaplan	Sarah Minsky	Samuel Schwartz
*Georgia Dyson	Molly Diamond	Jacob Rappoport	Raymond Scribner	*Gussie Singer
*Isadore Lehrman	Abraham Feldman	Isadore Sultan	Betty Stein	*Jacob Weiss
*Itamar Musafi	*Allen Fischer	Tom Uter	Marilyn Dunn	Louis Barron
Joseph Pessot	Phillip Moss	Barry Berger	*Samuel M. Cohen	Robert Fitzgerald
Stanley Garwood	Fay Shorr	David Gventer	*Sondra Glazer	Aaron Sam Lipshitz
Paul Globerson	*Emil Caplin	*Eleanor Laverson	*Lillian Connor	Allan Schreiber
Evelyn Silverstein	Geri Fox	Bernice Olcott	Zella Joy Esrock	Ida Zitsman
Abraham Slep	Ann Orloff	*Arthur Bloomfield	*Lila Sokolove	Ann Cohen
Philip Sompolsky	Phil Fayerman	*Sidney Caplin		*Burton Goldberg
Pat Bloom	Abraham Morris Sobo	Erwin Schloss		
Jeff Cohn	Carol Rubin Kushner	Rudolph Schloss		
Bernard E. Kole	Pauline Hirsch	Lillian Tauber		
Rabbi Leonard Rosenthal	Gertrude Kushner Klein	John Grady		
*Harold Strauss		Samuel Kastner		
Debbie Blum		Esther Gould		
Marguerite Degan		Richard Wolfe		
Roslyn Freedman		Faye A. Eisenberg		
Sidney Goren		Robert Mayers		
Dena Kissin		Belle Schuckman		
*Marvin Oberndorfer		*Goldie Cohen		
Carol Olson		Fanny Copans		
Bea Pappenheimer		*Philip Pekofsky		
Soll Shapiro		Julia Winsberg		
Bernice Rosen				
Lilyan Perlberg				
Esther Samuel Berkman				
Milton Roth				
Nathan Rubel				

* designates a memorial plaque in the Sanctuary lobby



In Our Temple Emanu-El Family

MARCH BIRTHDAYS

3/1 Donald Davidson Ezra Le Aran Sadjia Paul Schulman	3/11 Craig Misrach Shari Ressel	3/22 Becky Combist
3/2 Joelma Amorim-Glassman Joseph Colona Pam Mittleman	3/12 Joe Aiello Lee Ben-Yehuda Robbie Sommer	3/24 Mary Epsten Phyllis Irwin Elijah Lyon Lydia Ponomarenko Harris Steinberg Abigail Weissman
3/3 David Cohn Charles Jirkovsky Star Laddon Yonatan Mashal Micky Witztum	3/13 Hanna Fox Lynn Grady	3/25 Daniel Cohen Sheryl Feinberg Briana Ghitman Amy Patashnik Rebecca Schonhoff
3/4 Don Goldman Anne Isacowitz Scarvie	3/14 Andreas Freund Ellen Goren Dana Quittner	3/26 Michelle Wasserman
3/5 Rebecca Fowler Nancy Herzfeld-Pipkin Kennedy Lin Alan Medoff Stella Reytblat Sandy Rosenthal	3/15 Raul Clavell Brett Parker Alexandra Seldin	3/27 Jeff Arkin Dov Clavell Andi Mazor
3/6 Cole Peterson Laurie Spiegler	3/16 Jade Karel Zachary Palasnick	3/28 Sunny Borkat Byrne Eger Kathryn F. Witztum
3/7 Janet Arkin Meredith Lange Preston Lange Sarah Lin Phinneas Seldin	3/17 Andrew Siegel	3/29 Leslie Caspi Marc Mann
3/9 Nicholas Celano Emily Goldenberg	3/18 Lisa Busalacchi	3/31 Howard Kugler Will Scarvie Bill Seager Eve Socol
3/10 Haley Copans Lola Rodman Renee Zoffel	3/19 Brian Cane Joaquin Cuevas Katya Cuevas Eric Gross Laura Karel Lisa Shuman Kalia Thiele	
3/11 Benjamin Meis	3/20 Ellen Kagan Ken Needham Janie Regier Sharon Snyder Benjamin Stone	
	3/21 Stan Mayer Judy Medoff Scott Musicant	
	3/22 Len Berger	

MARCH ANNIVERSARIES

3/3	Marc and Janie Regier
3/7	John and Carrie Mayers
3/8	Frank and Jessica Teplin
3/10	Wendy and Vadim Ponomarenko
3/14	Shaun and Keri Copans Mike and Susan Schwarz
3/16	Marty and Roz Freedman
3/19	David and Rica Cherrick
3/23	Charlie and Connie Pinkus
3/24	Andy and Theresa Gellens Cathi and Ron Marx
3/25	Danny and Robbie Bailund
3/28	Lev and Tamara Tseselskaya



Israel Engagement: The Origins of our Hebrew Language

by Rhonda Amber and Jonathan Licht

Our first two articles dealt with current Israeli politics. The proposed changes suggested by the new government are generating controversy, diplomatic engagements and protests that take place weekly in Israel. There is no lack of articles and opinion pieces in U.S., international and Israeli newspapers for all of us to follow the situation.

In the meantime, we came across a fascinating article written by Ofer Aderet, and published in the January 20, 2023 issue of *Haaretz* concerning the origins of our Hebrew language.

Ancient Amorite-Akkadian tablets were discovered in Iraq about 30 years ago, possibly during the Iran-Iraq War. They were among thousands of artifacts taken to a safe place overseas. In 2016, Manfred Krebernik and Andrew R. George, famous archeologists with linguistic expertise in the languages of ancient Mesopotamia, began their study of these tablets and recently published their findings. The clay tablets, covered from top to bottom in cuneiform writing, contain details of a Canaanite language that has remarkable similarities with our ancient Hebrew language.

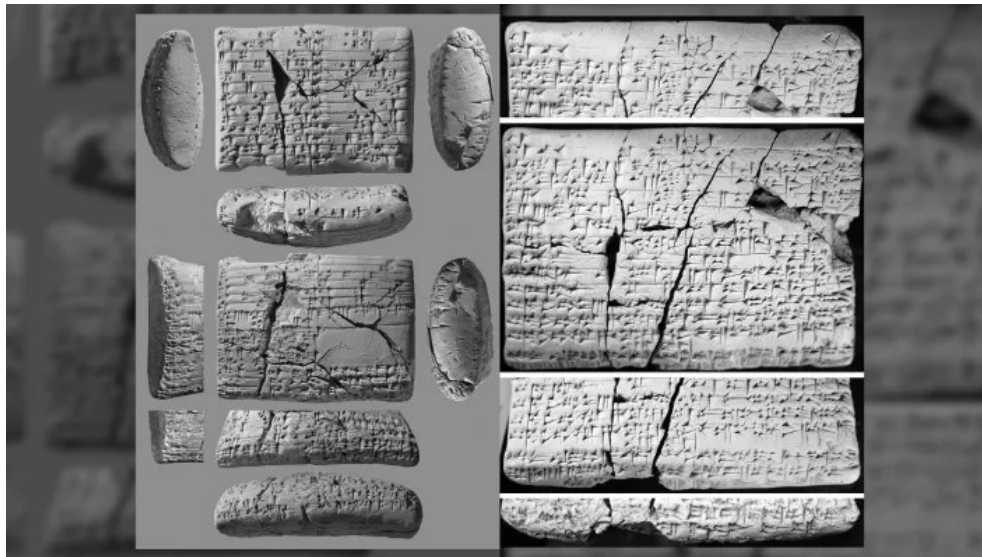
The tablets are 3800 years old and have been dated to the era of Babylonian King Hammurabi, 1800 B.C.E. The text on the tablets is divided into two parts. Like the famous Rosetta Stone, which had an inscription in one known language (ancient Greek) in parallel with two unknown written ancient Egyptian scripts (hieroglyphics and demotic). On one side, phrases, words and complete sentences are inscribed by the Amorite tribes originally from Canaan, the area that's roughly now Syria, Israel, and Jordan. On the other side the phrases, words and complete sentences are translated into Akkadian. Akkadian is a language well known and can be read by modern scholars.

Professor Yoram Cohen of Tel Aviv University Archeology Department said, "In this text, which is very, very ancient, words appear that anyone who knows Hebrew will immediately recognize. You don't have to be a linguist to understand the connection to Hebrew. Basically, we're looking at our forefathers here." Prior to the Hebrew language, language was spoken which was very close to ancient Hebrew. Some of the Amorite words that resemble Hebrew closely are "hashulan, lehem, le'eli" meaning the table, bread, my god. This discovery helps us understand the beginning of ancient spoken Hebrew.

According to the Tanach, the Amorites are one of nations that lived in Canaan at the time it was conquered by Joshua and the tribes. It appears that some of their language conquered us.

Then travel in time to 1891, when Eliezer Ben Yehuda arrived in Palestine and began to revive the Biblical Hebrew into the modern spoken Hebrew which we use today.

Now approximately nine million people speak Hebrew.



So much is happening in Israel in addition to archaeological discoveries. Let's meet, learn, engage, discuss Israel: government, culture, science, its history and future. Please contact us at rjamber2011@gmail.com for more information.



It's Coming..... You either like it or you love it

Passover Begins April 5

A Taste of Passover

Wednesday, March 29, 6:30pm

Join the Women of Temple Emanu-El for "A Taste of Passover" on March 29 in the Temple Social Hall to learn about Passover customs, share recipes for favorite Passover dishes, taste some that may be new to you, and take home a recipe booklet filled with ideas. No charge if you are bringing a dish, \$10 per person if you are just tasting.

Please see the featured ad in this bulletin (page 17) and sign up by March 15.

Are you interested in getting involved in Sisterhood?

We love to do fun things and want to plan more programs. Bring your best ideas and please join our Board. If you are interested in getting involved, even in a small way, please reach out to Nancy at wrj@teesd.org. We would love to have you!

Calling all High School Seniors!

It is time to apply for a College Scholarship from the Women of Temple Emanu-El. Scholarships are funded by the profits from the Artisan Festival and donations from members. Forms have been sent out and are due back at the beginning of April. We look forward to reading your applications and rewarding your high school accomplishments.





Helping to Repair the World

Your generous donations to Temple Emanu-El's Social Action Fund are used to serve the needs of the community, locally, nationally and internationally.

In February, funds were sent to the Jacobs and Cushman San Diego Food Bank (sandiegofoodbank.org), the largest hunger relief organization in San Diego County. Last year, the organization distributed 63 million pounds of food. Of San Diego County's 3.3 million residents, over 1 million people face nutritional insecurity. On average, the Food Bank (operating in San Diego and their North County branch in Vista) serves 500,000 people per month in the county and partners with 500 non-profits, including food pantries, soup kitchens, senior centers, shelters and day care centers. They also provide immediate, confidential food assistance in emergencies through their association with 2-1-1 San Diego, a major resource and referral agency.

In addition, a special contribution was sent to Global Giving (globalgiving.org) following the devastating earthquake in Turkey and Syria. Funds will be used immediately for emergency relief, including shelter and food, and for long term recovery after urgent needs are met. Global Giving also partners with local nonprofits which can close gaps in response and recovery efforts.

In March, we will allocate money to the Religious Coalition for Reproductive Choice (rcrc.org). Founded in 1974, this interfaith organization works to remove multiple barriers which impede people, especially those in marginalized communities, to access reproductive health care with respect and dignity. They bring the moral force of religion to protect justice through education and advocacy.

The Social Action Committee carefully screens all recipients to make sure money you donate to the Social Action Fund to continue the work of tikkun olam is spent wisely. We appreciate your donations, large or small, to help with this work.

Yard Safety Tips

By Greg Houska, *Safety/Security Committee Chair*

I can't say that spring is in the air, but it is certainly on the horizon. In order to get ready for it, let's discuss some things we should consider prior to entering the garden. But first, please remember that starting your own garden is easy, but picking all the vegetables is the harvest part!

1. Invest in the right equipment: a good pair of gloves, eye protection and sturdy, slip-resistant shoes or boots are all a must.
2. Use leverage or get some help lifting heavy items such as bags of fertilizer or large plants. A small wheelbarrow or hand truck will make your job a lot easier.
3. Stay hydrated. Wear comfortable clothing, including a hat, and don't forget the sunscreen.
4. Familiarize yourself with power tools and make sure extension cords are in good shape with no cuts or loose wires. Power tools should be in the "off" position before starting them. Ensure ladders are set on a firm and level surface and wear a tool belt to hold, well, your tools.
5. If by some chance you are stung by a bee or other insect, immediately remove any jewelry near the affected appendage. This will prevent it from having to be cut off if a finger or hand swells.

Just remember, growing a vegetable or herb garden can be tough, but if you put thought and effort into planning, you will find thyme for it.





TASTE OF PASSOVER

Wed. March 29

6:30 p.m. in the TEESD Social Hall RSVP:
WRJ@teesd.org before March 15th

Learn

What are the 5 foods you cannot eat during Passover? How do Askenazic and Sephardic customs differ? What does it mean to build a fence around Torah?

Taste

Please bring your favorite Passover dish to share. We will taste different foods. If you are bringing a dish, send your recipe to Nancy (n.marcus@aol.com) by March 15th, so you can take home a recipe book to try out during Passover.

Details

Cost: No Charge if you bring a dish to share. Just tasting: \$10.00 per person

What to bring ideas: charoset, matzoh lasagna, matzoh kishka, veggies, desserts, fruit dishes, your specialties! No canned macaroons

Mazal Tov

To Bill and Jean Seager on their daughter, Rabbi Erica Asch, becoming President of the Central Conference of American Rabbis. The CCAR is the Reform Rabbinic leadership organization, serving 2,200 Rabbis and more than two million Jews throughout North America, Israel and the world.

TODAH RABAH

To Barbara Pollack for her work on editing the bulletin.

To Kurtis Ramsey our dedicated Security Guard who keeps us safe.

We'd love to share your simcha!

Do you have an engagement, a wedding or a new baby in your family? Share your happiness with the congregation! Please email the information to publicity@teesd.org to be included in an upcoming bulletin.



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CARS

Temple Emanu-El has signed on as a partner of CARS, a nonprofit organization that takes donated vehicles and returns 80% of the proceeds to the organization of the donor's choice. CARS was founded in 2003 and has donated millions of dollars to nonprofits across the country.

The process is simple: log on to careasy.com and follow the three easy steps. You can select Temple Emanu-El as your nonprofit of choice, provide the information about your vehicle and arrange for CARS to pick up at your office or home. They will work around your schedule and take care of all the paperwork. There is no cost to the donor and donations are tax deductible.

If you or someone you know has a vehicle they would like to donate, visit **careasy.org** to learn more about the process or contact anyone at the Temple office for assistance.

Thanks for your support.



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HA-SOFER • THE SCRIBE

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March 5 for the April issue
April 5 for the May issue



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			March 1 • 8 Adar	March 2 • 9 Adar	March 3 • 10 Adar	March 4 • 11 Adar
			Torah School Hebrew Classes 4 pm & 5 pm Yisrael Klitsner 6 pm (ZOOM)	Recovery International 10 am Bridge with Benj 12:30 pm	Shabbat Service 6 pm	Torah Study 9 am Shabbat Service 10:30 am
March 5 • 12 Adar	March 6 • 13 Adar	March 7 • 14 Adar	March 8 • 15 Adar	March 9 • 16 Adar	March 10 • 17 Adar	March 11 • 18 Adar
Torah School 9:00 am PURIM CARNIVAL 11 am—2 pm	Erev Purim Service, Megillah Reading and Purim Shpiel 6 pm	PURIM Community Jewish High 6 pm	Torah School Hebrew Classes 4 pm & 5 pm	Recovery International 10 am Bridge with Benj 12:30 pm	Shabbat Service 6 pm	Torah Study 9 am Shabbat Service Mackenzie Blum-Hopgood Bat Mitzvah 10:30 am
March 12 • 19 Adar	March 13 • 20 Adar	March 14 • 21 Adar	March 15 • 22 Adar	March 16 • 23 Adar	March 17 • 24 Adar	March 18 • 25 Adar
Daylight Saving Time Torah School 9:00 am Introduction to Judaism 10 am Adult Beginners Hebrew Class 12:30 pm		Community Jewish High 6 pm	Torah School Hebrew Classes 4 pm & 5 pm WRJ Night at the La Jolla Playhouse 7:30 pm	Recovery International 10 am Bridge with Benj 12:30 pm	Family Shabbat Service 6 pm	Torah Study 9 am Shabbat Service 10:30 am
March 19 • 26 Adar	March 20 • 27 Adar	March 21 • 28 Adar	March 22 • 29 Adar	March 23 • 1 Nissan	March 24 • 2 Nissan	March 25 • 3 Nissan
Torah School 9:00 am Introduction to Judaism 10 am Adult Beginners Hebrew Class 12:30 pm		Community Jewish High 6 pm	Torah School Hebrew Classes 4 pm & 5 pm	Recovery International 10 am Bridge with Benj 12:30 pm	Shabbat Service 6 pm	Torah Study 9 am Shabbat Service Rebecca Schonhoff Bat Mitzvah 10:30 am
March 26 • 4 Nissan	March 27 • 5 Nissan	March 28 • 6 Nissan	March 29 • 7 Nissan	March 30 • 8 Nissan	March 31 • 9 Nissan	
NO Torah School Introduction to Judaism 10 am	Preschool Spring Break (through March 31)	Drum Circle 3 pm NO Community Jewish High	NO Hebrew Classes WRJ Taste of Passover 6:30 pm	Recovery International 10 am Bridge with Benj 12:30 pm	Shabbat Service 6 pm	

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