



HA-SOFER THE SCRIBE

Sivan—Tamuz 5783

אייר - סיון

June 2023

TEMPLE EMANU-EL • 6299 CAPRI DRIVE, SAN DIEGO, CA 92120-4632 • (619) 286-2555 •

Annual Congregational Meeting Sunday, June 11—10 am

The annual meeting's agenda will include approval of the budget for fiscal year 2023 – 2024, as well as election of officers and directors for next year. Access to the meeting will be both in person and on Zoom.

All members in good standing are entitled to vote. Please contact Executive Director Shaun Copans if you would like to check your status.

The slate for the Temple Board of Directors to be voted on at the Annual Meeting:

President	Matt Meis
First Vice President	Stefani Lenett
Second Vice President	Barbara Braasch
Treasurer	Jeff Schindler
Financial Secretary	Barbara Braasch
Recording Secretary	Alec Irwin
Immediate Past Presidents	Marc Glazer, Cathi Marx
Executive Past President	Eric Rosenzweig

Directors to be elected for a two-year term:

Daniel Cohen, Joe Cohen, Andrea Musicant, Debbie Tirouda

Directors beginning the second year of a first two-year term:

Marcia Berneger, Richard Erth, Aimee Le, Barbara Learner, Jane Muschenetz

Director to begin second two-year term:

Felise Zollman

Directors beginning second year of second two-year term:

Amy Blum, Gail Braverman

WRJ Representative:

Becca Bierman

Youth Representatives:

TBD

Directors completing service and leaving the Board with our sincere thanks:

Trish Freund, Tom Lincoln, Ira Moskowitz, Robert Patterson, Howard Somers, Gary Steres

Service Schedule

Friday, June 2 Shabbat Service	6 pm
Saturday, June 3 Shabbat Service Bar Mitzvah Naso II, Numbers 6:1-7:89 Judges 13:13-25	10:30 am
Friday, June 9 Shabbat Service	6 pm
Saturday, June 10 Shabbat Service Bar Mitzvah B'haalot'cha, Numbers 8:1-12:16 Zechariah 2:14-4:7	10:30 am
Friday, June 16 Shabbat Service	6 pm
Saturday, June 17 Shabbat Service Bar Mitzvah Sh'lach L'cha, Numbers 13:1-15:41 Joshua 2:1-24	10:30 am
Friday, June 23 Shabbat Service	6 pm
Saturday, June 24 Shabbat Service Bat Mitzvah Korach, Numbers 16:1-18:32 I Samuel 11:14-12:22	10:30 am
Friday, June 30 Shabbat Service Naso I, Numbers 4:21-5:31 Judges 13:2-12	6 pm



From Our Temple Co-Presidents

by Marc Glazer & Cathi Marx

Truly, this is a bittersweet moment as we write this, our last Presidents' message, after two years of being your synagogue Co-Presidents.

Reflecting back on these past two years, we are filled with gratitude, warmth and an abundance of deep appreciation for our congregation. It's difficult to explain how much serving brought us so much joy. There is no way that we could possibly communicate how fulfilling it has been for us over those two years.

We knew that navigating the pandemic was going to be a challenge. We knew that emerging from the pandemic would also be a challenge. To watch the way that our community chose unity over divisiveness, and kindness over anger, has been nothing short of inspiring.

It is difficult to describe how much a person gets to learn about the extensive inner workings of the synagogue until you have the privilege of sitting on the Board and especially in the presidency. We are filled with respect and awe for the incredible dedication of our members who give so much of their time and talent to make our community whole and functioning. We are inspired by our amazing professional team who regularly and consistently go above and beyond the call of duty to ensure the completeness of our world here at the synagogue.

We are so thankful to all of our volunteers, including our wonderful Board of Directors who sat through so many meetings through the pandemic. They have stepped up in their own capacities giving of their unique talents and expertise to ensure the strength, longevity and health of our sacred house so that it will be here for generations to come.

Thank you all for entrusting us as your leaders these past two years. It has truly been the honor of a lifetime and we look forward with great joy to stepping into our next role as "Immediate Past Presidents" as we continue to serve as mentors and supporters to the Presidents and Boards of Directors to come.



Shaun Speaks...



Shaun Copans,
Executive Director

Last fall, longtime Temple member Barry Lander was a contestant on a television gameshow called *Press Your Luck*.

Spoiler alert – Barry was the big winner that day, collecting cash and prizes worth almost \$250,000! Isn't that incredible!?! One of the prizes he won was a deluxe ping pong table worth \$15,000 from a game room company in Michigan. Not sure if he wanted the ping pong table, Barry spoke to the producers of the show, and they agreed to give him credit to use for any games in their showroom.

Instead of going on a shopping spree, Barry donated the credit to Temple Emanu-El! We used it to get a pinball machine, full size arcade game and a ping pong table for our Youth Lounge. We even had enough left over to get some new tables and chairs to use for Temple events.

Please join me in thanking Barry Lander for his incredible thoughtfulness and generosity. What a mensch!



Temple members who are able to go above and beyond the standard Temple dues requirement enable us to continue our high standard of services and programs for all members, regardless of means. Please consider joining at one of the following levels:

Chai Circle

**Denotes five years of participation in the Chai Circle program.*



All levels of Chai Circle and Life Membership will have their names published at High Holy Days and in HaSofer (The Scribe). For more information about our programs, please call the Temple office at (619) 286-2555.

Life Membership



Add Your Strength to Ours!

Below is a list of contacts for committees, projects and other ways to become more involved in the life of Temple EmanuEl. Please reach out to any of these groups to learn more about their work, and how you can become involved.

- **Adult Education** adulthood@teesd.org
Madelynn Micon (619) 200-3237
- **Advocacy** advocacy@teesd.org
Barbara Learner
Janice Steinberg
- **Budget and Finance** financecommittee@teesd.org
- **Caring Community** caringcom@teesd.org
Ira Moskowitz (619) 449-2762
- **Endowment** endowment@teesd.org
Bob Rubenstein
- **House & Grounds** housegrounds@teesd.org
Steve Naiman (619) 449-2349
- **Library** office@teesd.org
- **Membership** membership@teesd.org
Amy Blum
- **Mental Health** mentalhealthcom@teesd.org
Marie Raftery
- **Mi Shebeirach Tapestry** tapestry@teesd.org
Claire Fritz
- **Personnel** personnelcom@teesd.org
Debbie Macdonald (858) 731-1354
- **Preschool** preschool_com@teesd.org
- **Publicity** publicity@teesd.org
- **Safety/Security** security@teesd.org
Greg Houska
- **Social Action** socialaction@teesd.org
- **Torah School** thscom@teesd.org
Jane Muschenetz
Patricia Cardozo
- **Women of Reform Judaism** wrj@teesd.org
Nancy Marcus
Barbara Chancy
- **Worship** teesdworship@gmail.com
Shelli Stein
- **Youth** rabbibenj@teesd.org
Rabbi Benj Fried



Mitzvah of the Month – Eyeglass Collection



In San Diego, the Lions Optometric Vision Clinic was established in 1963 to provide vision care to those in our community who could not otherwise afford adequate care. Dedicated doctors from the San Diego County Optometric Society volunteer their time to evaluate and treat a variety of vision problems. Over 200 San Diego agencies currently refer patients to this clinic.

Lions Club International collects used eyeglasses to help those in need worldwide. The Lions Eyeglass Recycling Center processes used eyeglasses to be distributed by optical missions around the world.

Look through your home and bring in glasses (and their cases if you have them) which you are no longer using. Even if the lenses are scratched, the frames may be usable; and if frames are broken, lenses may be usable.

Please bring all donations to the white Social Action barrel in the front office lobby of the Temple, and members of the committee will deliver them.

For questions or more information, please contact Helen Elias at helenelias1@gmail.com



6/1 Alia & David Rodman
6/2 Beverly & Gary Steres
6/7 Melissa & Miriam Kae
6/11 Jerry & Karen Eisman
6/14 Danny & Emily Green
6/21 James & Kimberly Corbett
Aaron & Marci Flores
Carli & Sholom Solomon



6/22 Dina & Steve Naiman
6/24 Amnon & Lee Ben-Yehuda
Jennifer & Robert Handler
6/29 Stacey Kasendorf & B.J. Brose
6/30 Rebecca Bellingham & Benjamin Saltman



Community Corner

Lying Fallow: A Time For Rest

by Gail Braverman, M.A., LMFT, and Temple Board Member

I suspect for many of us who dwell in the land of compulsive doing, it is hard to imagine what idle time would look like.

In agriculture, lying fallow means the land is left for a period of time without being planted with crops. In this state, the land can regenerate.

For humans, however, taking time to lie dormant can feel greedy, wasteful, or lazy.

We are spending most of our time on work mode, whether it is at our job, the house, the children, family, or our commitments. If we aren't visibly busy producing, we are told we aren't working hard enough. We are encouraged to do more by all the media, to buy more, to be more. Whew, how exhausting.

Lying fallow is a way to renew ourselves, our thoughts, and our spirits.

Usually when we are stressed and overwhelmed the last thing, we think about is taking time out. We rush from one thing to another with no space in between. The best time to take a fallow moment is when you think you don't have time to.

I encourage you to take those few moments a couple of times a day. It can take as little as five to fifteen seconds. You can try it for yourself right now.

STOP: Close your eyes if possible or focus downward and bring your attention on your breath.

BREATH AWARENESS: Begin to notice the rise and fall of your belly as you breathe in and breathe out.

EXHALE: Lengthen and amplify the exhale of the breath. Do this for several breaths.

Fallow time is just as important as the planting of the crops. We, too, need to regenerate and connect to ourselves and the sacredness of the moment.

Reflection: What might get in the way of your taking a breathing break?

Today's Practice: Take 5 to 15 seconds at least once today to stop, breathe and exhale.

Comments are welcomed: gbrave3333@aol.com



Temple Emanu-El Book Group

by Pat Libby, Book Group Member

Our book group meets every other month from 7-8:30pm, generally via Zoom. Unlike many book groups, we actually spend the entire meeting discussing the book! The role of facilitator rotates between members of the group.

At the end of each meeting, everyone votes on the book to be discussed at the next meeting, using a list of both fiction and nonfiction books that has been curated by the next meeting's facilitator.

If you join the group, you can be part of the discussion and selection process. To find out more about the book group's next meeting or to join, contact me at patlibby@sbcglobal.net.



Juneteenth Freedom Festival
Saturday, June 17, 11 am – 6 pm
Memorial Park, 2975 Oceanview Blvd., San Diego 92113

The Juneteenth Freedom Festival will be held on Saturday June 17, and we need your help as Temple Emanu-El shows up and joins the celebration. Jewish and African American collaboration in the struggle for justice has a long history in the USA. We have reserved booth space at the Festival and will have displays showing how Jewish theology and Jewish values have been the impetus for Jewish involvement in civil rights dating back to the formation and leadership of the NAACP in 1909.

We will film video interviews with members of our congregation who have been involved in the civil rights movement. We want to hear from you! We also want to hear and record the voices and stories of Black Jewish members and families of our congregation.

We are looking for help to make our participation a success. We can use:

- Volunteers to sign up for a three hour shift at the booth the day of the Festival
- Participants for video interviews/story sharing about their civil rights work
- Donations for educational materials
- People to help create educational materials for the displays
- Folks interested in sharing ideas for stronger, better African, and Jewish relationships in San Diego

Our goal is to strengthen relationships between our two communities in San Diego, founded on trust, transparency, and shared understanding. We are showing up. This is tikkun olam in action.

For more information or to volunteer to help, please contact Barrett at (619) 251-5103 or email her at clemmenspowell@gmail.com.

From the Mailbox

We would like to thank you for the Gently Hugged clothing drive that you organized in March. We collected approximately one and a half large bins of donations. We could not continue to provide gift bags for mothers and babies in need without the support of generous community members like you! We hope to work with you again in the future.

Heidi Skanchy, Coordinator of Clothing Drives

Gently Hugged

Gently Hugged serves families in need by providing useful items for children ages preemie to 12 months.



On behalf of San Diego Volunteer Lawyer Program, thank you for your generous donation. Your organization's gift serves a critical need in San Diego: providing access to justice and benefiting the lives of our community's poor and disadvantaged. Last year, SDVLP provided legal services to over 6,000 individuals including foster youth, abused women and children, veterans, immigrants, and individuals experiencing homelessness.

The impact of our work is life-changing, and we are grateful for every opportunity to promote fair and equal access to the justice system. Because of our incredible donors, we can provide so many valuable services to the people of San Diego.

Jennifer L. Nelson, Chief Executive Officer

San Diego Volunteer Lawyer Program

The San Diego Volunteer Lawyer Program is celebrating their 40 year anniversary helping those in need in our city.

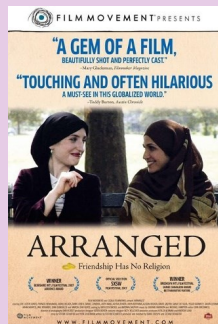
Your generous contributions to the Social Action Fund make it possible to respond to needs in our community and around the world.



Adult Education
Supporting Lifelong Jewish Learning
by Madelynn Micon *Committee Chair*

Summer Reruns, Favorite Films from Past Series

Arranged
Saturday, June 24, 7 pm
Temple Sanctuary, In Person



Arranged centers on the friendship between an Orthodox Jewish woman and a Muslim woman who meet as first-year teachers at a public school in Brooklyn. During the year, they learn they share much in common - not least of which is that they are both going through the process of arranged marriages. In their review of the film, Frederic and Mary Ann Brussart wrote, "It is a delight to see a film that celebrates the integrity and zeal of two deeply religious women as they question tradition but eventually discover they can support it as a path with meaning. Make time to experience this rare religious drama that salutes the free choices of an Orthodox Jew and a Muslim as they create a deep friendship at a crucial juncture in their lives."

The movie, made in the U.S. in 2007, was directed by Diane Crespo and Stefan Schaefer.

Laurie Baron will introduce the film and facilitate discussion after its screening.

There will be a bring your own dinner in the courtyard before the screening of the film.

Torah Study
Saturday mornings—9:00 am In Person and on Zoom
An in-depth study of Torah portions and commentary. Come in person or connect from home.
Zoom links will be provided in the Temple's weekly emails.

Coffee with the Rabbi
Wednesday mornings, 11 am on Zoom
Drop in when you can for a lively discussion on current events. No registration is needed— just an interest in Jewish learning.

Please consider a contribution to the Adult Education Fund to help support the Committee's efforts to continue to engage speakers and provide the high quality of life-long learning experiences that have become an integral part of Temple Emanu-El.

Program costs are continuing to rise, and we need your support.

Please check your email messages for additional information and other upcoming Adult Ed programs. For questions, contact Madelynn at adulted@teesd.org, or call her at (619)200-3237.



Israel Engagement

by Rhonda Amber and Jonathan Licht

What's Happening In Israel? Sunday, June 11, Noon Following Temple Emanu-El's Annual Meeting

Please join us and Rabbi Devorah immediately after the Annual Meeting to hear about the latest developments in Israel's ongoing internal conversation on the nature of its democracy, the current protests, Israel's 75th birthday and its future.

For those coming in person, we will have bagels and refreshments. You may also join the conversation on Zoom. The link will be provided in the Temple's weekly emails.

We are planning programs and events on topics relating to Israel. For more information, please contact us at rjamber211gmailcom.

The View from the Ground as Protests Continue and Expand

We arrived in Israel on a Saturday morning and, after visiting our cousin in Tel Aviv, we headed north to our home in Zichron Yaakov at the beginning of the Carmel Mountain range. Zichron was one of the original settlements of the First Aliyah in 1882 and was supported by Baron Edmund Rothchild. Others included Rishon Le Zion, Rosh Pina, Petah-Tikva, Hamaala and Ekron. The Baron wanted citrus orchards and vineyards planted in Zichron even though it was economically impractical at the time. The Romanian immigrants suffered greatly in the early years of the Aliya and rebelled against the Baron's control from afar in France. Over time, the land and control was transferred to the settlers. And in the long run, the vineyards survived and Zichron is known for its Carmel, Tishbi and other wineries. We live on a plot of land bought by the Baron from the Turks and given to the Romanian farmers, whose descendants eventually sold it for housing development.

By the end of our first day on Motsei Shabbat, in the spirit of our Zichron's rebellious settlers, we made our way to the latest protests at a traffic stop on Highway 4 at the bottom of our town. Over the next couple of weeks, we celebrated Yom HaZicharon, Yom HaAtzmaut, and participated in demonstrations in Tel Aviv. Hundreds of thousands of Israeli citizens have gone to the streets to voice their opinions on the proposed changes to the laws of the State of Israel by the new government.

Different segments of the Israeli society that were described by the former President of Israel, Reuven Rivlin, as the four tribes: Secular Jews, National Religious Jews, Ultra Orthodox Haredi Jews and Arabs, want a Supreme Court in their own image. Our cousin says that no matter the outcome of the current crisis, Israel will never be the same. At the beginning of every protest we sing Hatikva and we leave in peace. We want Israel to be even a better place for all its citizens.

Drum Circle June 20, 3 pm

The next Drum Circle will meet on Tuesday, June 20 from 3 - 4 pm. We have been meeting outside in the synagogue courtyard and have enjoyed each other's in-person company.

Leanne Pearl, our leader, guides us in new rhythms which we integrate into our own. We have been meeting for over three years.

Come and give your mind a break from your "to do" list. After the drum circle, most people say they feel lighter and refreshed. Being outside you can hear the birds sing and enjoy the blue sky.

Drums are available to borrow during each session. There is a gratuity of \$10.00, but if it is your first time joining us, you can drum free of charge.

Come on your own or bring a friend! We have a core number of drummers but always welcome newcomers.



Hope to see you on June 20!

Any questions? Contact Bonnie Baron at bonniebaron@gmail.com.



Wow, May was a busy month for Recovery International. May was Mental Health Month and we were involved with the San Diego mental health community. Now, here it is June and time to write another article for our bulletin, Ha-Sofer – The Scribe.

My commitment in writing this column is to support RI at the Temple so that people can treat their mental health issues. I was thrilled to be able to do this on a larger scale as well. The San Diego Union-Tribune asked if I would like to be interviewed and tell my story, which was included in their special section on April 16, *72 Hours: Inside the Mental Health Crisis in San Diego County*.

I thought the interview with The Union-Tribune would be a quick one. Was I wrong! For three days, reporters and photographers followed me, watching me do everything from leading RI meetings to video recording me putting on my makeup. It was rather an intimidating experience, but at the same time I know that when we share our stories it reduces the stigma of mental health illness. This was my contribution.

Recovery International has given me a life I love. Are there hard times? You bet there are, and I've learned how to handle them. I now have a peaceful life with family and friends and most importantly, I have my mental health. I am Endorsing ... giving myself credit for being well and not having to return to the hospital or a mental health facility for over 25 years.

If you would like to read the article from the Union-Tribune and/or see the video, please email Eric, my administrative assistant, at Eric@recoveryinternational.org.

We are lucky to have a Recovery International meeting here at Temple Emanu-El every Thursday at 10 am in the library. The in-person meetings are led by Nick Silverstein.

Welcome to Recovery meetings are held on Tuesdays at 6 pm and Wednesdays at 12 noon. To register or for more information, please visit our website: recoveryinternational.org or call the San Diego office at (619) 383-2084.

Mental Health Committee

by Marie Raftery, Committee Chair

As I write this article for the June Temple bulletin, I reminded myself that it is May, Mental Health Awareness month. I asked myself how did I not take care of this sooner, not just this month but last month? Should I even write about it - ostensibly a month late? Yes, in thinking about it, I should because every month should be Mental Health Awareness Month.

I hope you will read this and send me some feedback.

When Zack Patterson, our Temple Emanu-El alumnus and current student at Duke University said when he spoke to our committee, "Mental Health is like any type of health - you take care of and are aware of it every day."

Mental Health Awareness month was established in 1949 to increase mental health awareness in the lives of Americans and to celebrate recovery. We have had seventy-four years to focus, and the work to achieve that goal continues.

The Mental Health Committee includes vetted resources on our page of the Temple website; we hold monthly meetings with excellent community speakers. Now that Covid and the pandemic seem to be somewhat behind us, the committee intends to bring programs, speakers and events to our Temple community. It is our hope that you will see mental health awareness as a year-round goal, not just in May and not just a month at a time.

I apologize for being a month off on the official date. Join us and bring your thoughts, comments, suggestions. We usually meet the second Wednesday of each month at 7 pm on Zoom. I think you will find it interesting - that's my opinion, of course.

You can reach me at mentalhealthcom@teesd.org

Advocacy—Being an Effective Advocate

By Barbara Learner and Janice Steinberg, Advocacy Committee Co-Chairs

You may not think of yourself as an activist, but you can be. It isn't difficult and only takes a few minutes. When a vote is about to happen on something important to you, like gun violence prevention, climate change, or even issues in your local school district, you can take direct action to impact decisions that are about to be made. Here are a few tips from the University of Berkeley on how to do that.

Calling an official's office is probably the most powerful. But letters and emails can make an impact, too. Things to consider during your call or in your letter/email:

1. *Be Original* - Consider writing your own original correspondence. While many organizations can provide you with a pre-written letter or postcard that you simply sign, many legislators still consider a thoughtful, original letter from a constituent worth 1,000 of the pre-written letters. Feel free to use a pre-written letter as a base and expand on it with your own words.
2. *Stay Brief* - The maximum length of a letter/email should be 1 page.
3. *State Who You Are and What You are Writing About* - Identify yourself as a constituent and why you are writing in the first paragraph. This will keep your letter brief. If you know the bill by name or bill number, state it in the first paragraph or even the first line, such as "This letter concerns The Letter Writing Act" or something similar.
4. *Personalize Your Letter/Email*—If the legislation you are writing about will affect you personally, tell the elected official about it. Write a brief personal story about what the legislation will/will not do for you and/or your community.
5. *Personalize Your Relationship* - The more you can personalize your relationship with the elected official, the stronger your letter/email will be. If you voted for them, worked on their campaign, or donated money, say so. If you have ever met them, briefly mention this in your letter. If possible, attend town halls and other public events your elected official holds.
6. *Three Points* - In keeping your correspondence short, consider making no more than three main points.
7. *Be Respectful* - The easiest way to not have your letter read is to be disrespectful. Even if the official is not the person you voted for, remember to be respectful.
8. *Include Your Address in Your Signature, Even in Email* - Elected officials are busy people and while you should never demand a response, some will take the time to write back. They can't if you do not include your address. Including your address also affirms the fact that you are a constituent.
9. *Follow up* - After you have contacted your elected official, follow up on what they did. If he/she voted the way you wanted, consider contacting them to thank him/her. If they did not vote the way you wanted, consider contacting them and respectfully express your disappointment. In any follow-up letter/email, mention the fact that you wrote to them before the vote was taken.

All elected officials work for us. They need to hear from us to do their jobs well!



Contributions

Contributions received after the first of the month will be published in the next month's bulletin.

Commemorate a life cycle event or remember a loved one with a donation to one of the Temple's specially designated funds.

This month, we gratefully acknowledge the receipt of the following contributions:



YAHREZEIT OBSERVANCE

Zecher Tzadik Livracha – The Memory of the Righteous is a Blessing

The following yahrzeits will be commemorated at Shabbat services:

June 2 & 3

Rabbi Haim Asa
Dorothy DeSure
Joseph Fagenbaum
*David Flesner
Jeffrey Grossman
Eddie Kantor
Sylvia Korey
Mollie Prenner
Leanne Sander
Ida Seiden
Barbara Shive
Louise Winicki
Samuel Bennett
Sylvia Clorfeine
Florence Guss
Mae Jordan
Bill Musbach
Harold Sherman
Paul Tendick
James Hugh Bernard
*Manley Kaufman
Gerald Levin
Barbara Freedman
Ron Baranov
Edward Feldman
Corinne Fraser
Chip Garry
Isaac Lias
Milton Lubin
Sandy Bolotin
Stan Foster
Katherine Griffon
Juliet Jacobs Kossman
Maurice Krasnow
Gladys Lavender
Martha Najberg
*Archie Schoenkopf
Darlene Barkley
Elma Krane
Jack Lyons
Jacob Najberg
Morris Schneider
Koushik Seetharaman

June 9 & 10

*Bonnie Ruth Brown
Joseph Morris
Erela Puritsky
Eve Smith
*Rose Spector
*Lillian Spilkin
Herman Wittenberg
Shelly Balloon
Sandra Blankfeld
Miriam Falik
Marilyn Frankel
Harriet Franks
*Raye Lenett
*Sarah Billie Smith
Israel Vogel
Mary Ann Youngren
Alexander Amber
Anne Cohen
Sarah King
Leonard Lurie
Jean Shapiro
Deborah Tarlowe
Flora Kirman
Jerry Rosenthal
David Sandler
*Esther Weissberg Wagner
Gloria Bohrer
Seymour Farber
*Edward Kitaen
Rose Sklute
Joe Weitzen
Sandra Golden
Paul Rosen
Isabel Rousell
Lena Vogel
Solomon Berkman
Zel Camiel
Celia Seid
*Beatrice Smith
*Daniel Somers
Sue Chaiton
Bernard Zeavin

June 16 & 17

Shirley Berger
Florence Brown
Reba Green
Ana Alvarado Hebard
Jack Hicks
Irwin Kantor
*Joseph Tonopolsky
Cheryl Baron
Deanne Bloom
Mina Feldman
Jack Fisdell
*Anne Goldy
*Milton Kass
*Louis Kessler
*Morris Naiman
Sidele Rostholder
*Tillie Sarnoff
Lillian Schaeffer
Ronald S. Smith
Mary Cherniss
William Goldstein
Elizabeth Kantor
Rose Lander
Randy Levenson
Santo Vogel
Paula Wilbert
Ethel Elinson
Mack Freedman
Sydelle Lewis Israel
*Adele Lederer Levy
Barbara Mason
Emma Matteotti
Anna Palasnick
*Marvin Paymer
Herbert Brecher
Elaine Furman
Irving Klase
*Phyllis Kornfeld
*Lanny Lawson
*Sarah Leichtag
Sadie Mervis
Hal Olcott
Norman Baumgarten
Barbara Orner
Muriel Gootkin
*Leo Siegel

June 23 & 24

Susan DeSure
*William Einbinder
Eugene Furman
Milton Konover
Erwin Schwarz
Geoff Bjork
Maurice Friedman
Steve Foerder
Pearl Garfinkel
Morris Hirsh
Robert H. Lurie
*Ethel Togut
Ruth Tukiman
Sidney Applbaum
Helene Fried
Terry Fuller
Seymour Goldman
Adrien Gomes
Steven Marcus
Samuel Raboy
Evelyn Steres
Aron Arenson
Gerald Davis
*Charles Derezin
*Mildred Eger
Dora Goldman
Joan Green
*David Handler
Myer Mervis
Murray Lee Frant
*Jean Iglow
Sylvia Kay
Helen Kipp
Rita Gilda Okrent
Esther Pessot
Aaron Shulman
Oscar Dreizin
Minnie Rossman

June 30 & July 1

Judith Krakauer
Bea Levenson
Margaret Nordstrom
*Dave Satlof
*David Louis Rubenstein
Anne Gooch Hebard
*Edith Katz
Myla Musicant
Herbert Tishkoff
Stephen E. Kikta
William Joshua Berkman
*Gary Martin Cohn
Gert Pollak
*Bruce Handwerker
Henry Kagan
William Kipperman
Dorothy Krugman
*Mildred Nathan Levy
Gertrude Braufman Stein
*Martin Wagner
Jack Adelman
Reuben Golub
Dorothy Kalmin
David Marfin
E'vonne Morris
Jimmy Morris
Joseph Rostholder

* designates a memorial plaque in the Sanctuary lobby

Temple Emanu-El is in the process of transition to our new *Shul Cloud* software system. The yahrzeits listed here use the English observation dates. If you wish to observe your yahrzeits using the Hebrew dates, please contact Donna Lopez at dlopez@teesd.org, and she will update your information in our records.

Thank you for your patience as we continue this transition.



In Our Temple Emanu-El Family

JUNE BIRTHDAYS

6/1	Janna Dickenson Fern Hall Sasha Jonestein Suzanne Moss-High Aran Richardson Lee Siegel Elliot Spagat Sophia Williams	6/9	Zachary Patterson Linda Timlin	6/20	Matt Meis
6/2	Sarah Benner Naomi Crone Richard Lampke Gregory Martin Sonya Ponomarenko Barbara Saltzman	6/10	Dan Benner Elizabeth Brown Helen Levin Kavi Sateesh Scott Brown Fran Daly Arlene Glube Hersch Kagan Douglas Lunn Mike Schwarz Solomon Sciammas	6/21	Noa Chaim Joanne Einhorn Michele Greenberg-McClung Doug Grosmark Max Hegler Isaac Hirschbein Dena Kaplan Mickey Zeichick Judy Applbaum Pat Clorfeine Charles Colona Fred Link Emily Nye Roy Douber Jennifer Mestman Gavin Faucher Emily Arkin Aaron Gonchoroff Cora Nissan Terri Roseman Bradley Sommer Benjamin Saltman Hana Schacht Phil Dyson Skylar Socol
6/3	Emma Sand Brice Westphall	6/11	Bonnie Baron Avrille Copans Raegan Fefferman Clayton Lange Burke Summers	6/22	
6/4	Annie Hall Megan Blum Hopgood Melissa Richardson Aria Sateesh Cheryl Zitsman	6/12	Kathy Beitscher Dan Kleiner Arthur Levin Summer Silver	6/23	
6/5	Katie Aiello Lydia Krasner Noah Widman-Mazor	6/13	Fiona Cohen Kimberly Corbett Harry Ellison Betty Lyon Joel Segal Eva de la Torre	6/24	
6/6	Greg Houska Jane Muschenetz Miriam Rosen	6/14	Zachary Gellens Jackie Tolley Hudson Cobak	6/25	
6/7	Jordan Casel Dianna Gittelman Evan Keenan Jack Luchans	6/15	Linda Sand Jacob Showman Matthew Mandel Sarit Segal Solomon Nudd	6/26	
6/8	Amara Berg Steve Davis Zackary Siperst	6/16	Marcia Berneger	6/27	
6/9	Ben Barnik Gavin Cohen Dawn Cummins Marty Lawson Elia Nagel	6/17	Tristen Foosaner-Beal Elizabeth Mandel	6/28	
		6/18		6/29	
		6/19		6/30	



Musical Theater Day Camp

August 7-11

9 am to 3 pm

Do your kids love to sing and dance? Do you want them to connect to Jewish tradition in a fun and exciting way that will create a lifetime of memories and friendships? Then why not enroll them in our new Musical Theater Day Camp, YELL-adim Summer Stock!

Each day will feature acting, singing, and dance workshops, with training from top-tier San Diego artists, and will culminate in a performance for parents and families on Friday, August 11.

The YELL-adim Summer Stock is open to all children entering grades 3 through 12 in the Fall. The cost of this week-long program is \$300, which includes snacks, drinks, a pizza party lunch on Friday, and a souvenir cast t-shirt. This is a great way for students interested in the Musical Theater club to get a head start by learning the songs and choreography from our next musical play, "Maccabee," which details the story of Chanukah. All students participating in our Summer Stock program will be guaranteed a part in the "Maccabee" musical in the Fall (Temple members only).

For more information, please email Charlie Jirkovsky at cjirkovsky@teesd.org

Celebrate Shabbat in beautiful San Diego at these outdoor services this summer:



Friday, July 14, 6 pm
Pride Shabbat
Ventura Cove
on Mission Bay*



Friday, August 18, 6 pm
Ventura Cove
on Mission Bay*

Invite a friend! Bring a picnic dinner, lawn chair or blanket, and jacket or sweater.

Well behaved pets on leash are also welcome.

Please note that no alcohol or glass is allowed.

There will be no other service at Temple on these Friday evenings.

* Ventura Cove on Mission Bay: Ventura Cove is in the 1100 block of West Mission Bay Drive, on the right side after crossing the channel. Free public parking is nearby.



Women of Temple Emanu-El

by Barbara Chancy and Nancy Marcus, Co-Presidents



June has arrived so quickly! It is the season for weddings, graduations and more ...

The Women of Temple Emanu-El are so proud to share that we have awarded six scholarships to our deserving students. Five are graduating high school seniors and one is a student who has completed an AA at community college and is transferring to SDSU. The student finishing the AA degree was awarded a full scholarship for community college and did not fully claim the scholarship awarded during the Pandemic. Now the money will be used to help with SDSU expenses. We were thrilled to be able to help! It is our Artisan Festival and your donations to the WTEESD Scholarship Fund that make it possible for us to honor and give awards to our students.

This summer, we are planning a daytime Bunco game and lunch. We had such a good time playing at night that we are trying a daytime event for those who do not drive at night.

Also coming up this summer – Mah Jongg lessons. We have two teachers, Robbie Turner and Marcia Berneger. There will be a fee for the classes to cover the cost of purchasing National Mah Jongg League cards, since everyone playing must have the same card.

We will hold a Planning Day in July to program for the coming year. If you have ideas or would like to be invited to be part of the planning, please let us know.

The Artisan Festival is scheduled for November 5. We welcome back our vendors and shoppers to help us raise scholarship money for our graduating seniors. If you have time to volunteer with set up, clean up, or working a shift during the event, please save the day on your calendar now. Our fabulous chairs, Pat Libby and Barbara Braasch, will be our coordinators again this year. If you have an artisan you would like to recommend, get in touch with Pat Libby. If you have a logistics question, speak with Barbara Braasch.

For details, dates and information on the Bunco game, Mah Jongg lessons, Planning Day, or the Artisan Festival, please contact us at wrj@teesd.org.

A Little History of WRJ

What is a Lifeline? In many places, it is something that can save you. In WRJ it is a donation to the YES Fund. The YES Fund of WRJ supports Youth, Education and Special Projects here in the United States, in Canada, in Israel, and in far-ranging Jewish communities. YES, Fund dollars go directly to very specific projects that make the world a better place. So, what is a Lifeline? It is a woman's individual \$1800 contribution to the YES Fund. Recipients receive a beautiful Lifeline pin. There are several levels of being a Lifeline. What I love about the Lifeline program is that the principal is never used – just the accrued interest. It is truly the gift that keeps on giving! IF you want to invest in the future of Reform Jewish projects, this is an awesome way to accomplish that. For more information about the Lifeline program contact Nancy Marcus at wrj@teesd.org.

JFest 2023

June 1 – July 16

The 30th annual Lipinsky Family Jewish Arts Festival presents performances celebrating Jewish history, people and ideas in music, theater, dance, and fine arts. Programs will be held at the JCC, the Old Globe, the Digital Gym, Congregation Adat Yeshurun, the Belly Up, the Coastal Roots Farm, and more. Highlights are the Klezmer Summit, Women of Valor honors, Yale Strom's newest film "Recordially Yours, Lou Curtiss," new play readings and more.

A full list of events and ticket information is available at sdjfest.org.





Helping to Repair the World

Your generous donations to Temple Emanu-El's Social Action Fund are used to serve the needs of the community, locally, nationally, and internationally.

In May, funds were sent to the World Jewish Congress (worldjewishcongress.org), which began in 1936 in response to the growing anti-Semitism across Europe. They are now active in 100 countries, representing Jewish communities and organizations. They work to ensure the continuity and development of religious, spiritual, cultural, and social heritage of the Jewish people, and act on behalf of the Jewish people as a whole with international organizations, governments and interfaith groups.

Our donation will be earmarked for their work on combating anti-Semitism and raising consciousness to the dangers inherent in incitement to religious, racial or ethnic intolerance and persecution.

In June, we will allocate money to South Bay Community Services (SBCS). Since 1971, SBCS (southbaycommunityservices.org) has provided a comprehensive set of programs and services to support children, youth, and families. Based in Chula Vista, they run the only therapeutic preschool in the county, as well as support for current and former foster youth, street outreach, an LGBTQ drop-in center, career and technical education programs, suicide prevention, children's mental health services and more.

Our donation will be earmarked for their Family Wellness and Self-Sufficiency programs, which includes their Domestic Violence Response Team, therapy and case management for children's mental health, parenting classes, and housing and support services for homeless families.

The Social Action Committee carefully screens all recipients to make sure money you donate to the Social Action Fund to continue the work of tikkun olam is spent wisely. We appreciate your donations, large or small, to help with this work.

Home Safety Tips

By Greg Houska, *Safety/Security Committee Chair*

Not to beat a dead *sus* (Hebrew for "horse"), but some things bear repeating (two uses of animal idioms, kinda, in one sentence!) ... plus, I like to repeat myself!

Just a couple of friendly reminders:

- Check Homeowners or Renters Insurance for proper coverage. If you have a dog, adequate liability insurance is a must.
- Store hazardous substances safely. Check with your city or waste disposal company for drop-off locations.
- Dispose of expired or unused medications safely. Most police and sheriff stations have drop off containers.
- Remove brush and flammable material around your home. Think defensible space and allow for hills, prevailing winds and types of vegetation.
- Inspect and replace water feed lines. Toilet and faucet lines are the number one cause of home flooding. They should be replaced at least every 10 years.
- Improve the lighting around your home. Motion detector lights are inexpensive and easy to install.
- Add some security cameras. They are not just to prevent or document a crime, but to provide a defense against liability claims.

What did the buffalo say to his son when he dropped him off at school? "Bison!"

And finally, a question: can a kangaroo jump higher than the Empire State Building? Of course! Buildings can't jump!



San Diego Pride Parade July 15, 2023

Temple Emanu-El will have a contingent marching in this year's LGBTQIA+ Pride Parade. In 1998, ours was the first Jewish congregation to participate in the parade. We have marched every year since then, and it is truly an uplifting, exhilarating and positive experience.

Mark your calendar to participate in this year's Pride Parade on Saturday, July 15. We will have more details in the July bulletin and on the Temple website, including information on route, parking. Show San Diego that Temple Emanu-El is a supportive and safe community for all Jews.



Mazal Tov

To Minh Le on the publication of his new book, "Real to Me"

TODAH RABAH

To Barbara Pollack for her work on editing the bulletin.

THANK YOU

Temple Emanu-El's Social Action Committee extends a big thank you to Einstein Brothers Bagels at 8736 Lake Murray Boulevard (near Navajo and Lake Murray). For many years, the store has been working with the Social Action Committee to provide bagels to hungry San Diegans. Once a week, they save their excess bagels, and a volunteer picks them up and delivers them to Rachel's Women's Center downtown. Show your appreciation by patronizing this community-minded business.

Condolences

To Nancy Kossan and Deborah Stone Macdonald on the death of Nancy's brother
Joseph Craig Kossan

To Marcia Berneger on the death of her friend
Anthea Rosenberg

To Madelynn Micon on the death of her birth mother
Lee Jean Shields

To Dr. Dhyana Latta on the death of her friend
Rabbi Jonathan Omer'Man

To Marc Glazer on the death of his cousin
Susan Bell



We'd love to share your simcha!

Do you have an engagement, a wedding or a new baby in your family? Share your happiness with the congregation! Please email the information to publicity@teesd.org to be included in an upcoming bulletin.



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CARS

Temple Emanu-El has signed on as a partner of CARS, a nonprofit organization that takes donated vehicles and returns 80% of the proceeds to the organization of the donor's choice. CARS was founded in 2003 and has donated millions of dollars to nonprofits across the country.

The process is simple: log on to careasy.com and follow the three easy steps. You can select Temple Emanu-El as your nonprofit of choice, provide the information about your vehicle and arrange for CARS to pick up at your office or home. They will work around your schedule and take care of all the paperwork. There is no cost to the donor and donations are tax deductible.

If you or someone you know has a vehicle they would like to donate, visit **careasy.org** to learn more about the process or contact anyone at the Temple office for assistance.

Thanks for your support.



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June 5 for the July issue
July 5 for the August issue



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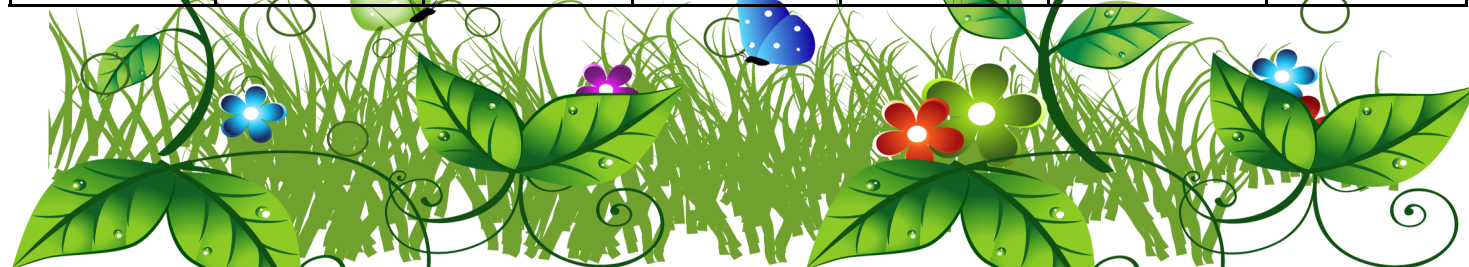
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June 2023 Sivan—Tamuz 5783

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				June 1 • 12 Sivan	June 2 • 13 Sivan	June 3 • 14 Sivan
				Recovery International 10 am Bridge with Benj 12:30 pm	Shabbat Service 6 pm	Torah Study 9 am Shabbat Service Bar Mitzvah 10:30 am A Night in Monte Carlo 6 pm
June 4 • 15 Sivan	June 5 • 16 Sivan	June 6 • 17 Sivan	June 7 • 18 Sivan	June 8 • 19 Sivan	June 9 • 20 Sivan	June 10 • 21 Sivan
			Coffee with the Rabbi 11 am	Recovery International 10 am Bridge with Benj 12:30 pm	Shabbat Service 6 pm	Torah Study 9 am Shabbat Service Bar Mitzvah 10:30 am
June 11 • 22 Sivan	June 12 • 23 Sivan	June 13 • 24 Sivan	June 14 • 25 Sivan	June 15 • 26 Sivan	June 16 • 27 Sivan	June 17 • 28 Sivan
Annual Congregational Meeting 10 am What's Happening in Israel? 12 pm			Coffee with the Rabbi 11 am	Recovery International 10 am Bridge with Benj 12:30 pm	Shabbat Service 6 pm	Torah Study 9 am Shabbat Service Bar Mitzvah 10:30 am JuneTeenth 2023 11 am
June 18 • 29 Sivan	June 19 • 30 Sivan	June 20 • 1 Tamuz	June 21 • 2 Tamuz	June 22 • 3 Tamuz	June 23 • 4 Tamuz	June 24 • 5 Tamuz
 HAPPY FATHER'S DAY	Juneteenth Office & Preschool Closed	Preschool Camp Begins Drum Circle 3 pm	Coffee with the Rabbi 11 am	Recovery International 10 am Bridge with Benj 12:30 pm	Shabbat Service 6 pm	Torah Study 9 am Shabbat Service Bat Mitzvah 10:30 am Adult Ed Movie 7 pm
June 25 • 6 Tamuz	June 26 • 7 Tamuz	June 27 • 8 Tamuz	June 28 • 9 Tamuz	June 29 • 10 Tamuz	June 30 • 11 Tamuz	
			Coffee with the Rabbi 11 am	Recovery International 10 am Bridge with Benj 12:30 pm	Shabbat Service 6 pm	



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