# HA-SOFER **☼** THE SCRIBE

Tamuz—Av 5783

אייר - סיון

July 2023

TEMPLE EMANU-EL • 6299 CAPRI DRIVE, SAN DIEGO, CA 92120-4632 • (619) 286-2555 •



#### Light Up the Cathedral Light of Pride Award

Wednesday, July 12 - 7 pm

Each year, San Diego Pride presents the Light of Pride Award to honor and recognize a religious organization for their service and support to San Diego's LBGTQ+ faith community. We are excited that they have chosen Temple Emanu-El as this year's recipient. In addition, Rabbi Devorah will deliver the keynote speech that evening at St. Paul's Episcopal Cathedral, 2728 6th Avenue in Hillcrest. For information on all Pride events in San Diego, please see sdpride.org



#### Pride Shabbat at the Bay

Friday, July 14 - 6 pm

We will join with Congregation Dor Hadash, Ohr Shalom Synagogue and Tifereth Israel Synagogue for an outdoor service at Playa Pacifica II in Mission Bay. Bring a lawn chair or blanket for the service, and don't forget your jacket or sweatshirt – the area gets chilly as the sun sets in that beautiful location. Please note that glass containers and alcohol are not allowed. Friendly dogs on leashes are permitted after 6 pm.

There will be no other service at Temple that evening.



#### San Diego Pride Parade

Saturday, July 15 • 10 am

In 1998, Temple Emanu-El was the first Jewish group to march in the Parade, and we have had a contingent every year since then. The Parade begins at University Avenue and Normal Street and continues for just over one mile. This year, we will not be able to provide a vehicle for those who are not able to walk, but the entire Parade will be broadcast on Channel 8.

The Parade is San Diego's largest single day civic event. Parking can be difficult, but free shuttle buses will run beginning at 7am from the parking lot of the Old Naval Hospital on Park Boulevard and President's Way, to take you close to the start of the parade and back to the parking lot at the end. We will not know our contingent number until a few days before the Parade. This will be in the weekly Temple email or ask one of the many Parade volunteers when you arrive that morning.

Temple will provide t-shirts to all participating in the Parade this year. Please call the Temple office or visit our website at teesd.org to let us know you will join us and to order your shirt.

Let's show San Diego that Temple Emanu-El is a supportive and safe community for all Jews.

#### Service Schedule

Friday, June 30 Shabbat Service 6 pm

Saturday, July 1

Shabbat Service 10:30 am Chukat-Balak, Numbers 19:1-22:1, 22:2-25:9

Micah 5:6-6:8

Friday, July 7
Shabbat Service

Shabbat Service 6 pm

Saturday, July 8

Shabbat Service 10:30 am Pinchas, Numbers 25:10-30:1 Jeremiah 1:1-2:3

Friday, July 14

**Pride** Shabbat at the Bay 6 pm

Saturday, July 15

No Shabbat Service at the Temple 10 pm Matot-Mas'ei, Numbers 30:2-36:13 Jeremiah 2:4-28, 3:4

Friday, July 21

Shabbat Service 6 pm

Saturday, July 22

Shabbat Service 10:30 am D'varim, Deuteronomy 1:1-3:22 Isaiah 1:1-27

Friday, July 28 Shabbat Service 6 pm

Saturday, July 29

Shabbat Service 10:30 am Va-et'chanan, Deuteronomy 3:23-7:11 Isaiah 40:1-26





## From Our Temple President by Matt Meis

Happy 4<sup>th</sup> of July!

I'm sure we're all happy and hopeful that May gray and June gloom are finally over; we are ready for the sun to return to San Diego. Some of us are praying for good parking spots at the beach and others are praying for the arrival of Moshiach or new grandchildren.



Whatever you are praying for, I'm excited to be stepping into my new role as your synagogue President. Although this wasn't something I anticipated or sought when former Co-President Cathi Marx asked me to join the Board of Directors two years ago, I feel humbled and honored to have been asked to lead our congregation for the next two years.

For those who don't know me yet, let me provide some background. My parents, Jane and Al Meis (z"l), retired to San Diego from Chicago in 1978 and quickly became members of Temple Emanu-El. Upon their arrival, they asked fellow Chicago ex-pats, "Where do the Jews live?" and happily settled into their new home in San Carlos. They loved the Jewish community they discovered, which was then led by our founding rabbi, Morton Cohn (z"l) and Emanu-El's new Assistant Rabbi, Marty Lawson. I moved to San Diego in 1986 when Barbara and I were married and joined Temple Emanu-El in 1988 after our daughter Rachel was born. One more kid later (Ben) and under Rabbi Lawson's leadership, past President Aaron Borovoy invited me to my first stint on the Board of Directors in 2008. One grandchild and two rabbis later, here I am channeling my mother's devotion to Judaism and Jewish learning and service. Honoring my parents' legacy and memory, I strive to fulfill their vision and dreams for a strong Jewish community, and I thank them for what they built. I look forward to getting to know all of you more in the months to come. In the meantime, if you have any questions or ideas, please reach out to me at president@teesd.org, so we can work together to make our synagogue and our community ever stronger.

### Shaun Speaks...



Shaun Copans, Executive Director

On June 3, the Temple held its annual fundraiser, A Night in Monte Carlo, to benefit our Three Families Under One Roof – the Price Family Preschool, Morton J. Cohn Torah School, and Congregation. It was really special to have so many (more than 150) members of our community there to enjoy the great food and drinks, casino games, entertainment and the opportunity to spend time together.

The event committee was comprised of preschool parents Kellene Dinino, Sara Fefferman and Jennifer Cobak, and Board members Stefani Lenett and Trish Freund. They helped select the theme, contracted the vendors, and oversaw all the small details that made the event so memorable.

Of course, the event would not have been successful without the support of our donors and contributors. Thank you! The names of all the donors were beautifully displayed on piece of artwork created by our very own Preschool Assistant Director, Meredith Saylor, and will be displayed in the sanctuary during the High Holy Days.

If you would like to donate to the fundraiser in support of our Three Families between now and the end of the summer, please let me know and we will make sure your name is added to the temporary display.



Temple members who are able to go above and beyond the standard Temple dues requirement enable us to continue our high standard of services and programs for all members, regardless of means. Please consider joining at one of the following levels:

## Chai Circle

\*Denotes five years of participation in the Chai Circle program.

All levels of Chai Circle and Life Membership will have their names published at High Holy Days and in HaSofer (The Scribe). For more information about our programs, please call the Temple office at (619) 286-2555.

Life Membership



#### Add Your Strength to Ours!

Below is a list of contacts for committees, projects and other ways to become more involved in the life of Temple EmanuEl. Please reach out to any of these groups to learn more about their work, and how you can become involved.

Adult Education adulted@teesd.org
 Madelynn Micon (619) 200-3237
 Advocacy advocacy@teesd.org

Barbara Learner Janice Steinberg

Budget and Finance

financecommittee@teesd.org

• Caring Community caringcom@teesd.org Ira Moskowitz (619) 449-2762

• Endowment endowment@teesd.org
Bob Rubenstein

• House & Grounds housegrounds@teesd.org
Steve Naiman (619) 449-2349

• Library office@teesd.org

• Membership membership@teesd.org

Amy Blum

• Mental Health

Marie Raftery mentalhealthcom@teesd.org

• Mi Shebeirach Tapestry tapestry@teesd.org Claire Fritz

Personnel personnelcom@teesd.org
 Debbie Macdonald (858) 731-1354

Preschool preschool\_com@teesd.org

Publicity publicity@teesd.orgSafety/Security security@teesd.orgGreg Houska

Social Action socialaction@teesd.orgTorah School thscom@teesd.org

Jane Muschenetz Patricia Cardozo

• Women of Reform Judaism wrj@teesd.org

Nancy Marcus Barbara Chancy

• Youth rabbibenj@teesd.org

Rabbi Benj Fried

# Mitzvah of the Month — Toiletry Collection for Monarch School Students



Monarch School has been serving unhoused students (currently 300) in San Diego since 1987. Temple Emanu-El has supported Monarch in a variety of ways over the years; one of the most important being by providing toiletry kits for the students. Over the years we've provided over 1000 kits and we want to increase the total with this month's project. Please donate full-sized toiletries (not hotel sized or samples) from the list below and <u>please</u> ensure the caps are tightened.

Shampoo - especially textured shampoo
Conditioner - especially textured conditioner
Body wash (not bar soap)
Lotion
Hair gel
Deodorant

Please bring all donations to the white Social Action barrel in the front office lobby of the Temple, and members of the committee will deliver them.

For questions or more information, please contact Bill Seager at wseager@hotmail.com.



7/3 David & Moriah Nissan Fern & Jeffrey Hall Joe & Kerrie Aiello

7/5 Joshua Bloom & Catalina Trejo Bloom

7/11 Eric & Paula Rosenzweig

7/18 Michael Falcone & Sarah Kahn Falcone

7/24 Jennifer & Robert Handler



### Community Corner Hindsight

by Gail Braverman, M.A., LMFT, and Temple Board Member

A beloved friend, mentor and colleague once said to me, "Gail, nothing substitutes for the passage of time." Her words ring truer to me today than ever before.

Foresight's roots go deep into the ground of hindsight. Looking back and reviewing situations in your life gives you the opportunity to predict what may happen in the future. When you recognize patterns, you have more choices about whether you want to repeat them, or not.

We do see more clearly looking back at a situation. We have more depth and breadth and a deeper understanding about how and why something happened and how it shaped us both for good and not-so-good.

I used to think of the phrase "Hindsight is 20/20" as one dimensional. As I have grown older, I see many dimensions to this saying. Hindsight is the distance we need in order to have full visual acuity. In hindsight, we also see a situation in a larger context and from a different angle. Hindsight is revisioning.

Our past doesn't have to limit our future. When we look back at situations that went poorly, we can clearly see what could have been done better.

#### Here is what hindsight can teach us:

The ability to start over
To reach for new experiences
To not let the past, take over the future
Flexibility
To understand ourselves
To understand other people

To have choices

There are no simple answers to the difficult and complex challenges of life and relationships. Yet, looking back can bring us insight by helping us see how we handled a situation in the past and how we may be able to use some of those experiences in our present and future.

**Reflection:** If I give myself the time and space to review a situation, I may make better choices.

**Today's Practice:** Next time there is a problem to be solved, I'll put it on the back burner of my mind until I have more clarity of vision.

Comments are welcomed: gbrave3333@aol.com

## High Holy Day Choir All New for 2023 – Sign Up Now

Each year, our choir enhances our worship for Rosh Hashanah and Yom Kippur. This year, the choir will be led by Charlie Jirkovsky. Volunteers are encouraged to come to <u>one</u> of these initial auditions for both adult and youth choirs:

Wednesday, July 19, 5 – 7 pm

Thursday, July 20, 5:30 - 7:30 pm

Please prepare one minute of any Jewish song. Everyone is admitted; these audition meetings are for placement only. No appointment is needed – just show up on one of these two evenings.

Adult choir rehearsals will be held on Thursdays from 6-8 pm beginning on July 27. Youth choir rehearsals will be Thursdays from 5-6 pm beginning on August 17. Teens are encouraged to participate in both the youth and adult groups.



October 13-15, 2023

If you belong to Temple Emanu-El, you are part of our family and we want you to come to camp with us.

Reserve your space now for a special and memorable two-Night retreat in San Diego's beautiful back country at Camp Marston. Non-refundable \$100 deposit per family is required at time of registration. Earlybird discount price is \$240 by July 10th! Final Payment due by October 6, 2023. Go to our Temple website at teesd.org to register today.

### From the Mailbox

We just wanted to send you all a big thank you for supporting The Stand:
Dr. Pamela T. Luster Resource Center at San Diego Mesa College. It means so much to our students to have these resources available, and your support helps us make sure it is sustainable.

The Stand; Mesa College

For the May Mitzvah of the Month, the Social Action Committee coordinated a collection of interview clothing for students at Mesa College

#### We invite you to join our Chai Circle Program...

Temple members who are able to go above and beyond the standard Temple dues requirement enable us to continue our high standard of services and programs for all members, regardless of means. In addition to your own membership, Chai Circle provides dues help for a family in need and a Jewish education for their children. Participation strengthens the bonds of our Temple family.

Please consider joining at one of the following levels:

Chai (Circle of Life) \$4550 annually Bonim (Builders) \$5675 annually N'deevim (Benefactors) \$6800 annually Shomrim (Guardians) \$7925 annually

All levels of Chai Circle Membership will have their names published during High Holy Days and in the *Scribe*, our monthly bulletin. For more information about our Chai Circle program, please contact Executive Director Shaun Copans.





Summer Reruns, Favorite Films from Past Series

#### A Walk on the Moon

Saturday, July 15, 7 pm Temple Sanctuary, In Person



Pearl Kantrowitz (Diane Lane) is married to Marty (Liev Schreiber), a TV repairman. She had her first child when she was just a teenager. Now in her thirties, she feels "trapped by life." Pearl and her two children stay at a Catskills resort while Marty works in the city. With her husband around only on weekends, Pearl begins an affair with Walker Jerome (Viggo Mortensen), a free-spirited traveling salesman. Meanwhile, her teenage daughter Alison (Anna Paquin) is coming of age sexually and rebelling against the rules and regulations laid out by her parents. Marty's intuitive mother (Tovah Feldshuh) senses that something is awry in her son's marriage and warns him that he must communicate with Pearl about her need for a change in her life.

The movie, made in the U.S. in 1999, was directed by Tony Goldwyn.

Laurie Baron will introduce the film and facilitate discussion after its screening.

There will be a bring your own dinner in the courtyard at 6 pm, before the screening of the film.

Please consider a contribution to the Adult Education Fund to help support the Committee's efforts to continue to engage speakers and provide the high quality of life-long learning experiences that have become an integral part of Temple Emanu-El.

Program costs are continuing to rise, and we need your support.

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## Torah Study Saturday mornings—9:00 am In Person and on Zoom

An in-depth study of Torah portions and commentary. Come in person or connect from home.

Zoom links will be provided in the Temple's weekly emails.

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## Coffee with the Rabbi Wednesday mornings, 11 am on Zoom

Drop in when you can for a lively discussion on current events. No registration is needed— just an interest in Jewish learning.

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Please consider a contribution to the Adult Education Fund to help support the Committee's efforts to continue to engage speakers and provide the high quality of life-long learning experiences that have become an integral part of Temple Emanu-El.

Program costs are continuing to rise, and we need your support.

Please check your email messages for additional information and other upcoming Adult Ed programs. For questions, contact Madelynn at adulted@teesd.org, or call her at (619)200-3237.



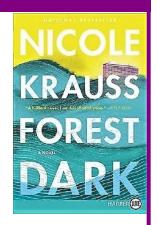
### **Temple Emanu-El Book Group**

By Pat Libby

#### Next Group Meeting in Person Monday, July 17, 7 pm

At our July meeting, the group will discuss Forest Dark by Nicole Krauss.

Jules Epstein, a man whose drive, avidity, and outsized personality have, for sixty-eight years, been a force to be reckoned with, is undergoing a metamorphosis. In the wake of his parents' deaths, his divorce from his wife of more than thirty years, and his retirement from the New York legal firm where he was a partner, he's felt an irresistible need to give away his possessions, alarming his children and perplexing the executor of his estate. With the last of his wealth, he travels to Israel, with a nebulous plan to do something to honor his parents. In Tel



Aviv, he is sidetracked by a charismatic American rabbi planning a reunion for the descendants of King David who insists that Epstein is part of that storied dynastic line. He also meets the rabbi's beautiful daughter who convinces Epstein to become involved in her own project—a film about the life of David being shot in the desert—with lifechanging consequences.

But Epstein isn't the only seeker embarking on a metaphysical journey that dissolves his sense of self, place, and history. Leaving her family in Brooklyn, a young, well-known novelist arrives at the Tel Aviv Hilton where she has stayed every year since birth. Troubled by writer's block and a failing marriage, she hopes that the hotel can unlock a dimension of reality—and her own perception of life—that has been closed off to her. But when she meets a retired literature professor who proposes a project she can't turn down, she's drawn into a mystery that alters her life in ways she could never have imagined.

If you enjoy being a member of a book group that has thoughtful facilitated discussions, come join us at our meeting on July 17, from 7-8:30pm. While we usually meet via Zoom, this meeting will be held in the backyard of a Temple member's house. To find out more about the next meeting or to join, contact me at Patlibby@sbcglobal.net.

### Drum Circle July 25, 3 pm

The next Drum Circle will meet on Tuesday, July 25, from 3 - 4 pm outside in the synagogue courtyard.

Ira Moskowitz, who regularly comes to our drum circle, commented that rhythmic drumming is a unique and effortless way to express non-verbal polite communication. He recommends that others try it to find an outlet for expression and relaxation.

Our leader, Leanne Pearl, guides us in new rhythms. Drums are available to borrow during each session.

Participants are asked for a gratuity of \$10 per person.

We always welcome newcomers to our group. Come on your own or bring a friend.

Any questions? Contact Bonnie Baron at bonnieebaron@gmail.







## Recovery International

By Lisa Garcia

# Freedom Comes in Many Forms: Celebrate and Be Safe!

On May 25, the Suicide Prevention Council (SPC) held their 12<sup>th</sup> annual Faith Breakfast on Zoom. Clergy from various faith communities came to share information about mental health and what their mental health ministries were doing.



Rabbi Benj shared information from a Jewish perspective, and spoke of our weekly Recovery International meeting, the Temple welcoming everyone, our Mental Health Committee and resources at Jewish Family Service. This was the sixth time that Rabbi Benj has spoken at The SPC Faith Breakfast. He always says "Yes!" to my request to speak each year. How lucky we are to have Rabbi Benj be speaking out on mental health issues both at our Temple and throughout the community. The Faith Breakfast webinar was recorded, and you may watch it by clicking on:

https://www.youtube.com/watch?v=2OIr3sLIOqw

Temple Emanu-El will receive the Light of Pride Award at this year's Pride events. Rabbi Devorah will be the keynote speaker at the Light Up the Cathedral event on July 12 at St. Paul's Episcopal Cathedral. Following the program, the Cathedral will be lit in rainbow colors.

On a very special note, Nick Silverstein is celebrating a year as a Recovery International leader. The group meets each Thursday at 10 am in the Temple Library in person. We thank him for his time, energy, and commitment to RI. Nick is knowledgeable about resources in our community which address mental health concerns. He may be reached at Nick@recoveryinternational.org.

Welcome to Recovery meetings are held on Tuesday evenings at 6 pm on Zoom. To register or for more information, please visit our website: recoveryinternational.org or call the San Diego office at (619) 383-2084. For questions, please contact me at Lisa@recoveryinternational.org.

## Jewish Family Service Programs at Temple Emanu-El

Activities, exercise classes and special events are held through the Aging and Wellness Program of Jewish Family Service for those age 60 and over at Temple Emanu-El. The College Avenue Center is open Monday through Friday, 10:15 am—1 pm. Lunch is available each weekday. The suggested donation for seniors is \$4 per person, or \$7 per person for all others.

Most activities are available at no charge. To reserve your place for classes, please call (858) 637-3725.

#### **Programs in July include:**

- Mondays at 10:30 am —Trivia (engages participants with thought-provoking trivia questions)
- ◆ Tuesdays at 10:15 am —Tai Chi (learn the techniques, postures, and movements of Tai Chi)
- Tuesdays at 10:30 am —Current Events (engages discussions about recent national events)
- ♦ Wednesdays at 10:30 am —CAC Fitness (a series of body-weight exercises)
- Thursdays at 10:30 am —Wellness Day (wellness presentations, art, special events)
- Fridays at 10:15 am —Cantantes Latinos (music, singing, and fun)

Staying for lunch? Please reserve your meal in advance by calling 858-637-7320



#### Please Do Us the Honor...And Let Us Honor You

Summer is here, which means the High Holy Days are just around the bend. While it might be too soon to decide whether roast chicken or brisket, or even both, will grace your break-the-fast dinner table, it's not too early to take advantage of the exciting High Holy Days opportunities.

#### **Aliyot and Readings**

Did you know you can request the honor of taking part in either Rosh Hashanah and/or Yom Kippur services? Beginning with Erev Rosh Hashanah, members of synagogues across the country will be called to the bima to participate in High Hold Day services. Rabbi Devorah and Rabbi Benj will assign aliyot, readings, ark openings and closings and other bima rituals as a way to honor members. But we need volunteers for these honors as well!

Can't read Hebrew? Every prayer in our prayerbook is transliterated!

#### **Tapestry**

Maybe you've never had the honor of holding the Mi Shebeirach Tapestry during High Holy Day services. Or maybe you have, and would love to join in again during this year's presentation of the tapestry during either Rosh Hashanah or Yom Kippur. It's an amazing feeling to be part of the group holding the tapestry and looking out into the sea of your fellow congregants as we all sing the prayer for healing. Let us know you would like this honor by emailing Claire Fritz at Claire.lifetime@gmail.com.

#### **Prayerbooks for High Holy Day Live Streaming**

Did you know that Temple Emanu-El live strams High Holy Day services for our members who are unable to attend in person? If you need to join us from home, we can make the experience more meaningful for you by making it possible for you to follow along using the High Hold Days prayerbooks. We will work to deliver the books to anyone that is a *homebound member* so that you too can attend High Holy Day services from home using the live streaming.

To request a High Holy Days prayerbook, either email Brandy Thomas at bthomas@teesd.org or call the Temple office at 619-286-2555. If you have any questions, let us know.

Have you wanted to own a copy of *Mishkan HaNefesh*, the High Holy Days prayerbooks we are currently using? Whether you are looking for the opportunity to become familiar with the prayers, study the readings ahead to begin to emotionally connect with the themes of the holidays, or you are not able to be physically present with us this year, you can now order directly through Amazon and have the two volume set delivered right to your home. You can order either the regular or the large print edition of the books. Books will not be sold through the Temple office or Gift Ship this year but you can go to o our website, search for "*Miskkan HaNefesh*."



### **Membership Renewal**

Thank you for your membership in Temple Emanu-El!

By now, you should have received your 2023-2024 dues renewal statement either through the mail or emailed for the fiscal year which began July 1.

Your Temple membership automatically renews every year unless you notify the Temple otherwise.

Please note: To make donations to ARZA or Hunger Project you can do so online. You can also renew your Sisterhood membership online.

If you have any questions, please contact our Executive Director Shaun Copans. He will be happy to help.

**Contributions**Contributions received after the first of the month will be published in the next month's bulletin.

Commemorate a life cycle event or remember a loved one with a donation to one of the Temple's specially designated funds. This month, we gratefully acknowledge the receipt of the following contributions:



## YAHRZEIT OBSERVANCE

Zecher Tzadik Livracha – The Memory of the Righteous is a Blessing The following vahrzeits will be commemorated at Shabbat services:

June 30 & July 1 Judith Krakauer Bea Levenson Margaret Nordstrom \*Dave Satlof \*David Louis Rubenstein Anne Gooch Hebard \*Edith Katz Myla Musicant Herbert Tishkoff Stephen E. Kikta William Joshua Berkman \*Gary Martin Cohn Gert Pollak \*Bruce Handwerker Henry Kagan William Kipperman Dorothy Krugman \*Mildred Nathan Levy Gertrude Braufman Stein \*Martin Wagner Jack Adelman Reuben Golub Dorothy Kalmin David Marfin E'vonne Morris Jimmy Morris Joseph Rostholder

July 7 & 8 Michael Duffy Samuel Orloff Marcia Ann Paine Esther Cohen \*Lena Iglow Joseph Jacobson \*Don Kipperman Tracy Spiegler Judy Tunnell Herman Barrow Joy Colen \*Sophia Gordon Coleman Abraham Reisman \*Viola Braverman William Zitsman Liesel Gilbert Dwain Kantor Rolf Lange Judy Satlof Marian Baumgarten \*Dorothy Denholtz Sharon Klieman Marilyn Levine \*Edna Gardner \*Suzette Kipnis Aaron Scharfman Leo Svet Manya Veitzman Joseph Kitaen Phyllis Van Huizen Froim Veitzman

July 14 & 15 Estelle Bennett Alan Davis Terri Elias Julius Scheinholz \*Bertha Siegel \*Harry Adelman Albert Bresnick \*Andy Friedman Charles Furman Gerald Klieman Murray Lampert Brenda Berger Lenore Bernstein \*Harry Besnoy

\*Goldie Fishman Martin L. Morris Sidney Shuman John Craddock Harry Gelb Israel Grossman Leanore Lampert Rachael Paddock Charles Sacks Reine Schecter Muriel Yusen George Amber \*Claire Handler Daniel Korn \*Joe Mentel \*Rosella Byrnes Douglas Feld Julius Fielkow Kathleen Greenwood Alex Maitlis Hanna Marx Sandra Schoenkopf \*Natalie Smith Charles Stein \*Jack I. Stein Rosalind Erth Rabbi Richard Freund Martin Goldman Lester Himmel

July 21 & 22 Shirley Brecker Caroline Kloss \*Pauline Ontell Rubin Pollack Max Press Melvin Spiegler Pedro Abreu \*Freda Ackerman Frederic Brose \*Bertha Fishman Philip Goldman **Evonne Schaeffer** Michael Bush Helen Epstein Arthur Ariessohn Aviva Berger Rabbi Kenneth Berger Virginia Dix Ken Kissin Barbara Rustad Sarah Schwartz Meyer Snyder Mark Bornstein Chaplain William Mahedy \*Judy Rosen Kevin Slucker Ruth Shapiro Ruth Fayerman Robert Greenberg Fleurette Halpern Beatrice Karp Barry Parker Diane Shrager Abraham Simkin

July 28 & 29 Albert Behrend Robert Bresnick M. J. Brown Laura Cohen Pearl Freedman Ada Glazer Natalie Libby \*Mildred Rubenstein Dr. William Fritz Bernard Kirman Jan Olcott Gertrude Rubin Elsa Borman \*Sheldon Deutsch Herb Diamond \*David Glassman \*Jules Gordon Mary Klein Shirley Snipper Shirley Strully Lillian Liebbe Warren Irene Alexander \*Louis Gardner \*Kaitlin Elizabeth Siperstein Bryan Wolf \*Frieda Braun \*David Rubenstein Bea Schulman Ida Shafton Dorothy Bunin Betty Freedman \*Sylvia Fritz Allan Katz Robert Quittner Suzanne Krull Spruyt Walter Frank Wosicki

\*David Brezel

\*Maurie Hamovitch

Jean Orloff

Steve Sander





\*Henry Horowitz \*Beatrice Miller Alisa Shuman Theophilus Putt

<sup>\*</sup> designates a memorial plaque in the Sanctuary lobby

## In Our Temple Emanu-El Family

## JULY BIRTHDAYS

7/1	Rowan Epstein	7/13	Kelila Schonhoff	7/24	Melissa James
	Anna Siperstein	7/15	Justin Alvord		Jordan Lizano
	Rob Zitsman		Callie Corbett	7/25	Emma Clifford
7/2	Shareen Charlick		Dick Eger		Peter Huot
	Emersyn Young		Mick Frederick		Donna Lander
7/3	Lisa Cohen		Joel Lehrer		Max Moore
	Rowan Falcone		Aidan Luchans		Nora Richardson
	Audrey Sablove		Bill Resh	7/26	Mark Braverman
	Moriah Schindler		Jessica Teplin		Nathan Gross
	Zachariah Witztum	7/16	Eliana Barnik	7/26	Judy Siegel
7/4	Douglas Coe		Amanda Cohen-Safarik	7/27	Maxx Cohn
	Natalie Epsten	7/17	Barrett Chase		Brooke Resh-Sateesh
	Lauren Sommer		Isaac Sadja		Zev Bray
7/5	Patricia Freund		Hayley Salazar	7/28	Dory Epstein
	Richard Ratner		Gabriel Spielman		Michael Graham
	Lois Rosenzweig	7/18	Cyprus Berg		Marcia Kossman
7/6	Olga Mandel		Lillian Faderman		Isaiah Lyon
	<b>Howard Somers</b>		Marc Glazer		Debbie Macdonald
7/7	Ellen Gruer		Pat Libby		Erin Madsen
	Emilia Heckinger		Avi Martin	7/29	Anthony Frassa
	Soren Manley	7/19	Theodore Butler		Gerry Freed
7/8	Rick Goldberg		Ivan Cercos		Andrew Handler
	Harrison Lange		Dominic Goldbarg		Tom Lincoln
	David Sciammas	7/20	Evan Klase		Dasia Manley
	Barbara Weitzen		Eric Levin	7/30	Dara Guss
7/9	David Canin		Patrick Stalnaker		Alexander Mestman
7/10	Marilyn Berger	7/21	Howard Kushner, Ph.D.		Steven Verschoor
	Leah Copans	7/22	Alex Harris	7/31	Kenneth Glube
	Adrian Heckinger		Elana Levens-Craig		Eric Revak
7/11	Marianne Lias		Jessica Lewis		
7/12	Heidi Blotner		Warren Treisman		
	Jacob Golden-Needham	7/23	Mark Berger		
	Monica Greenwood	_	Erica Whinston		
		7/24	Betsy Arnold		



### WTEESD PRESENTS

## **SUMMER EVENT**

#### **SUMMER PLANNING MEETING**

Wednesday, July 19 | 10:00am - 2:00pm

TEESD Library – lunch included

#### **SUMMER BUNCO**

Monday, July 24 | 11:00am - 2:00pm

TEESD Library - Salad Bar Lunch, bring a salad topping to share. Drinks and dessert included!

Cost: \$18.00 per person

#### **SUMMER MAH JONGG**

Mondays: August 7, 14, 21, 28 | 1:30pm – 4:00pm

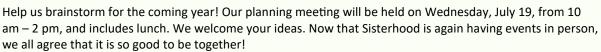
TEESD Library - Includes lessons, play, and a new card from the National Mah Jongg League Cost: \$25.00 per person (for the series), snacks included

RSVP: wrj@teesd.org | Nancy: 714-585-7858



### Women of Temple Emanu-El

by Barbara Chancy and Nancy Marcus, Co-Presidents





an Manillahara

Our Bunco Day will be Monday, July 24, from 10 am – 2 pm in the Temple Library. The cost is \$18 per person. We will share a salad bar lunch – please bring one item to add to the salad.

Mah Jongg lessons and play are scheduled for all Mondays in August, beginning August 7, from 1-4 pm. The cost for the series is \$25, which includes the official National Mah Jongg League card and snacks.

To let us know you will come to the planning meeting, to sign up for Bunco Day or Mah Jongg, to share your thoughts or to ask any questions, please contact us at wrj@teesd.org.

Membership information will be coming out. We really hope all women in the congregation will consider joining Sisterhood. We are proud to invite you to our special group of women. Share your interests with us and we will try to schedule activities and programs that would interest you.

Are you passionate about Social Justice? We are!

Are you passionate about Choice? We are!

Are you passionate about equality for all? We are!

Are you passionate about making friends? We are!

Join us and help by supporting all that Sisterhood does. Even if you are very busy and can never attend a meeting or program, we welcome your membership because it will support the work we do on behalf of women around the world.

#### A Little More History of WRJ

Most of the Temples in the United States had women's auxiliaries called Sisterhoods. Our early Sisterhoods ran the kitchen in most congregations. The women were responsible for feeding the congregation, pouring tea and coffee, and serving cookies on Friday nights. That model was in place for about 60 years, but then something happened. Women came out of the kitchen. They began to serve on Temple Boards. They began marching for women's rights. They began marching to support Choice. They

## We'd love to share your simcha!

Do you have an engagement, a wedding or a new baby in your family? Share your happiness with the congregation!

Please email the information to publicity@teesd.org to be included in an upcoming bulletin.

#### **Attention: Parents of High School and College Seniors**

We'd love to share your simcha! Please email publicity@teesd.org if your son or daughter will graduate from high school or college this year - we'd like to include plans for future study as well. We will publish the information in an upcoming bulletin.





# Helping to Repair the World

Your generous donations to Temple Emanu-El's Social Action Fund are used to serve the needs of the community, locally, nationally, and internationally.

In June, funds were sent to South Bay Community Services (SBCS). Since 1971, SBCS (southbaycommunityservices.org) has provided a comprehensive set of programs and services to support children, youth, and families. Based in Chula Vista, SBCS runs the only therapeutic preschool in the county. In addition, they provide support for current and former foster youth, street outreach, an LGBTQ drop-in center, career and technical education programs, suicide prevention, children's mental health services and more.

Our donation will be earmarked for their Family Wellness and Self-Sufficiency programs, which includes their Domestic Violence Response Team, therapy and case management for children's mental health, parenting classes, and housing and support services for homeless families.

In July, we will allocate money to World Central Kitchen (wck.org), which provides fresh, nutritious meals in the wake of natural disasters in America and around the world. Whenever possible, they source and hire locally, to jump start economic recovery. They provide training in food safety, sanitation and set up community kitchens and training for chefs.

Their Climate Disaster Fund is working to support communities impacted by the climate crisis.

The Social Action Committee carefully screens all recipients to make sure money you donate to the Social Action Fund to continue the work of tikkun olam is spent wisely. We appreciate your donations, large or small, to help with this work.

#### A Mish Mash of Home Security Ideas

By Greg Houska, Safety/Security Committee Chair

Did you know that "mish mash" is actually Yiddish for, well, mish mash? Who knew? As a reminder that we all need to be the first line of defense around our own homes, here we go again:

- Consider purchasing a home security system. The number one prevention for home deterrence is a security alarm sign (which you can purchase inexpensively on the internet) and then a loud alarm sound if there is a break-in.
- CCTV is extremely beneficial for documenting any events on your property. If possible, aim cameras so that license plates of any nearby vehicles can be read, as this aids law enforcement in identifying suspects.
- Make sure your home address is lighted and easily visible from the street. Also, remove your name from the mailbox or house to help prevent fraud and discourage salespeople.
- Trim bushes and make sure your house is well lit.
- Get to know your neighbors. Apps, such as "Facebook" and "NextDoor" are great for keeping track of what's going on in your area.
- Give a spare key to a neighbor. Burglars know all about fake rocks and other concealment devices.
- Insert a solid wood dowel in the tracks of sliding doors to prevent them from being opened.
- When you travel, arrange for the lawn to be mowed, stop mail delivery, install timers for selected lights, leave a car in the driveway, and leave drapes or shades open at least a bit.
- Review your homeowner or renter's insurance policy.

Remember that if you are a victim of a burglary and they steal all of your lamps you won't necessarily be "delighted!"



## Yashar Koach

To Sheila Lipinsky on being named a Woman of Valor and this year's Jewish Arts Festival

To Doug Grosmark on receiving the Kavod Award at this year's Annual Meeting

## THANK YOU

To all of the volunteers who worked to make A Night in Monte Carlo, our annual fundraiser, a success.

## Mazal Tov

To the Grand Prize winner of this year's Opportunity Drawing, Lisa Garcia, and to Early Bird winners Carol Arkin and Nadine Milstine

To Charlie Jirkovsky in publishing his first book, Music in the Bible



### **TODAH RABAH**

To Barbara Pollack for her work on editing the bulletin.

## **Condolences**

To Rick and Cathy Goldberg on the death of their brother-in-law **Marv Donner** 

To Bobbi Cohen on the death of her brother-in-law Irwin Jack (Sonny) Sonsky



To Arden Winokur of the death of her husband Harvey Winokur

To Hayley Salazar on the death of her sister, and Steven and Mark Salazar on the death of their aunt

Amy Singer

To Richard and Norma Erth on the death of their dear friend Vladimir Kaganofsky



# Women of Temple Emanu-El Sisters by Choice

### Honey for the Holidays

Wish your friends and family a sweet new year in a unique way.

We are taking orders now for 8 ounce jars of delicious kosher honey, decorated for the holiday, and delivered in time for Rosh Hashanah. A personalized new year's card is included.

Your cost is \$14 per jar which includes shipping and handling within the United States. We will gladly mail orders outside the United States for an additional fee.

To order honey go to: www.orthoney.com/ESD, click the honey link and follow the step-by-step instructions.

Order by August 1, 2023 to avoid a \$6.50 per jar shipping fee.

Order by August 25, 2023 for guaranteed delivery in time for Rosh Hashanah.

For additional information please contact:

Becca Bierman at beccabieman@gmail.com



## **CARS**

Temple Emanu-El has signed on as a partner of CARS, a nonprofit organization that takes donated vehicles and returns 80% of the proceeds to the organization of the donor's choice. CARS was founded in 2003 and has donated millions of dollars to nonprofits across the country.

The process is simple: log on to careasy.com and follow the three easy steps. You can select Temple Emanu-El as your nonprofit of choice, provide the information about your vehicle and arrange for CARS to pick up at your office or home. They will work around your schedule and take care of all the paperwork. There is no cost to the donor and donations are tax deductible.

If you or someone you know has a vehicle they would like to donate, visit **careasy.org** to learn more about the process or contact anyone at the Temple office for assistance.

Thanks for your support.



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### **BULLETIN DEADLINES**

July 5 for the August issue August 5 for the September issue



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July 2023 Tamuz—Av 5783										
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY July 1 • 12 Tamuz				
						Weight Watchers 8:30 am Torah Study 9 am Shabbat Service 10:30 am				
July 2 • 13 Tamuz	July 3 • 14 Tamuz	July 4 • 15 Tamuz	July 5 • 16 Tamuz	July 6 • 17 Tamuz	July 7 • 18 Tamuz	July 8 • 19 Tamuz				
	Weight Watchers 10:30 am Office Closed	Independence Day Office Closed	Weight Watchers 9:30 am Coffee with the Rabbi 11 am	Recovery International 10 am Bridge with Benj 12:30 pm	Shabbat Service 6 pm	Weight Watchers 8:30 am Torah Study 9 am Shabbat Service 10:30 am				
July 9 • 20 Tamuz	July 10 • 21 Tamuz	July 11 • 22 Tamuz	July 12 • 23 Tamuz	July 13 • 24 Tamuz	July 14 • 25 Tamuz	July 15 • 26 Tamuz				
	Weight Watchers 10:30 am		Weight Watchers 9:30 am Coffee with the Rabbi 11 am	Recovery International 10 am Bridge with Benj 12:30 pm	Pride Shabbat at the Bay 6 pm	Weight Watchers 8:30 am Torah Study 9 am San Diego Pride Parade 10 am Shabbat Service via Zoom/ Tempe AZ 10:30 am Adult Ed Movie 6 pm				
July 16 • 27 Tamuz	July 17 • 28 Tamuz	July 18 • 29 Tamuz	July 19 • 1 Av	July 20 • 2 Av	July 21 • 3 Av	July 22 • 4 Av				
	Weight Watchers 10:30 am Book Group 7 pm		Weight Watchers 9:30 am Coffee with the Rabbi 11 am Choir Audition 5:30 pm	Recovery International 10 am Bridge with Benj 12:30 pm	Shabbat Service 6 pm	Weight Watchers 8:30 am Torah Study 9 am Shabbat Service 10:30 am				
July 23 • 5 Av	July 24 • 6 Av	July 25 • 7 Av	July 26 • 8 Av	July 27 • 9 Av	July 28 • 10 Av	July 29 • 11 Av				
	Weight Watchers 10:30 am Lunch & Bunco WTEESD 11 am	Drum Circle 3 pm	Weight Watchers 9:30 am Coffee with the Rabbi 11 am	Recovery International 10 am Bridge with Benj 12:30 pm Adult Choir Rehearsal 6 pm	Shabbat Service 6 pm	Weight Watchers 8:30 am Torah Study 9 am Shabbat Service 10:30 am				
July 30 • 12 Av	July 31 • 13 Av				L. L. A	The Hand				
	Weight Watchers 10:30 am				PRIL	E Mouth				

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