



HA-SOFER THE SCRIBE

Nissan—Iyar 5785

April 2025

TEMPLE EMANU-EL • 6299 CAPRI DRIVE, SAN DIEGO, CA 92120-4632 • (619) 286-2555 •

Join us for our Congregational Seder

Friday, April 18

5:30 pm

Temple Emanu-El



Congregational Seder Menu

Catered by Elijah's Restaurant

Starters

- Matzah
- Charoset
- Eggs
- Chopped Liver
- Gefilte Fish
- Horseradish
- Vegetable Crudite

Soup

- Matzah Ball Soup

Dinner Buffet

- Grilled Chicken
- Beef Brisket
- Eggplant Mix
- House Salad with Vinaigrette
- Potato Kugel
- Carrot Tzimmes

Dessert

- Macaroons
- Fresh Fruit



Adults: \$65*

Children (ages 4-12): \$25*

Children (3 and under): Free

* Prices increase April 14.

Scan the QR code or visit our website to sign up.

Friday, April 4
Shabbat Service 6 pm

Saturday, April 5
Shabbat Morning Service 10:30 am
Vayikra, Leviticus 1:1-5:26
Isaiah 43:21-44:23

Friday, April 11
Shabbat Service 6 pm

Saturday, April 12
Shabbat Morning Service 10:30 am
Tzav, Leviticus 6:1-8:36
Malachi 3:4-24

Friday, April 18
Congregational Seder 5:30 pm

Saturday, April 19
Shabbat Morning Service 10:30 am
Adult B'Nai Mitzvah Ceremony
Yom Sh'vi-i shel Pesach
II Samuel 22:1-51

Friday, April 25
Yom HaZikaron Shabbat Service 6 pm

Saturday, April 26
Shabbat Morning Service 10:30 am
Sh'mini, Leviticus 9:1-11:47
II Samuel 6:1-7:17



More information on Page 6



From Our Temple President

by Matt Meis

As we approach the festival of Passover, I am reminded how this ancient celebration of freedom continues to resonate with our congregation's contemporary Reform Jewish values. Passover reminds us that freedom requires both commemoration and contemporary interpretation. In Reform Judaism, our Passover observances honor tradition while embracing innovation that speaks to modern Jewish life. What unites us is our commitment to the festival's enduring message that we must continually work toward freedom for all people, remembering that once we were strangers in Egypt, and therefore we have a responsibility to recognize oppression wherever it exists today. As we gather around seder tables this month, may we renew our dedication to tikkun olam—repairing the world—and building communities of justice and compassion.



Calling for New Board Nominees!

by Cathi Marx, Immediate Past Co-President, Nominating Committee Chair 2025-2026

It is now the time of year when our Temple is looking for individuals who may be interested in participating in the Temple Board. If you are looking for a way to get more involved, this is a great opportunity. We are always looking for new ideas, fresh perspectives, and representation from all ages within our membership. Board positions are for a two-year term, with the possibility of a second two-year term. Executive Leadership positions may be additional options after your initial term(s).

You can nominate yourself or you can nominate another Temple member. If you nominate someone else, please check with them first as to their interest so we don't catch them off guard by calling them out of the blue.

If you are considering joining the Board and want to be a truly effective Board member, please note that our basic expectations are that you can attend at least 10 Board meetings per year and be actively involved in the Temple community. Prior to seeking a Board position, Temple Emanu-El membership for the previous four years is preferred.

Please feel free to contact any current Board member for clarification on expectations. After being on the Board for over 10 years, I can truly say that this is a rewarding and spiritual experience, which does not come along too often in life.

If you are interested in putting in a name for consideration as a nominee, please send the name and contact information to me at Cathimarx@outlook.com no later than April 7. Once all names have been received, we will interview each person and provide a recommendation to the Board for a vote. The final slate of all Board members must be approved at the Temple's Annual Meeting in June 2025.

Shaun Speaks... This month I'd like to highlight a local Jewish nonprofit organization doing great work in our community, Hebrew Free Loan of San Diego (HFLSD).

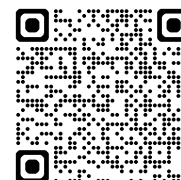


Shaun Copans,
Executive Director

Established in 2020, their mission is to provide cost-free, interest-free loans to members of the San Diego Jewish community, fostering financial stability and opportunity. They offer a variety of loan programs, including personal, emergency, education, healthcare and small business. HFLSD identifies a Jewish household as having one self-identifying Jewish person.

Recipients today face various financial needs. Among others, Hebrew Free Loan of San Diego helps students to afford an education, couples to pursue fertility assistance or afford an expensive adoption process, and the recently unemployed to manage their expenses. As loans are repaid, funds are recycled to make new affordable interest-free loans.

For more information on how to apply for a loan or to donate to support their efforts, visit hflsd.org or scan the QR Code:



Preschool Summer Camp



Play-based program with dedicated staff, themed session and water days!



\$500
2-Week
Sessions

JUNE 2-
JULY 18

Core Program from 8:30am-1pm
Extended Care available until 4:30pm
Preschool@teesd.org
619-286-2999

MUSIC NOTES from Michelle Jirkovsky—Music Director



Dear Friends,

As we enter the month of April, our hearts and minds turn toward the sacred journey of Passover. Music deepens our connection to the Exodus story, helping us to experience its emotions in ways that words alone cannot. This festival is not only a time to remember our liberation from Egypt, but also an opportunity to embrace the power of music in our storytelling and traditions.

It has also been a profound honor to guide our Adult B'nai Mitzvah class over the past year and a half. Their dedication and passion have culminated in their upcoming B'nai Mitzvah ceremony on **Saturday, April 19**. They will chant from Parashat B'shalach, which recounts the Exodus narrative and includes the "Song of the Sea" (*Shirat HaYam*). This song, led by Moses and Miriam, is a testament to the power of music in expressing gratitude and awe for divine deliverance. We warmly invite the entire congregation to join us in celebrating this milestone. Witnessing adults embrace their Jewish learning by leading us in this significant Torah portion is so inspiring because it reinforces our community's commitment to lifelong education. Please join me in wishing a heartfelt "*Mazal Tov!*" to our B'nai Mitzvah class Georgine Brave, Elissa Landsman, Erin Karp, and Nick Silverstein!

Wishing you a joyous and song-filled Passover.



TEMPLE EMANU-EL

presents

BACK *to* The Future

OUR ANNUAL FUNDRAISER CELEBRATING
PAST, PRESENT AND FUTURE

SATURDAY, MAY 10
AT TEMPLE EMANU-EL

tickets available at the early bird
price of \$72 until April 30

Proceeds will go to the purchase of a new Torah

5pm check in and cocktail hour

6:15pm doors open

6:30pm evening program, dinner
and entertainment

COCKTAIL ATTIRE





Helping to Repair the World

Your generous donations to Temple Emanu-El's Social Action Fund are used to serve the needs of the community, locally, nationally and internationally.

In March, funds were sent to Steppingstone of San Diego. Founded in 1976, Steppingstone (steppingstonesd.org) has provided both outpatient and residential treatment for people with alcohol and drug dependence problems. Their clients often have other medical and psychiatric conditions that interact and affect their addiction. Primarily they serve the LGBTQ community but are open to everyone.

In April, we will allocate money to Feeding America (feedingamerica.org), which is the nation's largest domestic hunger-relief organization, supporting a network of food banks, food pantries and meal programs. Last year, they distributed 5.3 billion meals, serving every community in the United States, so that people can access food without judgement or stigma.

The Social Action Committee carefully screens all recipients to make sure money you donate to the Social Action Fund to continue the work of tikkun olam is spent wisely. We appreciate your donations, large or small, to help with this work.

Temple Emanu-El's Annual Spring Fundraiser Back To The Future, May 10, 2025 Opportunity Drawing 2025

You will be receiving your opportunity drawing tickets in the mail in April.

This year's suggested donation is \$10 per ticket.

Increase your odds of winning and buy 11 tickets for \$100.

When you receive them please return them promptly to be sure you are entered in the drawing!

Early Bird Prizes

Two prizes of \$180 and \$360 each will be awarded
for entries returned by April 25, 2025.

Grand Prize

\$1800 will be awarded at this year's fundraiser on May 10, 2025.

You need not be present to win a prize.

A complete set of the rules will be available at the Temple office.

If you have questions or would like more tickets,
please call us at (619) 286-2555.





Kitchen and Dining Items for Kitchens for Good

SOCIAL ACTION BARREL FOR APRIL
THIS MONTH WE ARE COLLECTING
FOR

“Kitchens For Good”



Cookware, Dinnerware, Silverware, Dishes, Cookbooks and More!

Our April Mitzvah of the Month will support Kitchens for Good through donations of items used in the kitchen and dining room. The sale of these items, beautifully displayed in a kitchenware resale shop in Pacific Beach, helps support individuals enrolled in a three-month California State certified apprenticeship program. The tuition-free programs focus on culinary training, food waste reduction and hospitality, and help individuals to gain the knife skills and life skills they need to launch meaningful careers in the hospitality industry.

Many of the apprentices have had lives impacted by histories of trauma and have faced barriers to employment. After completion of training and demonstrating proficiency, apprentices are placed into jobs with Employer Partners to complete their paid on-the-job training.

The resale shop accepts new and gently used kitchenware, cookware, dinnerware, dishes, glasses, silverware, linens, cookbooks, tools of the trade and home decor items. There is also an online shop to see special pieces.

Bring your donations to the white Social Action barrel in the front office lobby of the Temple.

Suzanne Schulman is coordinating this month's Mitzvah. For more information or any questions, please contact Suzanne at socialaction@teesd.org.

Padres Jewish Heritage Celebration Game

Wednesday, May 14, 6:40 pm

Join Jewish Federation of San Diego along with your friends and fellow Jewish community members at Petco Park to cheer on the Padres as they take on the Angels.

The Western Metal Rooftop above left field offers incredible views and an exclusive space for our group.

Enjoy an unlimited spread of ballpark favorite foods and soft drinks, plus access to giveaways.

Tickets for access to this area must be purchased through Federation. The cost is \$100 per person. All ages are welcome to this special event.

Don't delay- space is limited! Buy your ticket through the Jewish Federation at jewishinsandiego.org.



Adult Education



Torah for the Table - Saucy Women of the Torah

Torah for the Table is a series that combines Jewish learning and food! At each session, Rabbi Devorah will lead a discussion about a different woman, while chef Barry Lander prepares a four-course meal related to their story. What better way to celebrate a historic year for women than an examination of the Women of the Torah along with menus that are as saucy as many of our heroines' stories. The cost is \$36 for a class.

To register please go to our Temple website: teesd.org.

The remaining classes will be held at the Temple:

Wednesday, April 16 (rescheduled from April 9)

Wednesday, May 21 (rescheduled from May 14)

Wednesday, June 11



Adult Education



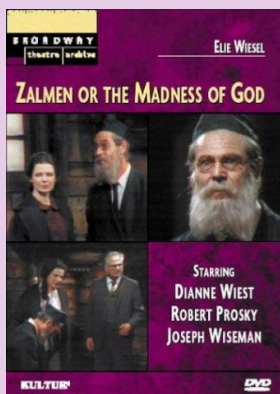
Supporting Lifelong Jewish Learning

Picturing Prejudice: The History of Antisemitism Through Film

Zalmen, or the Madness of God

Saturday, April 26, 7 pm

Temple Sanctuary



Adapted from Elie Wiesel's play *Zalmen, or The Madness of God*, this film tells the story of a deeply religious Rabbi Zalmen living in post-Stalinist Russia, who is pushed to the brink of defiance against the Soviet regime when a group of foreign visitors is set to attend his synagogue service on Yom Kippur. It explores the concept of "madness" as a necessary act of resistance against an oppressive system, forcing Zalmen to confront his own faith and the collective silence of his community in the face of antisemitic persecution.

The movie, directed by Peter Levin and Alan Schneider, was made in the U.S. in 1995.

Laurie Baron will introduce the film and lead a discussion after the screening.

There will be a bring your own dinner at 6pm in the Social Hall.

Torah Study

Saturday mornings—9:00 am In Person and on Zoom—

An in-depth study of Torah portions and commentary. Come in person or connect from home. Zoom links will be provided in the Temple's weekly emails.

Coffee with the Rabbi

**Wednesdays, April 2 and April 9, 11 am In Person and on Zoom
No meetings on April 16, 23 or 30**

Drop in when you can for an informal discussion on current events. No sign up, no charge and no preparation is needed – just an interest in Jewish learning.

The Adult Education Fund supports life-long learning at Temple Emanu-El. We appreciate contributions of any amount to further our efforts.





Torah School April Schedule

April 2 — **NO** Torah School **Spring Break**

April 6 — **NO** Hebrew Classes **Spring Break**

March 9 — **NO** Torah School **Spring Break**

April 13 — **Special TS Day—Family Brunch Seder & Festival Celebration 10am to 12pm**

April 16 — **NO** Hebrew Classes Pesach Break

April 20 — **NO** Torah School

April 23 — Hebrew Classes Online 4:30 pm, In Person 5:30 pm

April 27 — Torah School 9 am to 12 pm Pizza Lunch 12 pm **7th Grade CJH Presentation**

April 30 — **Last Day** of Hebrew Classes Online 4:30 pm, In Person 5:30 pm

Yom HaZikaron 5:30 pm to 6:15 pm

Yom HaShoah

Community Holocaust Commemoration

Eighty Years Later:

Bearing Witness, Building Legacy

Sunday, April 27, 1 pm

Lawrence Family JCC



The San Diego Jewish community will come together for Yom HaShoah to remember the six million Jews murdered in the Holocaust and honor those who survived through a moving candle-lighting ceremony, prayers, songs, and reflections from local Survivors and their descendants. In addition, we will hear about the growing efforts across San Diego County to modernize and expand Holocaust education.

Melissa Mott, Executive Vice President of Education Strategy & Programs at the Simon Wiesenthal Center, is this year's keynote speaker. She will discuss the urgent need to preserve Holocaust memory in an era of rising antisemitism and historical distortion.

Click below to register for this powerful afternoon of remembrance, reflection, and action – because the responsibility to bear witness is now ours. There is no charge to attend, but registration in advance is required. The Lawrence Family JCC and Jewish Federation of San Diego organized the event, held at the Garfield Theater at the JCC. Seating is limited, so please don't delay. For questions or more information, please email mattg@jewishinsandiego.org.



Drum Circle—Tuesday, April 1, 3 pm



Our drummers welcome you to join us at our monthly Drum Circle on Tuesday, April 1, 3 pm at the Synagogue. Our Circle lasts for one hour with a "rumble" at the beginning and end of the time. Last month, five new drummers took up the rhythms of djembe, dumbec style and buffalo drums.

Ira Moskowitz, our devoted drum leader, resumed leading us now that he has returned from vacation. To begin, he helped us focus in the present moment by leading us in an exercise to relax our hands and arms. He prepared different rhythms for us and shared drums he has enjoyed over the years. Ira had us share our own rhythm and continue to drum it while others shared theirs. It required each person to concentrate while at the same time being part of the whole ensemble. Participants commented that it was a challenge to do so but that it added richness to the beats.

One drummer commented, "The drum circle has simply been a delight while providing positive, supportive group energy during these past months. I've enjoyed exploring varied beat patterns with no pressure to be anything other than willing to try. Ira welcomes all efforts with such an encouraging attitude!"

If you are looking to add a new experience to your life as well as reducing stress and increasing socialization, come to the next Drum Circle. Drums are provided, there is no charge, and you don't need to be a Synagogue member. Come alone to our welcoming group or feel free to bring a friend.

For any questions or to get on the list for reminder emails, please contact Bonnie Baron at bonniebaron@gmail.com.



“When we feel our worst and try our hardest, we make our biggest gains.” (Dr. Abraham Low)

In Recovery International (RI), we reduce stigma. As we prepare to celebrate Passover, we recall the ancient Israelites' journey from slavery to freedom. This powerful narrative offers a compelling parallel to the struggle to overcome the stigma surrounding mental health.

Recovery International, founded by the late Abraham Low, has been a beacon of hope for those struggling with mental health issues. We offer a peer-led, self-help approach to managing mental health conditions, empowering individuals to take control of their own recovery and live more fulfilling lives. This is done through meetings, literature and demonstrations. There is no beginning or end.

At Temple Emanu-El, we have a stigma free space. There is no shame or judgement, only support. We meet each Thursday at 10 am in the Library.

NAMI, the National Alliance on Mental Illness, will hold their annual walk this month.

NAMIWalk San Diego

Saturday, April 26

NTC Park, Liberty Station

Registration begins at 7 am; Opening Ceremony 8 am; Walk Begins 8:15 am



You are welcome to join the RI team, “Stigma Stompers,” at no cost. Stop at our booth at the Walk. Have a cup of coffee, a bagel and some good conversation, together we will make a powerful change in our community. “Mental Health for All.”

"Mental Health for Everyone."

If you have any questions, please don't hesitate to contact our San Diego office by phone at (619) 383-2084, or by email at SanDiego@RecoveryInternational.org.

May is Mental Health Month. Mark your calendar for Friday, May 9. Recovery International will host the oneg following the Shabbat service that evening.

World Zionist Congress
Your Vote for Israel's Future
Election Open Now through May 4



American Jews have the opportunity to vote for delegates to the 39th World Zionist Congress, which will convene in Jerusalem in October 2025. Vote to have your voice heard and make an impact in Jewish communities worldwide. The elected representatives, one third of whom come from the United States, make key decisions on allocating over \$1 billion annually to support pressing needs across Israeli society and the Diaspora.

Ballots are cast for one of more than 20 slates of candidates submitted by Zionist groups. One slate is “Vote Reform” which represents the U.S. Reform movement and is the largest Zionist movement in this country. Voting is done primarily online and via mobile devices, but paper ballots are available upon request. The fee to register and vote is \$5, which goes to cover the operating costs of the election.

Information on the election, including the directory of slates, platform statements and candidates, and a link to vote, may be found on azm.org.

Safety/Security Committee

By Greg Houska, *Chair*

I would like to use this opportunity to offer you some beachfront property for sale that has been in my family for generations. Unobstructed views, deep sand, balmy temperatures, just minutes from the wonderful metropolis of Tucson, Arizona. Not buying? An obvious scam? Okay, I agree. Unfortunately, now thanks to artificial intelligence (AI), many scams have become a lot more difficult to identify. The potential to create an image, video or voice of someone can make many existing scams more believable, and it opens up new opportunities for scammers. AI can replicate voices, faces, websites, social media ads/profiles to trick victims into thinking they're someone else. Likely you have heard stories of grandparents or romance scams. Malicious cyber-crime has increased by more than 1,500% in the past few years.

Generative AI tools are classified by the type of content they generate, such as text, images or videos:

- **Phishing and smishing:** Both terms refer to scams coming via email or text. Scammers use AI to write more convincing and natural-sounding phishing emails and text messages. Remember, never click on anything unless from a trusted source.
- **AI images:** Scammers can use AI generated images to quickly create eye-catching websites, social media ads, fake identification documents, explicit photos and fake headshots for social media profiles.
- **Deepfake videos:** AI generated videos can be created to promote fake products, services or investments. Scammers also use deep-fake recordings or real-time face and body-swapping tools to trick victims into thinking they're someone else.
- **Fake and cloned voices:** Scammers use AI generated or altered voices for their videos and for phone-based scams. Some AI tools can mimic real accents.

Next month, we will talk about what to do to avoid being the victim of a scam.

Hunger Project at St. Vincent de Paul Begins 39th Year

The Hunger Project started its 39th year on March 9, 2025. It is amazing that the project Joan Kutner began in 1986, as a partnership between Temple Emanu-El and Congregation Beth Israel, is still operating today, inspiring guests and volunteers alike. It has been wonderful to see volunteers from the early days of the project coming back with their children and their grandchildren.

The Paul Mirabile Center (PMC) at St. Vincent is open, and volunteers are needed as we work each Sunday morning in the remodeled kitchen and dining room. In the past, Temple Emanu-El organized our volunteers for the first Sunday each month. Now you are encouraged to pick any Sunday that works for you. All volunteers, whether from Emanu-El or not, need to create an account and sign up for a date on Father Joe's website:

<http://congregationbeth.neighbor.volunteerhub.com/>

Please sign up and join us on a Sunday to make a difference in our community. Come by yourself or join with friends, family members or your havurah, whether Temple members or not. High school or Bar/Bat Mitzvah students who need to provide community service hours can get a letter signed on the morning they work. Contributions to the Social Action Hunger Project Fund go specifically to support our work on Sundays.

For any questions, please contact Jennifer Nemeth at socialaction@teesd.org.



Contributions

Contributions received after the first of the month will be published in the next month's bulletin.

Commemorate a life cycle event or remember a loved one with a donation to one of the Temple's specially designated funds.

Aaron and Steve Sander Children's Garden Fund

Kira Yamnik in memory of Mendel Yamnik and Isaak Gorelik

Adult Education Fund

Sunny and Frank Borkat in honor of Madeline Gershwin

Shelley Sloan Mazal Tov V'Kol Hakavod to

Madeline Gershwin

Bill and Dhyana Latta in memory of Erving Polster

Alice and Phil Cohn Youth Scholarship Fund

Carol Davis

Eric and Paula Rosenzweig in honor of Madeline Gershwin's

Bat Mitzvah

Campership Fund

Rabbi Marty and Anita Lawson

Caring Community Fund

Preston Estrada in memory of Geralyn Guibert, Robert

Brendecke and Richard Estrada

Friedman Family Music Fund

Anonymous in memory of Judy Ressel, mother of Shari

Ressel. May her memory be for a blessing

Janice Rosenfeld and Amy Ressel in memory of Judy Ressel

Jane Lofton in honor of Michelle Jirkovsky's awesome

direction of the Purim Spiel

General Operating Fund

Joshua Collins

Aunrey and Morey Bubis in memory of Aunrey's father,

Ron Berman

Allen Gruber

Lane and Steven Mashal in memory of Judy Ressel

John and Carrie Mayers in loving memory of Robert Mayers

Malissa Winicki, Paul Hartwell and Evan Patocka in loving

memory of Joseph Winicki

Marla Bennett Student Israel Fund

Phyllis Naiman in loving memory of Roberta Naiman

Musical Theater Fund

Natalie and Claire Fritz in honor of Madeline Gershwin's

Bat Mitzvah

Natalie and Claire Fritz extend a big thank you to Michelle

for an amazing and creative Purim Spiel

Elizabeth Sondhaus in loving memory of Judy Ressel

Rabbi Benj Fried's Discretionary Fund

Hayley Salazar and Steven Skinner in honor of Madeline

Gershwin becoming a Bat Mitzvah

Frank Bratman



Rabbi Devorah Marcus' Discretionary Fund

David Weiss in memory of Edmund Schloss

Lori Klase in memory of Allan Schreiber, beloved husband,
father and great grandfather

Mark and Sheryl Feinberg in memory of David Sobo

Ashley Enning in honor of Silvia Enning's baby naming, with
deep gratitude for the special day

David Mershimer

Estate of Miriam Bauer

Laura Stratton in memory of Frederick W. Stratton

Perri Wittgrove in memory of David Jerome Sobo, father of

Rachel Schindler. May his memory always be a blessing

Jennifer and Robert Handler in loving memory of David Sobo,
with heartfelt condolences to the Sobo and Schindler

Families

Janice Steinberg in memory of David Sobo

Shari Ressel in memory of Judy Ressel

Warren Treisman in memory of David Sobo, father of

Rachel Schindler

David Mershimer

Rabbi Marty and Anita Lawson Endowment Fund

Rabbi Marty and Anita Lawson in honor of

Madeline Gershwin becoming Bat Mitzvah

Rabbi Marty and Anita Lawson in memory of Karen Rund

Social Action Fund

Sherry and Bill Resh in loving memory of Ben Fishman,
beloved father

Social Action- Hunger Project Fund

Carol Davis

Social Action- Safe Parking Fund

Bobbi Cohen in loving memory of her father, Irving L. Smith

Bobbi Cohen in loving memory of her brother, Eugene Smith

Torah School/Campership Endowment Fund

Matt and Barbara Meis in memory of Caroline Lore Bruch

Rachel and Jeff Schindler in honor of Madeline Gershwin

becoming a Bat Mitzvah

Estate of Jim Lewis

We'd love to share your simcha!

Do you have an engagement, a wedding or a new baby
in your family? Share your happiness with the
congregation! Please email the information to
publicity@teesd.org to be included in an upcoming
bulletin.



Yahrzeit Observance

Zecher Tzadik Livracha – The Memory of the Righteous is a Blessing
The following yahrzeits will be commemorated at Shabbat services:

April 4 & 5

Ilse Grunewald
Raymond Scribner
Helen Rosner
Joy LeBus
Frederick W. Stratton
Gerald Hoffman
Israel Levine
Louis Shapiro
Stanley Willner
Louis Barron
Robert Fitzgerald
Syd Glassberg
Gerald Licht
Aaron Sam Lipshitz
Allan Schreiber
Ida Zitsman
Rachell Clavell
Joy LeBus
Gus Eben
Harry Kantor
Rachell Clavell
Grace Pollak
Howard Cohen
Jacob Seltzer
George Sinner
Claudia Williams
Harold Copans
Hans Low

April 11 & 12

Philip Bergman
Samuel Schwartz
Jacob Weiss
Renee Braasch
Julius Cohen
Rebecca Kerdie Levine
Hymie Lubey
George Barbarosh
Roseann Dewoskin
Bobbie Goldberg
Alice Oberndorfer
Sam Braverman
Ann Colen
Lillie Lipsman
Robert Passov
Caroline Lore Bruch
Melvin Michel
Jenny Spielman
Jean Coolik
Nechama Immergut
Lillian Connor
Rikki Rosalind Friedman
Joel Kaplan
Michael Graham Bloom
Morris Schwartz
Pearl Wolkoff

April 18 & 19

Abraham Goldman
Hersh Frydman
Virginia Lee Hicks
Arnold Saltzman
Eugene Braun
Ruth Bobrov Glater
Sarah Katz
Gussie Singer
Joseph Winicki
Sarah Clorfeine
Beatrice Glube
Lilian Hauowitz
Stuart Hugh Hayman
Joan Croland
Dorothy Allen Stein
Harriet Weber
Zachary Williams
Ben Bratman
Philip Learner
Mark Schickler
Samuel Osterbach
Sol Schultz
Joseph E. Sousa
Irving Spielman
Anne Silverstein
Leo Goldberg
James Martin Welch
Dina Buch
David Kahn
Nancy Feuerstein Klein
Marvin Blankfeld
Donald Shafton
Blanche Weiss
Sam Weiss
Bernice Bloom
Marilyn Goldzband
Sylvia Hartnick
Margalit Mashiach
Claire Rogal
Shirley Seuferer
Florence Spielman

April 25 & 26

Myra Belford
Mildred Dorris
Bill Hamovitch
Belle Peyser Kagan
Pearl Bronstein
Isidor Markowitz
Joyce Prenner
Shirley Schickler
Henrietta Strauss
Benjamin Blank
Rose Feuerstein
Clarence Plank
Alvin Stein
Caryl Shapiro
June Cher
Mike Schwarz
Sarah Krasnow
Philip Luxemburg
Al Meis
Gertrude Oolie
Nathan Rubenstein
Amy Rubinstein
Sidney Dashevsky
Aaron Fishman
Jeanette Lipson
Michael Richler
Rabbi Steven Fisdell
Gail Dieterichs
Alan Greyson
Beatrice Low
Selma Papanian
David Lander
Gittel Shefshick
Paul Sholem Amber
Louis Kuh
Mitchell Liberman
Duane Braasch
Dr. Ira Fritz
Fannie Gruber
Sam Gwasdoff
Joseph Craig Kossan
Albert Palasnick
Irving Weissberg



In Our Temple Emanu-El Family

APRIL BIRTHDAYS

4/1	Marlene Hamovitch	4/7	Alex Kendall	4/15	Mark Perino	4/25	Jeff Lipinsky
4/2	Gabriella Siperstein	4/8	Daniella Frederick	4/16	Nora Heckinger		Allison Marchand
	Beverly Steres		Jay Monson		Steve Naiman		Wendy Ponomarenko
4/3	Rachel Sciammas	4/9	Jordan Gaghagen		Ron Oberndorfer	4/26	Janine Cane
4/4	Jeff Karel		Oren Patashnik	4/18	Alison Portner		Brian Epstein
4/5	Kerrie Aiello	4/10	Joseph Berger	4/19	Violet Schlagel		Claire Fritz
	Aaron Cohn		Jeffrey Hall		Isaac Tirouda		Jennifer Handler
	Carrie Colona		Sylvia Stevens		Leo Castillo		Jacob Lin
	Dan Goldzband		Elana Baron		Jessica Spiegler		Alia Rodman
	David Golokow	4/11	Joshua Laddon		Carey Devor		Trey Livingston
	Irene Lubin		Fern Siegel	4/20	Samuel Krasner	4/27	Joe Cohen
	Phyllis Naiman		Steve Siperstein		James Glicker		Paul Hartwell
	Randy Socol		Adam Dean	4/21	Robbie Turner		Lori Klase
4/6	Ken Freed		Jonah Goldstein-Shapiro		Robin Rubin	4/28	Shira Alvord
	Matthew Graber	4/12	Beth Mann	4/22	Talia Alvord		Brooke Graham
4/7	Paul Arenson	4/13	Susan Davis		Travis Anderson		Toby Hartman
	Eliana Clavell Storer		Adam Whinston		Randy Biegenzahn		Elaine Lofton
	Sara Fefferman	4/14	Barbara Braasch		Larry Krasnow		Emilie Mason
	Kimberly Reisman		Sarah Clavell Storer		Aaron Levine		Charles Dashevsky
	Lois Shive		Cole Kaplan		David Nissan	4/29	Sadie Alvord
	Miles Teplin		Rebecca Seuferer		Penny Arenson		Sadie Schmidt
	Tal Shavit	4/15	Maxine Gellens		Carsyn Scott		Zayn Farook
			Dina Naiman	4/23	Luna Sand	4/30	Randee Friedman
			Benjamin Palasnick		Cynthia Solomon-Flynn		



APRIL ANNIVERSARIES

4/1	Jessica & Michael Spiegler	4/15	Joseph & Lois Rosenzweig
4/4	Howard & Jean Somers	4/18	Nicole Barvie & Jeffrey Herman
4/6	Judy & Ed Applbaum	4/20	Joey & Brandy Alegria
4/8	Gregg & Lisa Cantor		Amy & Chuck Spielman
	Norm & Rosalyn Hegler	4/22	Dave & Kim Belasco
4/9	Hannah Weinstein & Edward Falk	4/23	Rose Shepard & Madeline Sheppard-Marvin
4/12	Len & Marilyn Berger	4/24	Rachel & Zachary Schlagel
	Lane & Steven Mashal	4/27	Beth & Marc Mann
4/13	Seth & Anita Hettena	4/30	Natalie & Claire Fritz
			Samuel & Roann Krasner



Temple members who are able to go above and beyond the standard Temple dues requirement enable us to continue our high standard of services and programs for all members, regardless of means. Please consider joining at one of the following levels:

Chai Circle



All levels of Chai Circle and Life Membership will have their names published at High Holy Days and in HaSofer (The Scribe). For more information about our programs, please call the Temple office at (619) 286-2555.

Life Membership



Add Your Strength to Ours!

Below is a list of contacts for committees, projects and other ways to become more involved in the life of Temple EmanuEl. Please reach out to any of these groups to learn more about their work, and how you can become involved.

- **Adult Education** adulthood@teesd.org
Rabbi Benj Fried (619) 286-2555
- **Advocacy** advocacy@teesd.org
Barbara Learner
Janice Steinberg
- **Budget and Finance** financecommittee@teesd.org
- **Caring Community** caringcom@teesd.org
- **Endowment** endowment@teesd.org
Bob Rubenstein
- **Facilities** facilities@teesd.org
Marc Glazer
- **Library** office@teesd.org
- **Membership** membership@teesd.org
Erica Whinston
- **Mental Health** mentalhealthcom@teesd.org
Marie Raftery
- **Mi Shebeirach Tapestry** tapestry@teesd.org
Claire Fritz
- **Preschool** preschool@teesd.org
- **Publicity** publicity@teesd.org
- **Safety/Security** security@teesd.org
Greg Houska
- **Social Action** socialaction@teesd.org
- **Torah School** thscom@teesd.org
Jane Muschenetz
Patricia Cardozo
- **Women of Reform Judaism** wroj@teesd.org
Nancy Marcus
Barbara Chancy
- **Youth** rabbibenj@teesd.org
Rabbi Benj Fried



Women of Temple Emanu-El

by Barbara Chancy and Nancy Marcus, Co-Presidents

Welcome to spring! It's our favorite time of year. Flowers are blooming, birds are singing, and summer is coming. We hope you are getting ready for Passover and planning to observe the Festival with friends and family, enjoying a seder or two or more. If you are looking for a different dessert, try pulverizing a box of Manishevit Passover Mandel Cuts. The crumbs can form the base of a delicious pie, similar to a graham cracker crust.

Join us for a special Craft Night on Wednesday, April 23, 6:15 pm, to make bracelets for "Keep 1 - Give 1." We will celebrate spring by donating bracelets to women in shelters or women living alone. If you would like, you can make and donate both of your two bracelets. We will bring a little cheer and lift up someone else's day.

Put May 7 on your calendar for a Bunco Night, including a light dinner. There will be prizes for Bunco and we'll have a lot of fun!

Mah Jongg continues on Mondays from 1:30 – 4 pm. Marcia Berneger teaches new players, and we have another two or three tables of more experienced players. A second Mah Jongg day is on Thursdays, from 11 am – 1:30 pm. There are no lessons on Thursday; this is for players who already know the game.



Passover

Two Passover traditions have developed over the years. Most of us are more familiar with the Ashkenazi traditions that developed in Europe, and a second set of traditions are Sephardic, which traces its roots to the Mediterranean and Middle Eastern areas. There are many differences in interpretation of what you can and cannot eat during Passover. The Torah teaches that five grains cannot be eaten: wheat, oats, rye, barley and spelt. Ashkenazi Jews only eat matzoh that is guarded while the wheat is growing, harvested and then baked for consumption. Sephardic Jews eat rice, corn, beans and more, in addition to matzoh.

What happened? One example is that Ashkenazi Jews thought that because rice swelled when it met liquid, it might confuse people if they were told that it could be eaten during Passover. They "built a fence around the grains to protect the Torah." The two customs are interesting to study. One of the best things about being a Reform Jew is the opportunity to study, learn and make informed decisions on which tradition you find more meaningful.

For more details or questions on any of our events, please reach out to us at wrj@teesd.org.



Todah Rabah

To Barbara Pollack for her work on editing the bulletin.



Condolences



To Jeff and Wendy Schloss on the death of Jeff's father
Ed Schloss



To Saul and Briana Ghitman of the death of Saul's father
John Jacob Ghitman

To Rachel and Jeff Schindler and to Samantha and Ty Tichonchuk, and to Elisa and Harvey Smallman on the death of Rachel, Samantha and Elisa's father. Grandfather of Bethany Coppa, Moriah Schindler, Joey Schindler, Jonny Schindler and Milo Smallman
David Jerome Sobo



**Mark the end
of Passover with
cards and carbs!**

**Adult Poker Night
Saturday, April 19 at 5:30 pm
Temple Emanu-El**

\$20 Cover

\$20 Buy Back In

Dinner will be provided.

Scan the QR to sign up.

This is a 21 and up event.



Mailbox



On behalf of Habitat for Humanity of Greater Los Angeles and the families we serve, thank you for your generous gift in support of our wildfire relief work.

The recent Los Angeles wildfires have torn through communities, leaving thousands of families devastated and without a home. In addition to the emotional toll, many survivors now face the financial burden of rebuilding or relocating. In many cases, homeowners were uninsured or underinsured, leaving them with little to no coverage for rebuilding their homes.

Our response to the 2025 wildfires will follow a strategic, phased approach to ensure families and communities recover and rebuild sustainably. These phases - relief, recovery and reconstruction - address immediate, intermediate and long-term needs.

We will ensure that your contribution will not only provide immediate relief but also create a long-term pathway to stability, resilience, and self-sufficiency for wildfire-affected families. Because of your support, Habitat LA will continue to transform lives and rebuild hope, one family at a time.

Erin Rank, President and CEO

Habitat for Humanity, Greater Los Angeles

Your generous contributions to the Social Action Fund make it possible to respond to needs in our community and around the world.



Yom HaZikaron Day of Remembrance April 29, 7 pm Lawrence Family JCC

Yom HaZikaron, Israel's Day of Remembrance, is a time to honor and pay tribute to fallen soldiers and victims of terrorism. It is a time to remember those taken too soon, stand with grieving families and acknowledge the deep trauma that continues to shape daily life across the Jewish state.

Communities remain displaced, loved ones remain in captivity and the nation continues to mourn. Yet even in the depths of sorrow, the resilience of the Israeli people shines through. In the face of loss, they rebuild. In the shadow of fear, they stand together. We invite you to join in tribute, solidarity and remembrance.

The event, organized by Jewish Federation of San Diego, the Lawrence Family JCC and the Israeli American Council, will be held outdoors at the JCC. The event is free, but registration is required. To register, please see jewishinsandiego.org, or call the Federation at (858) 571-3444.

Celebrate Israel: Yom HaAtzmaut Music Festival

Wednesday, April 30, 6 pm

Lawrence Family JCC

Don't miss San Diego's largest celebration of Israel's 77th Independence Day. Jewish Federation of San Diego, the Lawrence Family JCC and the Israeli American Council have joined to present the Yom HaAtzmaut Music Festival, featuring top Israeli musicians and special guest performances by local artists.

The Festival will be a full Israeli experience, including delicious food, interactive cultural activities and hands-on experiences for all ages. Every moment will make you feel as if you are walking the streets of Tel Aviv or celebrating in Jerusalem.

The Festival will be held outdoors on the JCC field. The event is free, but advance registration is required. To register or for more information, please see jewishinsandiego.org.



Community Corner Slow Growth Mind-Set

by Gail L. Braverman, M.A., LMFT

Having just had surgery, I have been reflecting on the things I want to do, the things I want to say “yes” to and the things I want to say “no” to. One of the things I want to say “yes” to is slowing down.

Humans are inclined to take on more and more and do them at a faster pace.

We know about setting goals, making lists, and loading up our calendars. We know how to add things and know less about how to subtract them.

I am suggesting we give ourselves the grace to progress slowly. To see setbacks and delays as a part of growth. That we embrace a slower approach to goal setting.

Here are six ways to embrace a slower mindset:

1. Be patient. Recognize that meaningful achievements take time.
2. Stay mindful. Stay present and engaged in the process rather than solely on the end result.
3. Be flexible. Be ready to adjust your plans. Be open to change.
4. Stay connected. Acknowledge the value of relationships and seek collaboration. Sharing knowledge and resources can boost your efforts and lead to better outcome.
5. Focus on the big picture. Aim for long-lasting success by building a strong foundation one step at time. Quick fixes may offer immediate gratification but often lack enduring impact.
6. Practice gratitude. Setbacks and disappointments will happen.

Consider them as opportunities to grow and learn and offer gratitude for the experience. This one may take some perspective and time. The journey is just as meaningful as the destination.

Reflection: Slowing down may help me make better decisions, have more choices and respond with greater clarity.

Today's Practice: Today I will practice slowing down in order to get things done more accurately.

I welcome your comments: gbrave3333@aol.com

Tree of Life and Memorial Plaques

There are two special and always visible means of acknowledging those we wish to honor and those we wish to remember: leaves on the Tree of Life in the Social Hall and plaques on the Memorial Board in the Sanctuary lobby. If you need assistance, we will be happy to offer help with appropriate wording. Either may be ordered at a cost of \$550.

For more information about Leaves on our Tree of Life or about Memorial Plaques, please contact Brandy Alegria at the Temple Office 619-286-2555.



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BULLETIN DEADLINES

April 5 for the May issue

May 5 for the June issue



April 2025 Nissan—Iyar 5785

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		April 1 • 3 Nissan	April 2 • 4 Nissan	April 3 • 5 Nissan	April 4 • 6 Nissan	April 5 • 7 Nissan
		Drum Circle 3 pm NO Adult Hebrew Class NO Community Jewish High Preschool Spring Break Camp (3/31—4/4)	Coffee with the Rabbi 11 am NO Torah Hebrew Classes	Bridge with Benj 12:30 pm	Shabbat Service 6 pm	Torah Study 9 am Shabbat Morning Service 10:30 am
April 6 • 8 Nissan	April 7 • 9 Nissan	April 8 • 10 Nissan	April 9 • 11 Nissan	April 10 • 12 Nissan	April 11 • 13 Nissan	April 12 • 14 Nissan
NO Torah School NO Introduction to Judaism Adult B'Nai Mitzvah 2:30 pm	Mah Jongg 1:30 pm	NO Adult Hebrew Classes NO Community Jewish High	Coffee with the Rabbi 11 am NO Torah School Hebrew Classes	Bridge with Benj 12:30 pm	Shabbat Service 6 pm	Erev Passover Torah Study 9 am Shabbat Morning Service 10:30 am Tough Conversations with Jews 12 pm
April 13 • 15 Nissan	April 14 • 16 Nissan	April 15 • 17 Nissan	April 16 • 18 Nissan	April 17 • 19 Nissan	April 18 • 20 Nissan	April 19 • 21 Nissan
NO Torah School Brunch Seder 10 am Festival Service 10 am Introduction to Judaism 1 pm Adult B'Nai Mitzvah 2:30 pm	Mah Jongg 1:30 pm	NO Adult Hebrew Classes NO Community Jewish High SanETY Seder 5 pm	NO Coffee with the Rabbi NO Torah School Hebrew Classes Torah for the Table 6 pm	Bridge with Benj 12:30 pm	Congregational Seder 5:30 pm	Torah Study 9 am Shabbat Morning Service Adult B'Nai Mitzvah Ceremony 10:30 am Luncheon for B'Nai Mitzvah Ceremony 12 pm Adult Ed Poker Night 5:30 pm
April 20 • 22 Nissan	April 21 • 23 Nissan	April 22 • 24 Nissan	April 23 • 25 Nissan	April 24 • 26 Nissan	April 25 • 27 Nissan	April 26 • 28 Nissan
NO Torah School NO Introduction to Judaism	Mah Jongg 1:30 pm	Adult Hebrew Classes 5 pm Community Jewish High 6 pm	Erev Yom HaShoah NO Coffee with the Rabbi Torah School Hebrew Classes 4:30, 5:30 pm WTEESD Craft Night 6:15 pm	Bridge with Benj 12:30 pm	Yom HaZikaron Shabbat Service 6 pm Adult Ed: Dinner, Screening of a documentary 7 pm	Torah Study 9 am Shabbat Morning Service 10:30 am Adult Ed Movie 7 pm
April 27 • 29 Nissan	April 28 • 30 Nissan	April 29 • 1 Iyar	April 30 • 2 Iyar			
Torah School 9 am Introduction to Judaism 1 pm	Mah Jongg 1:30 pm	Adult Hebrew Classes 5 pm Community Jewish High 6 pm Yom HaZikaron Community Event 7 pm	NO Coffee with the Rabbi Torah School Hebrew Classes 4:30, 5:30 pm			

Please remember to notify the Temple office (619) 286-2555 of any change of address or phone number, or any life cycle events (births, deaths, etc.)

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